

BLOOM SHEFFIELD CIC

Company limited by guarantee

**Company Registration Number:
12436048 (England and Wales)**

Unaudited statutory accounts for the year ended 31 January 2023

Period of accounts

Start date: 1 February 2022

End date: 31 January 2023

BLOOM SHEFFIELD CIC

Contents of the Financial Statements for the Period Ended 31 January 2023

Balance sheet

Additional notes

Balance sheet notes

Community Interest Report

BLOOM SHEFFIELD CIC

Balance sheet

As at 31 January 2023

	<i>Notes</i>	<i>2023</i>	<i>2022</i>
		<i>£</i>	<i>£</i>
Current assets			
Debtors:	3	445	
Cash at bank and in hand:		19,037	30,427
Total current assets:		<u>19,482</u>	<u>30,427</u>
Creditors: amounts falling due within one year:	4	(2,542)	(20,397)
Net current assets (liabilities):		<u>16,940</u>	<u>10,030</u>
Total assets less current liabilities:		<u>16,940</u>	<u>10,030</u>
Total net assets (liabilities):		<u>16,940</u>	<u>10,030</u>
Members' funds			
Profit and loss account:		16,940	10,030
Total members' funds:		<u>16,940</u>	<u>10,030</u>

The notes form part of these financial statements

BLOOM SHEFFIELD CIC

Balance sheet statements

For the year ending 31 January 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have chosen not to file a copy of the company's profit and loss account.

**This report was approved by the board of directors on 18 September 2023
and signed on behalf of the board by:**

Name: Jane Shields
Status: Director

The notes form part of these financial statements

BLOOM SHEFFIELD CIC

Notes to the Financial Statements

for the Period Ended 31 January 2023

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Turnover policy

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances. Sale of goods Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods. Rendering of services Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably. Other grants Other grant are recognised to the extent that, where grants are restricted to specific expenditure, the grant has been spent at the end of the financial year. Unspent grants are shown in the balance sheet as liabilities.

BLOOM SHEFFIELD CIC

Notes to the Financial Statements for the Period Ended 31 January 2023

2. Employees

	<i>2023</i>	<i>2022</i>
Average number of employees during the period	4	1

BLOOM SHEFFIELD CIC

Notes to the Financial Statements for the Period Ended 31 January 2023

3. Debtors

	2023	2022
	£	£
Trade debtors	445	
Total	<u>445</u>	

BLOOM SHEFFIELD CIC

Notes to the Financial Statements for the Period Ended 31 January 2023

4. Creditors: amounts falling due within one year note

	<i>2023</i>	<i>2022</i>
	£	£
Taxation and social security	1,828	603
Accruals and deferred income	714	150
Other creditors		19,644
Total	<u>2,542</u>	<u>20,397</u>

COMMUNITY INTEREST ANNUAL REPORT

BLOOM SHEFFIELD CIC

Company Number: 12436048 (England and Wales)

Year Ending: 31 January 2023

Company activities and impact

During the period February 2022 – January 2023, we ran Gardening to Feel Good groups at our two community gardens using therapeutic horticulture to improve women's mental health. Our attendees are referred to us via healthcare, community organisations or can self-refer through our website. They identify as suffering from a mild to moderate mental health disorder such as anxiety, depression or PTSD. They attend our gardening groups for a minimum of 8 weeks and group activities are planned around the attendees needs and interests. We also ran weekly Gather and Grow sessions which are one off gardening groups open to all women in our community to attend. In total over 400 women attended our groups and benefitted from our services.

Consultation with stakeholders

We reviewed the feedback from last year's participants to inform the shape of this year's sessions; this also included conversations with our 52 volunteers. We are responsive to feedback from referring bodies; e.g. at the beginning of the year we were regularly told that appropriate referrals could not attend our groups due to childcare restrictions; therefore, we changed the times of our sessions in order to accommodate their needs and engage more women in our community. We consult our wider community; we attend regular markets to speak in person about the services we offer; we discuss what opportunities women would like to see and we use social media to find out what groups women want and will benefit from. Last year we were chosen as a partner for the Green Prescribing initiative in South Yorkshire. Through this we have developed robust relationships with other community organisations; health care services and link workers within the community. This meant we have received more referrals to our groups. Our board of Directors; staff and volunteering team are all made up of women who live and work in our community. All of these people help make decisions about Bloom Sheffield, its services and its development.

Directors' remuneration

The total amount paid or receivable by directors in respect of qualifying services was £14,865. There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
18 September 2023

And signed on behalf of the board by:

Name: Jane Shields

Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.