

A TOUCH OF GENTLENESS CIC

Company limited by guarantee

**Company Registration Number:
13649433 (England and Wales)**

Unaudited statutory accounts for the year ended 30 September 2022

Period of accounts

Start date: 29 September 2021

End date: 30 September 2022

A TOUCH OF GENTLENESS CIC

Contents of the Financial Statements for the Period Ended 30 September 2022

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Community Interest Report

A TOUCH OF GENTLENESS CIC

Directors' report period ended 30 September 2022

The directors present their report with the financial statements of the company for the period ended 30 September 2022

Directors

The directors shown below have held office during the whole of the period from
29 September 2021 to 30 September 2022

Mr Jeremy Brooks
Helen prosper

The directors shown below have held office during the period of
1 March 2022 to 30 September 2022

Joanna Morphy
Mitchell Smith
Graham Soar

The director shown below has held office during the period of
21 November 2021 to 30 September 2022

Nicola Solomons

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on
18 October 2022

And signed on behalf of the board by:

Name: Helen prosper
Status: Director

A TOUCH OF GENTLENESS CIC

Profit And Loss Account for the Period Ended 30 September 2022

	2022
	£
Turnover:	1,890
Cost of sales:	(3,487)
Gross profit(or loss):	<u>(1,597)</u>
Administrative expenses:	(589)
Operating profit(or loss):	<u>(2,186)</u>
Profit(or loss) before tax:	<u>(2,186)</u>
Profit(or loss) for the financial year:	<u>(2,186)</u>

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Balance sheet

As at 30 September 2022

	<i>Notes</i>	<i>2022</i>
		£
Current assets		
Cash at bank and in hand:		751
Total current assets:		<u>751</u>
Creditors: amounts falling due within one year:	3	<u>(2,937)</u>
Net current assets (liabilities):		<u>(2,186)</u>
Total assets less current liabilities:		<u>(2,186)</u>
Total net assets (liabilities):		<u>(2,186)</u>
Members' funds		
Profit and loss account:		(2,186)
Total members' funds:		<u>(2,186)</u>

The notes form part of these financial statements

A TOUCH OF GENTLENESS CIC

Balance sheet statements

For the year ending 30 September 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 18 October 2022
and signed on behalf of the board by:**

Name: Mr Jeremy Brooks
Status: Director

The notes form part of these financial statements

A TOUCH OF GENTLENESS CIC

Notes to the Financial Statements for the Period Ended 30 September 2022

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

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Notes to the Financial Statements for the Period Ended 30 September 2022

2. Employees

2022

Average number of employees during the period

0

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Notes to the Financial Statements

for the Period Ended 30 September 2022

3. Creditors: amounts falling due within one year note

	2022
	£
Other creditors	2,937
Total	<u>2,937</u>

COMMUNITY INTEREST ANNUAL REPORT

A TOUCH OF GENTLENESS CIC

Company Number: 13649433 (England and Wales)

Year Ending: 30 September 2022

Company activities and impact

A Touch of Gentleness, a non profit CIC, was set up on 2022 to bring more joy and connection, through gentleness and touch, back to the heart of communities. To do this we train volunteers to give a beautiful hand massage whilst listening with gentle presence. This service is then offered to various organisations, charities, events and gatherings within their local community. We did the first training in April 2022 and during the financial year 2022-2023, we have run 10 training days. As a result of these training days we currently have volunteers regularly offering this service in various local organisations and settings including ; a cafe for Ukrainians, the staff and clients of ESRA East Sussex Recovery Alliance, a wellbeing hub, the voluntary staff teaching English to foreign speaking citizens, a church coffee morning, Age Concern, another couple of care homes and each month we offer a day at The Gather Space in the Beacon shopping centre where we are always busy and gratefully received. As well as the regular commitments we have also offered our services at other meetings such as Holding Space coffee mornings, Association of Carers, Warm hubs and events such as Tenants first conference. Inhouse trainings have been run for the staff and volunteers at Olive Tree Cancer Support, Peabody Housing Trust, and in June we have been asked to do an inhouse training at the Conquest Hospital. Both the volunteers that give the massage and those that receive the massage equally experience the physical and emotional benefits that gentle touch and human connection brings. Over this last year we have offered over 1150 hand massages with gentleness.

Consultation with stakeholders

No consultation with stakeholders

Directors' remuneration

No remuneration was received

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
18 October 2022

And signed on behalf of the board by:

Name: Mr Jeremy Brooks Ms Helen Prosper

Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.