



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **GET HEALTHY LTD**

Company Number: **07891876**

Date of this return: **23/12/2012**

SIC codes: **86900**

Company Type: **Private company limited by shares**

Situation of Registered Office: **137 WOODVILLE ROAD
IPSWICH
ENGLAND
IP4 1PE**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MRS DENISE MARY**

Surname: **FOSTER**

Former names: **CUTTING**

Service Address recorded as Company's registered office

Company Director 1

Type: **Person**
Full forename(s): **MR NORMAN JOHN**

Surname: **FOSTER**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **FRANCE**

Date of Birth: **02/01/1948** Nationality: **BRITISH**

Occupation: **CONSULTANT IN PUBLIC
HEALTH PROMOTION**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ORDINARY SHARES HAVE FULL RIGHTS IN THE COMPANY WITH RESPECT TO VOTING, DIVIDENDS AND DISTRIBUTIONS

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 23/12/2012 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **NORMAN FOSTER**

Shareholding 2 : **1 ORDINARY shares held as at the date of this return**
Name: **DENISE FOSTER**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.