Report of the Directors

And

Financial Statements

31 March 2002

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COMPANIES HOUSE GENERAL

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Company Information for the Year Ended 31 March 2002

DIRECTORS:

DBR Swinsstead

P J Tobin

SECRETARY:

DBR Swinstead

REGISTERED OFFICE:

102 Camley Street

London NW1 OPF

REGISTERED NUMBER:

1300295 (England and Wales)

AUDITORS:

Bennett & Co Registered Auditors

16/18 Upland Road

Dulwich London SE22 9GG

BANKERS:

Bank of Scotland

St James Gate

14-16 Cockspur Street

London SW1Y 5BL

SOLICITORS:

Solomon Taylor & Shaw

3 Coach House Yard Hampstead High Street London NW3 1QD

Report of the Directors for the Year Ended 31 March 2002

The directors present their report with the financial statements of the company for the year ended 31 March 2002.

PRINCIPAL ACTIVITY

The principal activity of the company in the year under review was that of marketing and distribution of vegetarian and vegan foods, drinks, nutritional supplements and other animal-free products.

REVIEW OF BUSINESS

The results for the year and financial position of the company are as shown in the annexed financial statements.

DIVIDENDS

Interim dividends per share were paid as follows:

£6.3966	- 15 May 2001
£6,3966	- 15 August 2001
£13.8592	- 16 November 2001
£15.9914	- 25 March 2002
£42.6438	

The directors recommend that no final dividend be paid.

The total distribution of dividends for the year ended 31 March 2002 will be £160,000.

FIXED ASSETS

The leasehold property was subject to a charge secured over the company's fixed and current assets. The charge was extinguished on 28th December 2001 by payment of the outstanding balance of the loan plus interest thereon.

DIRECTORS

The directors holding office throughout the year under review were:

D B R Swinsstead P J Tobin

The beneficial interests of the directors holding office throughout the year to 31 March 2002 in the issued share capital of the company were as follows:

Ordinary shares £1 shares	31.3.02	1.4.01
D B R Swinsstead	1,876	1,876
P J Tobin	1,876	1,876

STATEMENT OF DIRECTORS' RESPONSIBILITIES

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing those financial statements, the directors are required to

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

Report of the Directors for the Year Ended 31 March 2002

STATEMENT OF DIRECTORS' RESPONSIBILITIES - continued

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

AUDITORS

The auditors, Bennett & Co, will be proposed for re-appointment in accordance with Section 385 of the Companies Act 1985.

ON BEHALF OF THE BOARD:

Approved and signed by

DBR Swinstead - SECRETARY

Dated:

227 January 2003

Tribean

Report of the Independent Auditors to the Shareholders of MARIGOLD HEALTH FOODS LIMITED

We have audited the financial statements of MARIGOLD HEALTH FOODS LIMITED for the year ended 31 March 2002 on pages five to seventeen. These financial statements have been prepared under the historical cost convention (as modified by the revaluation of certain fixed assets) and the accounting policies set out therein.

Respective responsibilities of directors and auditors

As described on page three the company's directors are responsible for the preparation of financial statements in accordance with applicable law and United Kingdom Accounting Standards.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and United Kingdom Auditing Standards.

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985. We also report to you if, in our opinion, the Report of the Directors is not consistent with the financial statements, if the company has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding directors' remuneration and transactions with the company is not disclosed.

We read the Report of the Directors and consider the implications for our report if we become aware of any apparent misstatements within it.

Basis of audit opinion

We conducted our audit in accordance with United Kingdom Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

In our opinion the financial statements give a true and fair view of the state of the company's affairs as at 31 March 2002 and of its profit for the year then ended and have been properly prepared in accordance with the Companies Act 1985.

29 Jan 2003

Bennett & Co Registered Auditors 16/18 Upland Road Dulwich London **SE22 9GG**

Profit and Loss Account for the Year Ended 31 March 2002

		31.3.	02	31.3.0	1
	Notes	£	£	£	£
TURNOVER			9,357,385		8,086,600
Cost of sales			7,633,380		6,464,302
GROSS PROFIT			1,724,005		1,622,298
Distribution costs Administrative expenses		840,826 450,669		721,632 379,763	
Administrative expenses		150,005	1,291,495		1,101,395
			432,510		520,903
Other operating income			1,381		1,540
OPERATING PROFIT	2		433,891		522,443
Interest receivable and similar income			16,541		12,512
			450,432		534,955
Interest payable and similar charges	3		23,492		15,310
PROFIT ON ORDINARY ACTIVITIES BEFORE TAXATION	6		426,940		519,645
Interest on corporation tax			1,175		
Tax on profit on ordinary activities	4		108,778		132,306
PROFIT FOR THE FINANCIAL YEAR AFTER TAXATION	R		316,987		387,339
Dividends	5		160,000		96,000
			156,987		291,339
Retained profit brought forward			949,910		658,571
RETAINED PROFIT CARRIED FOR	WARD		£1,106,897		£949,910

CONTINUING OPERATIONS

None of the company's activities were acquired or discontinued during the current and previous years.

