

Key.

Charity Registration Number 1090543

Company Registration Number 04190566 (England & Wales)

KEIGHLEY HEALTHY LIVING NETWORK

TRUSTEE' REPORT AND UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2013

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KEIGHLEY HEALTHY LIVING NETWORK

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Isobel Scarborough – Chair
Pam Essler – Vice-chair
Jackie Coutts - Treasurer
Susan Bartlett - Secretary
Mary Peckett
Ann Cryer

Secretary

Susan Bartlett

Charity number

1090543

Company number

04190566

Registered office

13 Scott Street
Keighley
West Yorkshire
BD21 2JH

Independent examiner

Stuart B Lodge FCA
Stuart B Lodge & Co
44 Bradford Road
Idle
Bradford
West Yorkshire
BD10 9PE

Bankers

Yorkshire Bank
73 North Street
Keighley
West Yorkshire
BD21 3SD

CCLA Investment Management Ltd
COIF Chanty Funds
80 Cheapside
London
EC2V 6DZ

KEIGHLEY HEALTHY LIVING NETWORK

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KEIGHLEY HEALTHY LIVING NETWORK

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2013

The Trustees present their report and accounts for the year ended 31 March 2013

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005

Structure, governance and management

The charity is a company limited by guarantee (number 04190566) and was incorporated on 30 March 2001. It was registered with the Charity Commissioners on 12 February 2002 (number 1090543).

The Articles of Association of Keighley Healthy Living Network paras 25-49 details the requirements and duties of the trustees, their numbers, powers, appointment and retirement, eligibility, disqualification and removal, payment of expenses, appointment of officers, proceedings, quorum, calling for meetings, procedures of meetings, management of bank accounts, passing of resolutions, appointments of sub-committees, rights to expend funds and to enter into contracts.

The trustees, who are also the directors for the purpose of company law, and who served during the year were

Isobel Scarborough – Chair
Pam Essler – Vice-chair
Jackie Coutts - Treasurer
Susan Bartlett - Secretary
Mary Peckett
Ann Cryer

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational decision making

The Manager reports on the work of the organisation to the Board of Trustees bi-monthly. The Manager also reports on the state of the finances of Keighley Healthy Living Network. Any trustee can ask for further information from staff members.

Day to day management of funds, staff buildings, work programmes and development of new initiatives is delegated to the Manager/s.

Staff and volunteers

Keighley Healthy Living Network currently employ 10 part time staff that work both within the centre and in out-reach settings. We have excellent staff retention rates and who are highly committed to the charity. Keighley Healthy Living Network is supported by a range of volunteers who support our projects such as Wellbeing Cafe, luncheon clubs, reception, Breastfeeding Drop-Ins and older peoples groups. In addition we contract freelance staff to deliver a number of our specialised projects such as exercise for older people and people with learning difficulties.

Membership of wider network

Keighley Healthy Living Network is a member of Keighley Health and Wellbeing Partnership Board, Airedale, Wharfedale & Craven Clinical Commissioning Group Healthy & Wellbeing Hub, the National Council for Voluntary Organisations and Keighley & Ilkley Voluntary Community Association (KIVCA). These memberships have no impact on the day to day operations of Keighley Healthy Living Network.

KEIGHLEY HEALTHY LIVING NETWORK

TRUSTEE'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2013

Relationships with other organisations

Keighley Healthy Living Network has no subsidiaries. Keighley Healthy Living Network works in partnership with a range of other voluntary, community and statutory agencies in order to deliver its key work programmes.

Major risks to Keighley Healthy Living Network

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The major risks to which Keighley Healthy Living Network is exposed is the non-renewal of existing commissions beyond March 2014.

Insurance and other risks

Keighley Healthy Living Network carries public liability, employer's liability and contents insurance through CaSE Insurance. The buildings insurance is provided by Ansvar through the Cellar Project who own the property that Keighley Healthy Living Network occupies.

Activities and Objectives

Keighley Healthy Living Network is a charity based in central Keighley, which aims to support the health and wellbeing of the local population.

We offer a wide range of activities with a focus on:

- Breastfeeding Support
- Young parents
- Older people
- Nutrition and physical activity

To support our key areas of work we offer a wide range of activities based in our centre and various out-reach settings and include -

Breastfeeding support – breastfeeding drop-ins, training of mums to become breastfeeding buddies (peer supporters), telephone helpline, home visits and a social media group.

Young parents – Preparation for Parenting (a 12 week antenatal course designed for young parents), T-Natal (a postnatal group offering support and encouraging attachment for parent and child), one to one support and a social media group.

