

Unaudited Financial Statements for the Year Ended 30 November 2022

for

Breathing Space Singing CIC



Breathing Space Singing CIC

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for the Year Ended 30 November 2022

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Breathing Space Singing CIC (Registered number: 09855067)

Balance Sheet
30 November 2022

	30.11.22	30.11.21
	£	£
CURRENT ASSETS	3,925	6,468
CREDITORS		
Amounts falling due within one year	(373)	(363)
NET CURRENT ASSETS	3,552	6,105
TOTAL ASSETS LESS CURRENT LIABILITIES	3,552	6,105
RESERVES	3,552	6,105

NOTES TO THE FINANCIAL STATEMENTS

1. STATUTORY INFORMATION

Breathing Space Singing CIC is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address are as below:

Registered number: 09855067

Registered office: 51 Trelissick Road
Hayle
Cornwall
TR27 4HY

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was NIL (2021 - NIL).

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2022 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Balance Sheet - continued
30 November 2022

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors and authorised for issue on 20 February 2023 and were signed on its behalf by:



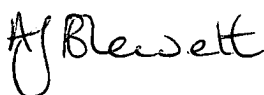
Mrs E J Shailes - Director



Mrs H A Chapman - Director



Mrs J Blewett - Director



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CIC 34

Community Interest Company Report

For official use
(Please leave blank)

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*Please
complete in
typescript, or
in bold black
capitals.*

**Company Name in
full**

Breathing Space Singing CIC

Company Number

09855067

Year Ending

30/11/22

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Breathing Space Singing (BSS) is a local service in the West of Cornwall for people living with long term lung health conditions. It is a self-supporting group which offers weekly sessions to help participants make the most of their lung capacity, learn good breathing habits, keep active and reduce anxiety, make new friends and support each other. The sessions are run by a singing leader who is supported by a team of dedicated volunteers.

Our activities include:

Giving presentations to Pulmonary Rehab Groups in West Cornwall to promote the benefits of BSS and recruit new participants.
Raising public awareness through social media and poster distribution.
Holding regular Directors meetings.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Our stakeholders are members of the local community in the West of Cornwall who are living with long term lung health conditions.

At the end of each weekly session the volunteers spend time talking to participants over a cup of tea and biscuits to gain any feedback as well as to socialise.

An assessment sheet is completed by all participants at the end of the year and results are analysed by Directors and changes are made where appropriate.

Quantitative and qualitative data on attendance is kept for analysis by the Directors.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No remuneration was received.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets has been made.

PART 5 – SIGNATORY (Please note this must be a live signature)

(DD/MM/YY)

The original report
must be signed by a
director or
secretary of the
company

Signed

EO Shanks

Date

12/02/23

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)