Statement of Total Recognised Gains and Losses for the Year Ended 31 March 2002

	31.3.02	31.3.01
	£	£
PROFIT FOR THE FINANCIAL YEAR	316,987	387,339
Revaluation of leasehold property		
TOTAL RECOGNISED GAINS AND LOSSES RELATING TO THE YEAR	£316,987	£387,339

NOTE OF HISTORICAL COST PROFITS AND LOSSES

The difference between the results as disclosed in the profit and loss account and the results on an unmodified historical cost basis is not material.

Balance Sheet 31 March 2002

		31.3.0	2	31.3.0)1
	Notes	£	£	£	£
FIXED ASSETS:					
Intangible assets	6		14,105		14,105
Tangible assets	7		933,298		940,465
			947,403		954,570
CURRENT ASSETS:					
Stocks	8	365,817		343,320	
Debtors	9	1,078,832		924,720	
Cash at bank and in hand		207,736		470,303	
		1,652,385		1,738,343	
CREDITORS: Amounts falling due within one year	10	1,225,310		1,199,681	
NET CURRENT ASSETS:			427,075		538,662
TOTAL ASSETS LESS CURRENT LIABILITIES:			1,374,478		1,493,232
CREDITORS: Amounts falling due after more than one year	11		-		275,741
•					
			£1,374,478		£1,217,491
CAPITAL AND RESERVES:					
Called up share capital	15		3,752		3,752
Revaluation reserve	16		263,829		263,829
Profit and loss account			1,106,897		949,910
SHAREHOLDERS' FUNDS:	19		£1,374,478		£1,217,491

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

ON BEHALF OF THE BOARD:

D B R Swinsstead - DIRECTOR

P J Tobin - DIRECTOR

Approved by the Board on

27 January 2003

The notes form part of these financial statements

<u>Cash Flow Statement</u> for the Year Ended 31 March 2002

		31.3.02	<u>. </u>	31.3.01	
	Notes	£	£	£	£
Net cash inflow from operating activities	1		350,265		547,396
Returns on investments and servicing of finance	2		(6,951)		(2,798)
Taxation			(132,305)		(80,843)
Capital expenditure	2		(49,024)		(44,197)
Equity dividends paid			(160,000)		(96,000)
			1,985		323,558
Financing	2		(264,552)		(38,178)
(Decrease)/Increase in cash in the period	od		£(262,567)		£285,380
Reconciliation of net cash flow to movement in net funds	3	·			
(Decrease)/Increase in cash in the period Cash outflow		(262,567)		285,380	
from decrease in debt and lease financing		508		13,706	
Change in net funds resulting from cash flows			(262,059)		299,086
Movement in net funds in the period Net funds at 1 April			(262,059) 469,795		299,086 170,709
Net funds at 31 March			£207,736		£469,795

Notes to the Cash Flow Statement for the Year Ended 31 March 2002

2.

1. RECONCILIATION OF OPERATING PROFIT TO NET CASH INFLOW FROM OPERATING ACTIVITIES

	31.3.02 £	31.3.01 £
Operating profit	433,891	522,443
Depreciation charges	53,313	50,511
Loss on sale of fixed assets	2,997	-
Increase in stocks	(22,497)	(105,356)
Increase in debtors	(155,409)	(216,065)
Increase in creditors	37,970	295,863
Net cash inflow		
from operating activities	350,265	547,396
ANALYSIS OF CASH FLOWS FOR HEADINGS NETTED IN THE C	ASH FLOW STATEM	IENT
	31.3.02 £	31.3.01 £
Returns on investments and servicing of finance		

Returns on investments and		
servicing of finance		
Interest received	16,541	12,512
Interest paid	(23,487)	(13,928)
Interest element of hire purchase		,
payments	(5)	(1,382)
		
Net cash outflow		
for returns on investments and servicing of finance	(6,951)	(2,798)
	 -	 _
Capital expenditure	442.44.2	
Purchase of tangible fixed assets	(49,144)	(44,197)
Sale of tangible fixed assets	120	
Net cash outflow		
· · · · · · · · · · · · · · · · · · ·	(40.004)	(44.107)
for capital expenditure	<u>(49,024)</u>	(44,197)
Financing		
Loan repayments in year	(275,741)	(33,904)
Capital element - HP repayment	(508)	(15,087)
Repayment on director's loan	(7,939)	14,203
Amount withdrawn by director	19,636	(3,390)
A TARROWS TO THE OF GROOVE		(3,390)
Net cash outflow		
from financing	(264,552)	(38,178)