Older people – a variety of weekly art and craft and groups, an exercise group, luncheon clubs and a monthly wellbeing cafe with a focus on people with mild dementia/mental health problems.

Nutrition and physical activity – healthy weight programmes, healthy lifestyle courses, nutrition talks, cooking course, cycling, swimming and walking.

We also offer volunteering opportunities and student placements. We have strong partnerships and links across Keighley and Bradford District. Keighley Healthy Living Network works with local people across all age, ethnicity and ability ranges, we frequently consult with local people to identify what will be the most effective way that we can work with them to improve their own health through lifestyle changes. We aim to tackle social isolation, inequalities in health and build confidence and capacity of the local population.

KEIGHLEY HEALTHY LIVING NETWORK

TRUSTEE'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2013

Achievements and performances

All the trustees feel that Keighley Healthy Living Network has had a very successful year and developments have included designing a new website and publicity materials to raise our profile and increase users to the service. We have built on our activities programme and introduced a number of new projects including Jamie's Ministry of Food Cooking Programmes and craft and gardening courses.

We have had a change in management and structure to now provide both project and business support to the charity. Working with PERS we have reviewed our policies and procedures and updated staff and consultancy contracts.

During this period we have reached over 1,500 people (April 12 to March 13) and on average support 300 people per week attending activities/groups. We have evaluated all our groups and had some excellent feedback from users of the service on how it has helped their wellbeing and confidence.

Public benefit statement

In setting our objectives and planning our activities all trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of health, wellbeing and citizenship.

Organisational concern

As stated earlier, the major risk to which Keighley Healthy Living Network is exposed is the non-renewal of existing commissions beyond March 2014. Keighley Healthy Living Network is actively seeking to secure alternative future funding. As the charity has considerable financial resources, the trustees/directors believe that the charity is well placed to manage its financial risks successfully despite the current uncertain economic outlook. The trustees/directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the annual financial statements.

Fundraising

Keighley Healthy Living Network raises fund through grant applications to charitable trusts and securing commissions for work from statutory agencies including the local authority and the health service. Our main funder are Leeds, Bradford & Airedale PCT and Bradford Metropolitan District Council. Other funders are shown in the annual accounts.

Financial review

The Statement of Financial Activities shows net outgoing resources for the year of £38,156 (2012 net outgoing resources of £36,099).

Reserves policy

Keighley Healthy Living Network has a policy of holding adequate reserves to pay staff for up to three months in the case of redundancy. In addition the trustees have allocated 16% of forecast annual expenditure to a contingency fund. With forecast expenditure for 2013/14 estimated to be £187,000, KHL has set the fund ("Sustainability and Development fund") of £31,000 to allow for ebbs and flows in income and expenditure. All unrestricted funds, including designated funds, come within the definition of free reserves. The trustees consider that the unrestricted reserves are at an acceptable level.

KEIGHLEY HEALTHY LIVING NETWORK

TRUSTEE'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2013

Asset cover for funds

Note 14 sets out an analysis of the assets attributable to the various funds and a description of the trusts. These assets are sufficient to meet the charity's obligations on a fund by fund basis.

Plans for the future

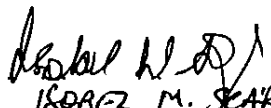
Keighley Healthy Living Network intends to build on its progress and its established programmes. To also continue to build on our partnerships to ensure adequate funding is secured for the future.

We are expanding our role within older people and isolation projects, sexual health, obesity and mental well-being. We aim to increase the number of staff and support more volunteers and student placements. Also we are reviewing our evaluation and monitoring methods to ensure effectiveness of the projects can be measured.

The independent examiners, Stuart B Lodge FCA, are deemed to be reappointed under section 487(2) of the Companies Act 2006.

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

On behalf of the board of trustees


ISOBEL M. SCARBOROUGH
Trustee

Dated 20 December 2013

KEIGHLEY HEALTHY LIVING NETWORK

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF KEIGHLEY HEALTHY LIVING NETWORK

I report on the accounts of the charity for the year ended 31 March 2013, which are set out on pages 5 to 15

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of Keighley Healthy Living Network for the purposes of company law, are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011, the 2011 Act, and that an independent examination is needed

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

- (i) examine the accounts under section 145 of the 2011 Act,
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, and
- (iii) to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- (a) which gives me reasonable cause to believe that in any material respect the requirements
 - (i) to keep accounting records in accordance with section 386 of the Companies Act 2006, and
 - (ii) to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice Accounting and Reporting by Charities,

have not been met, or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Stuart B Lodge FCA

