

**KEYSTONE WELLBEING SERVICES C.I.C.**

**Company Registration Number:  
12499676 (England and Wales)**

**Unaudited statutory accounts for the year ended 31 March 2022**

**Period of accounts**

**Start date: 1 April 2021**

**End date: 31 March 2022**

# **KEYSTONE WELLBEING SERVICES C.I.C.**

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**for the Period Ended 31 March 2022**

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# **KEYSTONE WELLBEING SERVICES C.I.C.**

## **Directors' report period ended 31 March 2022**

The directors present their report with the financial statements of the company for the period ended 31 March 2022

### **Principal activities of the company**

Keystone Wellbeing Services CIC is a subsidiary company of Tyneside Women's Health. The Board of Trustees of the parent charity chose to set up a trading subsidiary with the sole purpose of supporting the charity to diversify its income streams. Keystone Wellbeing Services CIC will initially provide counselling services. Keystone Wellbeing Services CIC was set up originally as Tyneside Counselling Service CIC, however over the course of the year, the Directors felt this name did not reflect the true potential of the Company. A large focus of the year has been spent rebranding the CIC to ensure it is future proofed and that further development and expansion is possible into areas such as corporate training, coaching and mentoring. We also welcomed a new Director this year who has been integral to the rebrand and business planning process. Via the parent charity a grant was secured through the Enterprise Development Fund to support the business planning process and website development of Keystone Wellbeing Services CIC. We are now in the process of recruiting a coordinator post with the remainder of this grant who will help to formally launch the company and generate referrals. Keystone Wellbeing Services CIC is led by a Board of Directors, one is a Trustee of the parent charity, one is employed by the parent charity as Chief Executive Officer, and one is independent. The Board of Directors reports directly to the Board of Directors / Trustees of the parent charity. We look forward to formally launching the company in the coming year and accepting the first referrals.

### **Directors**

The directors shown below have held office during the whole of the period from  
**1 April 2021 to 31 March 2022**

Elaine Slater  
Maria Humphreys

The director shown below has held office during the period of  
**1 April 2021 to 4 June 2021**

Joanne Pearson

The director shown below has held office during the period of  
**25 October 2021 to 31 March 2022**

Deborah Dixon

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on  
**24 August 2022**

And signed on behalf of the board by:

**Name: Elaine Slater**  
**Status: Director**

# KEYSTONE WELLBEING SERVICES C.I.C.

## Balance sheet

As at 31 March 2022

	<i>Notes</i>	<i>2022</i>	<i>13 months to 31 March 2021</i>
		£	£
Called up share capital not paid:		1	1
<b>Fixed assets</b>			
Intangible assets:		0	0
Tangible assets:		0	0
Investments:		0	0
<b>Total fixed assets:</b>		<u>0</u>	<u>0</u>
<b>Current assets</b>			
Stocks:		0	0
Debtors:		0	0
Cash at bank and in hand:		8,752	0
Investments:		0	0
<b>Total current assets:</b>		<u>8,752</u>	<u>0</u>
Prepayments and accrued income:		0	0
Creditors: amounts falling due within one year:		0	0
<b>Net current assets (liabilities):</b>		<u>8,752</u>	<u>0</u>
<b>Total assets less current liabilities:</b>		<u>8,753</u>	<u>1</u>
Creditors: amounts falling due after more than one year:		0	0
Provision for liabilities:		0	0
Accruals and deferred income:		( 8,752 )	0
<b>Total net assets (liabilities):</b>		<u>1</u>	<u>1</u>
<b>Capital and reserves</b>			
Called up share capital:		1	1
Share premium account:		0	0
Other reserves:		0	0
Profit and loss account:		0	0
<b>Total Shareholders' funds:</b>		<u>1</u>	<u>1</u>

The notes form part of these financial statements

## **KEYSTONE WELLBEING SERVICES C.I.C.**

### **Balance sheet statements**

For the year ending 31 March 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have chosen not to file a copy of the company's profit and loss account.

**This report was approved by the board of directors on 24 August 2022  
and signed on behalf of the board by:**

Name: Elaine Slater  
Status: Director

The notes form part of these financial statements

# **KEYSTONE WELLBEING SERVICES C.I.C.**

## **Notes to the Financial Statements**

**for the Period Ended 31 March 2022**

### **1. Accounting policies**

#### **Basis of measurement and preparation**

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

# KEYSTONE WELLBEING SERVICES C.I.C.

## Notes to the Financial Statements for the Period Ended 31 March 2022

### 2. Employees

	<i>2022</i>	<i>13 months to 31 March 2021</i>
Average number of employees during the period	0	0

# **COMMUNITY INTEREST ANNUAL REPORT**

## **KEYSTONE WELLBEING SERVICES C.I.C.**

**Company Number: 12499676 (England and Wales)**

**Year Ending: 31 March 2022**

### **Company activities and impact**

Our second year since incorporation has involved reviewing our branding. This resulted in a rebrand and legal name change. The Directors felt a rebrand would enhance the company's reach and ability to generate income, which will ultimately benefit the parent charity and the vulnerable women it supports. We have created and finalised policies, procedures, referral systems and marketing mechanisms. We have Associate Counsellors in place who have an understanding of these systems. The parent charity secured a grant through the Enterprise Development Fund which has supported some of the initial marketing costs and which will support the costs of employing an Enterprise Coordinator who will facilitate the formal launch of the Company. The company has not yet traded or been formally launched. The company will be formally launched in 2022/23.

### **Consultation with stakeholders**

We have continued to engage with our Associate Counsellors as stakeholders who understand the ethos and values of the company, and who are committed to these. We have engaged and consulted with service users from the parent charity to understand better their needs and barriers to accessing counselling provision. We have engaged with other local organisations to better understand their needs in relation to supporting their employees, and how Keystone Wellbeing Services C.I.C. might be best placed to meet these needs by providing counselling, training and mentoring provision.

### **Directors' remuneration**

No remuneration was received

### **Transfer of assets**

No transfer of assets other than for full consideration

This report was approved by the board of directors on  
**24 August 2022**

And signed on behalf of the board by:

**Name: Elaine Slater**

**Status: Director**



This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.