



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **INCHES TONING AND WEIGHT LOSS LTD**

Company Number: **07884160**

Date of this return: **16/12/2012**

SIC codes: **93130**

Company Type: **Private company limited by shares**

Situation of Registered Office: **REGENTS PARK (THE FORMER ELIM BIBLE COLLEGE) LONDON
ROAD
NANTWICH
CHESHIRE
UNITED KINGDOM
CW5 6LW**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **MS KAREN JAYNE**

Surname: **CLIFFE**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **ENGLAND**

Date of Birth: **07/08/1967**

Nationality: **BRITISH**

Occupation: **HEALTH AND FITNESS**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ORDINARY SHARES HAVE FULL RIGHTS IN THE COMPANY WITH RESPECT TO VOTING, DIVIDENDS AND DISTRIBUTIONS

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 16/12/2012 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **KAREN CLIFFE**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.