

First 2 Help You Limited

Annual Report and Unaudited Financial Statements
for the Year Ended 30 September 2021

Ian Walker & Co
Heworth House
Melrosegate
Heworth
York
YO31 0RP

First 2 Help You Limited

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First 2 Help You Limited
(Registration number: 10960045)
Balance Sheet as at 30 September 2021

	2021 £	2020 £
Current assets	70,643	64,430
Prepayments and accrued income	2,249	644
Creditors: Amounts falling due within one year	<u>(35,565)</u>	<u>(31,174)</u>
Total assets less current liabilities	37,327	33,900
Creditors: Amounts falling due after more than one year	(300,000)	(325,000)
Accruals and deferred income	<u>(5,700)</u>	<u>(7,187)</u>
	<u>(268,373)</u>	<u>(298,287)</u>
Capital and reserves	<u>(268,373)</u>	<u>(298,287)</u>

These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

For the financial year ending 30 September 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Approved and authorised by the Board on 9 May 2022 and signed on its behalf by:

.....
Mrs Angela Jayne Addinall
Company secretary and director

First 2 Help You Limited
(Registration number: 10960045)
Balance Sheet as at 30 September 2021

1 General information

The company is a private company limited by share capital, incorporated in England and Wales.

The address of its registered office is:

Adelaide House

Vivars Way

Canal Road

Selby

YO8 8BE

These financial statements were authorised for issue by the Board on 9 May 2022.

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

2 Staff numbers

The average number of persons employed by the company (including directors) during the year, was 6 (2020 - 7).

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.