Printed and supplied by

JORDANS

21 St Thomas Street Bristol 851 6JS Telephone: 0117 923 0600 Fax: 0117 923 0063 APPROVAL NUMBER CHA13

Company Number 30546

Please complete in typescript, or in bold black capitals.

A09 *ACSUZKRI* 338 COMPANIES HOUSE 16/04/96

288b

DX 33050 Cardiff

DX 235 Edinburgh

Resignation of director or secretary

						·-					
Company Name in full			THE	METH	todist	г Сн	APEL	AID	ASSOCIATI	ion L	IMITED
*F 288	8 C 4	U X									
Resignation form	Date of resignation		Day	Month	Year]					
	Resignation as director		as secretary Please mark the appropriate box. If resignation is as a director and secretary mark both boxes.								
	NAME	*Style / Title	,,,,,,			*1	Honours	etc			i
Please insert details as previously notified to Companies Hous		Forename(s)	ALAN RODERICK								
	S &	Surname	APPLEBY								
Companies Floa	30.	[†] Date of Birth	Day Month Year								
If cessation is other than resignation, please state reason			<u> </u>			<u></u>			-	<u></u>	
A serving director, secretary etc must sign the form below.											
* Voluntary details.			Date				09.04.96.				
† Directors only.			(by a servin	g director / s	ecretary / a	administrat	or / admini	strative re	ceiver / receiver	manage	r/ receiver
Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.			J. A. WELLS								
								-			<u></u>
TTIMOTH HIGH	Tel 01904 - 622150.										
	DX number DX exchange										
	When you have completed and signed the form please send it to the Registrar of Companies at:										

Companies House, Crown Way, Cardiff, CF4 3UZ

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in England and Wales

for companies registered in Scotland