MARIGOLD HEALTH FOODS LIMITED Notes to the Cash Flow Statement for the Year Ended 31 March 2002

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.01 £	Cash flow £	At 31.3.02 £
Net cash:			
Cash at bank and in hand	470,303	(262,567)	207,736
	470,303	(262,567)	207,736
Debt:			
Hire purchase	(508)	508	
	(508)	508	
Total	469,795	(262,059)	207,736
Analysed in Balance Sheet			
Cash at bank and in hand	470,303		207,736
Hire purchase within one year	(508)		
	469,795		207,736

Notes to the Financial Statements for the Year Ended 31 March 2002

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention as modified by the revaluation of certain assets.

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Goodwill and Trademark

Goodwill and Trademark are stated in the financial statement at cost. The financial statement has departed from the companies legislation of amortising goodwill and trademark over a finite period for the overriding purpose of showing a true and fair view.

The reason for the departure is that in the directors' opinion the assets are stated in the financial statement at below their true market value.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Land and buildings

- Over the term of the lease
- Plant and machinery etc
- Straight line over 6 years and

Straight line over the life of the asset

Stocks

Stock is valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Foreign currencies

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are taken into account in arriving at the operating result.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account as incurred.

Pensions

The company operates a defined contribution pension scheme for a director. The company introduced a voluntary grouped personal pension scheme from 1 July 1999 for staff qualified by length of service. The assets of the schemes are held separately from those of the company in independently administered funds. The company's contributions to both schemes are charged in the profit and loss account.

Notes to the Financial Statements for the Year Ended 31 March 2002

2. **OPERATING PROFIT**

The operating profit is stated after charging:

	Depreciation - owned assets Loss on disposal of fixed assets Auditors' remuneration Pension costs	31.3.02 £ 53,313 2,997 7,500 16,996	31.3.01 £ 50,511 7,500 15,827
	Directors' emoluments and other benefits etc	42,518	40,872
3.	INTEREST PAYABLE AND SIMILAR CHARGES		
	Interest payable and similar charges includes the following:	31.3.02	21 2 01
	Hire purchase interest	£ 5	31.3.01 £ 1,382
4.	TAXATION		
	Analysis of the tax charge The tax charge on the profit on ordinary activities for the year was as follows:	31.3.02 £	31.3.01 £
	Current tax:		
	UK corporation tax	108,778	132,306
	Tax on profit on ordinary activities	108,778	132,306
	UK corporation tax has been charged at 30% (2001 - 30%).		
5.	DIVIDENDS	31.3.02	31.3.01
		£	£
	Equity shares: Ordinary shares	160,000	96,000

Notes to the Financial Statements for the Year Ended 31 March 2002

6. INTANGIBLE FIXED ASSETS

6.	INTANGIBLE FIXED ASSETS				Goodwill
					£
	COST:				
	At 1 April 2001 and 31 March 2002				14 105
	and 51 March 2002				14,105
	NET BOOK VALUE:				
	At 31 March 2002				14,105
	At 31 March 2001				14,105
7.	TANGIBLE FIXED ASSETS				
7.	TAINGIBLE FIXED ASSETS	Leasehold	Motor		
		property	vehicles	Equipment	Totals
	COST OR VALUATION:	£	£	£	£
	At 1 April 2001	800,000	174,900	130,936	1,105,836
	Additions	17,257	27,115	4,771	49,143
	Disposals	<u> </u>	(25,404)		(25,404)
	At 31 March 2002	817,257	176,611	135,707	1,129,575
	DEPRECIATION:				
	At 1 April 2001	13,959	96,291	55,121	165,371
	Charge for year	7,902	28,392	17,019	53,313
	Eliminated on disposals	-	(22,407)		(22,407)
	At 31 March 2002	21,861	102,276	_72,140	196,277
	NET BOOK VALUE:				
	At 31 March 2002	795,396	74,335	63,567	933,298
	At 31 March 2001	786,041	78,609	75,815	940,465
	Cost or valuation at 31 March 2002 is rep	resented hv:			
		•			
		Leasehold	Motor	 .	
		property	vehicles	Equipment	Totals
		£	£	£	£
	Cost	817,257	176,611	135,707	1,129,575
		 			

Notes to the Financial Statements for the Year Ended 31 March 2002

7. TANGIBLE FIXED ASSETS - continued

If leasehold property had not been revalued it would have been included at the following historical cost:

	31.3.02	31.3.01
	£	£
Cost	536,171	536,171
		
Aggregate depreciation	14,498	9,324
		

The leasehold property was valued on an open market basis on 28 November 2000 by Insignia Richard Ellis Limited.