Chartered Accountant
Stuart B Lodge & Co
44 Bradford Road
Idle
Bradford
BD10 9PE



Dated 20 December 2013

KEIGHLEY HEALTHY LIVING NETWORK

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2013

	Notes	Unrestricted Funds £	Designated Funds £	Restricted Funds £	2013 Total £	2012 Total
<u>Incoming Resources from generated funds</u>						
Activities for generating funds		1,554	-	8,242	9,796	8,990
Investment income	2	25,114	-	66	25,180	29,602
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
		26,668	-	8,308	34,976	38,592
Incoming resources from charitable activities	3	40,008	-	90,444	130,452	103,430
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total incoming resources		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
		66,676	-	98,752	165,428	142,022
<u>Resources expended</u>						
<u>Charitable activities</u>						
project running costs		82,150	16,267	99,787	198,204	173,274
Grants payable		-	-	100	100	1,000
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total charitable expenditure		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
		82,150	16,267	99,887	198,304	174,274
Governance costs		5,280	-	-	5,280	3,847
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total resources expended	4	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
		87,430	16,267	99,887	203,584	178,121
Net (outgoing) resources before transfers		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
		(20,754)	(16,267)	(1,135)	(38,156)	(36,099)
Gross transfers between funds		(3,322)	14,267	(10,945)	-	-
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Net movement in funds		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
		(24,076)	(2,000)	(12,080)	(38,156)	(36,099)
Fund balances at 1 April 2012		114,485	33,000	24,054	171,539	207,638
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Fund balances at 31 March 2013		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
		90,409	31,000	11,974	133,383	171,539

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006

KEIGHLEY HEALTHY LIVING NETWORK

BALANCE SHEET AS AT 31 MARCH 2013

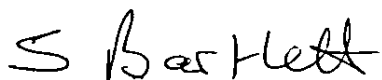
	Notes	£	2013 £	£	2012 £	£
Fixed assets						
Tangible assets	8		41,168			50,566
Current assets						
Debtors	9	12,042		28,618		
Cash at bank and in hand		102,096		100,309		
			114,138		128,927	
Creditors' amounts falling due within one year	10	(21,923)		(7,954)		
Net current assets			92,215		120,973	
Total assets less current liabilities			133,383		171,539	
Income funds						
Restricted funds	12		11,974		24,054	
Unrestricted funds						
Designated funds	13		31,000		33,000	
Other charitable funds			90,409		114,485	
			133,383		171,539	

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2013. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act, and for preparing accounts which give a true and fair view of the state of affairs of the company at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

The accounts were approved by the board on 20 December 2013.



Trustee **S BARTLETT**
Company Registration No 04190566

20th December 2013

KEIGHLEY HEALTHY LIVING NETWORK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013

1 Accounting policies

1.1 Basis of preparation

These accounts have been prepared under the historical cost convention

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice "Accounting and Reporting by Charities", issued in March 2005 and the Companies Act 2006

1.2 Incoming resources

Core funding grants are credited to the income and expenditure account as and when receivable

Revenue grants for specific purposes are credited to the income and expenditure account as and when received and unspent amounts are carried forward as part of the restricted funds in the balance sheet. Income may be deferred if it is received in advance of the period to which it relates.

Donations and other income are credited to the income and expenditure account as and when receivable.

1.3 Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for beneficiaries.

Governance costs includes those costs associated with meeting the constitutional and statutory requirements of the charity.

All costs are allocated between the expenditure categories on the SOFA on a basis designed to reflect the use of the resource.

1.4 Tangible fixed assets and depreciation

It is the policy of the charity to only capitalise individual items costing in excess of £500. Tangible fixed assets other than freehold land are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Leasehold property	10 years straight line
Office furniture	25% reducing balance
Fixtures and fittings	25% reducing balance
Computer equipment	3 years straight line

1.5 Pensions

The charity operates a defined contributions pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

KEIGHLEY HEALTHY LIVING NETWORK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013

1 Accounting policies (continued)

1.6 Fund accounting

Funds held by the charity are either

- unrestricted general funds, these are funds which can be used in conjunction with the charitable objects at the discretion of the trustees
- restricted funds, these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes
- designated funds, these are unrestricted funds earmarked by the trustees for particular purposes

2 Investment income

	Unrestricted funds £	Restricted funds £	Total 2013 £	Total 2012 £
Rental income	24,322	66	24,388	28,959
Interest receivable	792	-	792	643
	<u>25,114</u>	<u>66</u>	<u>25,180</u>	<u>29,602</u>

