

Please complete in typescript,
or in bold black capitals.

CHWP000

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

SC 249821

Company Name in full

BODY MATTERS FITNESS STUDIO
LIMITED

Date of termination of appointment

Day	Month	Year
23	03	2004

as director



as secretary



Please mark the appropriate box. If terminating
appointment as a director and secretary mark
both boxes.

NAME

*Style / Title

MR

*Honours etc

Please insert
details as
previously
notified to
Companies House.

Forename(s)

DAVID

Surname

THOMSON

†Date of Birth

Day	Month	Year
10	01	1976

A serving director, secretary etc must sign the form below.

Signed

Jack Thomson

Date

25-3-04

* Voluntary details.

† Directors only.

** Delete as appropriate

You do not have to give any contact
information in the box opposite but
if you do, it will help Companies
House to contact you if there is a
query on the form. The contact
information that you give will be
visible to searchers of the public
record.

(** serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

DX number

DX exchange

If you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
Companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
Companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh

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