The valuation as at 31st March 2000 resulted in a surplus of £263,829, which was transferred to Revaluation Reserve Account.

8. STOCKS

8.	STOCKS	31.3.02	31.3.01
	Stock	£ 365,817	£ 343,320
9.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		31.3.02	31.3.01
		£	£
	V.A.T.	48,488	32,517
	Trade debtors	981,187	840,474
	Prepayments	23,233	31,239
	Staff loan	23,072	9,700
	Corporation tax debtor	2,851	2,851
	Directors' current accounts		7,939
		1,078,831	924,720

Notes to the Financial Statements for the Year Ended 31 March 2002

REDITORS: AMOUNTS FALLING
UE WITHIN ONE YEAR

	DUE WITHIN ONE YEAR		
		31.3.02	31.3.01
		£	£
	Bank loans and overdrafts		22.005
	(see note 12)	-	33,905
	Hire purchase contracts (see note 13)	_	508
	Trade creditors	998,124	984,464
	Other creditors	770,124	2,871
	Directors' current accounts	45,674	8,012
	Social security & other taxes	16,202	17,086
	Taxation	108,199	131,727
	Accrued expenses	57,111	21,108
			
		1,225,310	1,199,681
			
11.	CREDITORS: AMOUNTS FALLING		
	DUE AFTER MORE THAN ONE YEAR	21.2.02	21.2.01
		31.3.02 £	31.3.01
	Bank loans	r	£
	(see note 12)		275,741
			
12.	LOANS AND OVERDRAFTS		
	An analysis of the maturity of loans and overdrafts is given below:		
		21.2.02	21.2.01
		31.3.02 £	31.3.01 £
	Amounts falling due within one year or on demand:	L	£
	the state of the s		
	Bank loans	_	33,905
		======	
	Amounts falling due between one and two years:		
	M- 1-1		
	Bank loans		36,000
	Amounts falling due between two and five years:		
	Amounts faming due between two and five years.		
	Bank loans	_	120,000
			
	Amounts falling due in more than five years:		
	Repayable by instalments		
	Bank loans	-	119,741
			_

Notes to the Financial Statements for the Year Ended 31 March 2002

14.

12. LOANS AND OVERDRAFTS - continued

The bank loan(2001-£309,646) was repaid on 28 December 2001.

13. OBLIGATIONS UNDER HIRE PURCHASE CONTRACTS AND LEASES

OBLIGATIONS UNDER HIRE PURCHASE CONTRACTS AND LEASES	Hire purchase contracts	
	31.3.02	31.3.01
Gross obligations repayable:	£	£
Within one year	_ _	508
Net obligations repayable:		
Within one year	-	508
The following payments are committed to be paid within one year:		
	Land and buildings operating leases	
	31.3.02 £	31.3.01 £
Expíring:		
Within one year	21,000	21,000
Between one and five years	84,000	84,000
	105,000	105,000
SECURED DEBTS		
The following secured debts are included within creditors:		
	31.3.02 £	31.3.01 £
Bank loans	-	309,646
Hire purchase contracts		508
	-	310,154

Notes to the Financial Statements for the Year Ended 31 March 2002

15. CALLED UP SHARE CAPITAL

	Authorised:				
	Number:	Class:	Nominal	31.3.02	31.3.01
	5,000 Ordin	Ordinary shares	value: £I	£ 5,000	£ 5,000
	Allotted, issu	ued and fully paid:			
	Number:	Class:	Nominal	31.3.02	31.3.01
	3,752	Ordinary shares	value: £1	£ 3,752	£ 3,752
16.	REVALUA	TION RESERVE			
				31.3.02 £	31.3.01 £
	Revaluation	reserve		263,829	263,829

17. TRANSACTIONS WITH DIRECTORS

The balances on the Directors Current Accounts were DBR Swinstead £10,607 and P J Tobin £35,067. These are included in creditors at the year-end.

Interest at the official rate is charged on all directors loans to and from the company.

18. RELATED PARTY DISCLOSURES

There are no other related party disclosures other than already reported under transactions with directors.

19. RECONCILIATION OF MOVEMENTS IN SHAREHOLDERS' FUNDS

	31.3.02	31.3.01
Profit for the financial year	£ 316,987	£ 387,339
Dividends	(160,000)	(96,000)
Net addition to shareholders' funds Opening shareholders' funds	156,987 1,217,491	291,339 926,152
Closing shareholders' funds	1,374,478	1,217,491
Equity interests	1.374.478	1,217,491
- 4A	1,5 - 1,7 - 0	

20. **CONTROL OF THE COMPANY**

The company is jointly controlled by its two directors and shareholders, D B R Swinstead and P J Tobin.