3 Incoming resources from charitable activities

	2013 £	2012 £
Grants receivable	<u>130,452</u>	<u>103,430</u>
NHS Bradford & Airedale	93,500	85,980
Bradford MDC	18,732	17,450
Community Development Foundation	9,220	-
Daisy Chain Children's Centre (Breastfeeding Peer Support 2012/13)	4,000	-
Highfields Children's Centre (Breastfeeding Peer Support 2012/13)	2,000	-
Treetops Children's Centre (Breastfeeding Peer Support 2012/13)	2,000	-
Rainbow Children's Centre (Breastfeeding Peer Support 2012/13)	1,000	-
	<u>130,452</u>	<u>103,430</u>

KEIGHLEY HEALTHY LIVING NETWORK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013

4	Total resources expended	Staff costs £	Depreciation £	Other costs £	Grant funding £	Total 2013 £	Total 2012 £
	Charitable activities						
	<u>Project running costs</u>						
	Activities undertaken directly	114,205	10,552	73,447	-	198,204	173,274
	<u>Grants payable</u>						
	Grant funding of activities	-	-	-	100	100	1,000
		<u>114,205</u>	<u>10,552</u>	<u>73,447</u>	<u>100</u>	<u>198,304</u>	<u>174,274</u>
	Governance costs	-	-	5,280	-	5,280	3,847
		<u>114,205</u>	<u>10,552</u>	<u>78,727</u>	<u>100</u>	<u>203,584</u>	<u>178,121</u>

Governance costs includes payments to the independent examiner of £5,280 which includes an underprovision of £1,080 from the previous year (2012 £3,847)

5	Grants payable	Total 2013 £	Total 2012 £
	Grants to institutions (1 grant)		
	Queensbury Community Programme	100	-
	BMDC – Breastfeeding	-	1,000
		<u>100</u>	<u>1,000</u>

KEIGHLEY HEALTHY LIVING NETWORK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year, nor did they receive any reimbursement of expenses (2012 £nil)

7 Employees

Number of employees

The average monthly number of employees during the year was

	2013 Number	2012 Number
Management and administration	2	2
Other	8	8
	<u>10</u>	<u>10</u>

Employment costs

	2013 £	2012 £
Wages and salaries	107,268	100,460
Social security costs	5,812	6,681
Other pension costs	1,125	1,500
	<u>114,205</u>	<u>108,641</u>

There were no employees whose annual remuneration was £60,000 or more

KEIGHLEY HEALTHY LIVING NETWORK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013

8 Tangible fixed assets

	Property Improvements £	Office furniture £	Fixtures & fittings £	Computer equipment £	Total £
Cost					
At 1 April 2012	82,759	10,035	598	3,353	96,745
Additions	-	630	-	524	1,154
	<u>82,759</u>	<u>10,665</u>	<u>598</u>	<u>3,877</u>	<u>97,899</u>
At 31 March 2013	82,759	10,665	598	3,877	97,899
Depreciation					
At 1 April 2012	36,230	6,211	598	3,140	46,179
Charge for Year	8,095	2,070	-	387	10,552
	<u>44,325</u>	<u>8,281</u>	<u>598</u>	<u>3,527</u>	<u>56,731</u>
At 31 March 2012	44,325	8,281	598	3,527	56,731
Net book value					
At 31 March 2013	<u>38,434</u>	<u>2,384</u>	<u>-</u>	<u>350</u>	<u>41,168</u>
At 31 March 2012	<u>46,529</u>	<u>3,824</u>	<u>-</u>	<u>213</u>	<u>50,566</u>

9 Debtors

	2013 £	2012 £
Trade debtors	10,980	28,618
Prepayments	1,062	-
	<u>12,042</u>	<u>28,618</u>

10 Creditors: amounts falling due within one year

	2013 £	2012 £
Trade creditors	-	482
Other creditors	3,582	3,152
Accruals	5,860	4,320
Deferred income	10,500	-
PAYE/National insurance	1,981	-
	<u>21,923</u>	<u>7,954</u>

KEIGHLEY HEALTHY LIVING NETWORK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013

The organisation acts as custodians of funds belonging to a local project based in Keighley called Choices. The total funds held as at 31 March 2013 were £3,582 (2012 - £3,152) and is included within other creditors. The object of this organisation is to rehabilitate people whose lives have been spoilt by drug or alcohol dependency. The aims of the Choices Project are consistent with those of Keighley Healthy Living in that the group work to ensure better long term health for people from Keighley who aim to be drug free as a result of working with the project and therefore will live healthier, longer and happier lives as a result. The project funds can only be utilised upon receiving authorisation from Cherry Connolly (Chairman of Choices) together with authorised Keighley Healthy Living payee. Safe custody is assured through the safeguards that are applicable to all the Keighley Healthy Living Network bank accounts. The organisation is holding these funds until such times as the project obtains charitable status.

