

**PROTEIN SHAKER LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 SEPTEMBER 2021**

PROTEIN SHAKER LTD
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 SEPTEMBER 2021

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PROTEIN SHAKER LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 30 SEPTEMBER 2021

Director	ANEEZA QASIM
Company Number	10984022 (England and Wales)
Registered Office	UNIT 4 THE VICTORIA WORKS THE WELLS ROAD NOTTINGHAM NG3 3AR ENGLAND
Accountants	Sajjad Hussain Unit 46, Nottingham Business Centres Lenton Boulevard Nottingham NG7 2BY

PROTEIN SHAKER LTD
STATEMENT OF FINANCIAL POSITION
AS AT 30 SEPTEMBER 2021

	2021	2020
	£	£
Fixed assets	6,418	8,022
Current assets	32,868	34,072
Creditors: amounts falling due within one year	(27,659)	(28,277)
Net current assets	5,209	5,795
Total assets less current liabilities	11,627	13,817
Creditors: amounts falling due after more than one year	(9,983)	(14,000)
Accruals and deferred income	(770)	-
Net assets/(net liabilities)	874	(183)
Capital and reserves	874	(183)

NOTES TO THE ACCOUNTS

1 Statutory information

PROTEIN SHAKER LTD is a private company, limited by shares, registered in England and Wales, registration number 10984022. The registered office is UNIT 4 THE VICTORIA WORKS, THE WELLS ROAD, NOTTINGHAM, NG3 3AR, ENGLAND.

2 Average number of employees

During the year the average number of employees was 1 (2020: 1).

For the year ending 30 September 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 21 June 2022

ANEENZA QASIM
Director

Company Registration No. 10984022

