

REGISTERED NUMBER: 04854679 (England and Wales)

I-HEALTH LTD
ABBREVIATED UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2014

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I-HEALTH LTD (REGISTERED NUMBER: 04854679)

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FOR THE YEAR ENDED 31 MARCH 2014**

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I-HEALTH LTD

**COMPANY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2014**

DIRECTORS:

Dr J S Dhaliwal
Dr R D K Dhaliwal

SECRETARY:

Dr R D K Dhaliwal

REGISTERED OFFICE:

Adaes
25A Beacon Road
Walsall
West Midlands
WS5 3LF

REGISTERED NUMBER:

04854679 (England and Wales)

I-HEALTH LTD (REGISTERED NUMBER: 04854679)**ABBREVIATED BALANCE SHEET****31 MARCH 2014**

	Notes	31.3.14 £	£	31.3.13 £	£
FIXED ASSETS					
Tangible assets	2		3,429		4,129
CURRENT ASSETS					
Debtors		5,004		-	
Cash at bank		-		10,506	
		<u>5,004</u>		<u>10,506</u>	
CREDITORS					
Amounts falling due within one year		<u>7,553</u>		<u>7,166</u>	
NET CURRENT (LIABILITIES)/ASSETS			<u>(2,549)</u>		<u>3,340</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			880		7,469
PROVISIONS FOR LIABILITIES			<u>686</u>		<u>826</u>
NET ASSETS			<u><u>194</u></u>		<u><u>6,643</u></u>
CAPITAL AND RESERVES					
Called up share capital	3		100		100
Profit and loss account			<u>94</u>		<u>6,543</u>
SHAREHOLDERS' FUNDS			<u><u>194</u></u>		<u><u>6,643</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2014.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2014 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.


The notes form part of these abbreviated accounts

I-HEALTH LTD (REGISTERED NUMBER: 04854679)

ABBREVIATED BALANCE SHEET - continued
31 MARCH 2014

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 18 August 2014 and were signed on its behalf by:

X  X
Dr J S Dhaliwal - Director

The notes form part of these abbreviated accounts

**NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2014**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents invoiced services.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 33% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 April 2013	9,993
Additions	988
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At 31 March 2014	10,981
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DEPRECIATION	
At 1 April 2013	5,864
Charge for year	1,688
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At 31 March 2014	7,552
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NET BOOK VALUE	
At 31 March 2014	3,429
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At 31 March 2013	4,129
	<hr/>

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	31.3.14 £	31.3.13 £
100	Ordinary	£1	100	100
			<hr/>	<hr/>

I-HEALTH LTD (REGISTERED NUMBER: 04854679)

**NOTES TO THE ABBREVIATED ACCOUNTS - continued
FOR THE YEAR ENDED 31 MARCH 2014**

4. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

The following advances and credits to directors subsisted during the years ended 31 March 2014 and 31 March 2013:

	31.3.14	31.3.13
	£	£
Dr J S Dhaliwal and Dr R D K Dhaliwal		
Balance outstanding at start of year	(573)	(146)
Amounts advanced	55,860	97,014
Amounts repaid	(51,284)	(97,441)
Balance outstanding at end of year	<u>4,003</u>	<u>(573)</u>

As at 31st March 2014, the joint directors loan account was overdrawn by £4,003, this loan is provided interest free and payable on demand.