11 Pension and other post-retirement benefit commitments

Defined contribution

During the year payments into the pension scheme amounted to £1,125 (2012 - £1,500) for one member of staff (2012 - 1). No premiums were outstanding at the year end.

	2013 £	2012 £
Contributions payable by the company for the year	1,125	1,500

12 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes -

	Balance at 1 April 2012 £	Movement in funds Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2013 £
13 Scott Street Redevelopment	11,027	-	(5,577)	(5,450)	-
Bradford MDC – Steps	9,101	-	(2,572)	-	6,529
Bradford MDC – Other	3,926	18,276	(16,735)	(4,594)	873
NHS – Sexual Health & Healthy Lifestyles	-	58,045	(56,825)	(1,220)	-
Community Development Foundation	-	-	-	-	-
- Active Health Project	-	2,100	(2,100)	-	-
Bradford MDC – Active Health Project	-	4,211	(4,064)	-	147
Children's Centres – Breastfeeding	-	-	-	-	-
Peer Support 2012/13	-	9,000	(9,319)	319	-
Community Development Foundation	-	7,120	(2,695)	-	4,425
	<u>24,054</u>	<u>98,752</u>	<u>(99,887)</u>	<u>(10,945)</u>	<u>11,974</u>

KEIGHLEY HEALTHY LIVING NETWORK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013

Bradford MDC (Working Neighbourhoods Fund – Steps)

This was an employability programme that worked with 60 people who had been out of work for more than six months and in some cases for up to eleven years

Bradford MDC (Older People)

A grant from Adult Services to run social activities for over 50's

Active Health Project

In partnership with Active Health Projects to deliver activity courses in the Keighley area

Community Development Foundation

External funding secured for a range of health related projects delivered by Keighley Healthy Living Network

13 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes -

	Balance at 1 April 2012 £	Movements in funds		Transfers £	Balance at 31 March 2013 £
		Incoming resources £	Resources expended £		
Sustainability and Development Fund	33,000	-	(16,267)	14,267	31,000

14 Analysis of net assets between funds

	Unrestricted funds £	Designated funds £	Restricted funds £	Total £
Fund balances at 31 March 2013 are represented by:-				
Tangible fixed assets	41,168	-	-	41,168
Current assets	57,082	31,000	26,056	114,138
Creditors amounts falling due within one year	(7,841)	-	(14,082)	(21,923)
	<u>90,409</u>	<u>31,000</u>	<u>11,974</u>	<u>133,383</u>

KEIGHLEY HEALTHY LIVING NETWORK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013

15 Related parties

Keighley Healthy Living is a stand alone organisation, a registered charity and a company limited by guarantee. The board of Keighley Healthy Living Network shares trustees with other organisations in the area as follows -

Isobel Scarborough

Trustee/Director of

Keighley and Ilkley Voluntary and Community Action
Keighley Furniture Project
Aura Therapy and Counselling Ltd
Haworth Exhibition Endowment
Friends of Cliffe Castle
Friends of East Riddlesden
Drake and Thomson

Pam Essler

Trustee/Director of

Keighley and Ilkley Voluntary and Community Action
Lay Representative on the Board of the Airedale Wharfedale and Craven CCG
Trustee of Bradford and Airedale Citizens Advice Bureau
Airedale and Bradford Crossroads Ltd
Governor of Woodhouse Grove School

Jackie Coutts

Trustee/Director of

Bradford Diocesan Council for Social Aid
Secretary BEACON – Bradford Ecumenical Asylum Support
Board Member Sangat Community Association

Susan Bartlett

Trustee/Director of

Domestic Violence Services (Keighley)
Committee member and Chair of the Keighley and District Talking Newspaper

Ann Cryer

Member of the Friends of the Manor House Museum (Ilkley) Trust
President of the Keighley and Worth Valley Railway Preservation Society
Vice President and Council member of the Yorks Dales Society
Vice President of the Friends of the Settle to Carlisle Railway
Vice President of Women and the Church, Council Member of Cruse Bereavement Care
Member of Bradford Cathedral Council
Justice of the Peace
Governor of Saltaire Primary School