

1YOU ESSENTIALS LIMITED

**Company Registration Number:
07183336 (England and Wales)**

**Unaudited micro entity accounts for the year ended 31 March 2023
(Dormant)**

Period of accounts

Start date: 01 April 2022

End date: 31 March 2023

1YOU ESSENTIALS LIMITED

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Company Information

for the Period Ended 31 March 2023

Registered office:

8
Copeland Crescent
Loughborough Leicestershire
LE11 5JE

Company Registration Number:

07183336 (England and Wales)

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Profit and Loss Account

for the Period Ended 31 March 2023

The company was dormant and did not trade in the period. The company received no income and incurred no expenditure in the period and therefore did not make either a profit or loss.

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Balance sheet

As at 31 March 2023

	2023 £	2022 £
Called up share capital not paid:	0	0
Fixed Assets:	0	0
Current assets:	0	0
Prepayments and accrued income:	0	0
Creditors: amounts falling due within one year:	(0)	(0)
Net current assets (liabilities):	<u>0</u>	<u>0</u>
Total assets less current liabilities:	0	0
Creditors: amounts falling due after more than one year:	(0)	(0)
Provision for liabilities:	(0)	(0)
Accruals and deferred income:	(0)	(0)
Total net assets (liabilities):	<u>0</u>	<u>0</u>
Capital and reserves:	<u>0</u>	<u>0</u>

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Balance sheet continued

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

For the year ending 31 March 2023 the company was entitled to exemption under section 480 of the Companies Act 2006 relating to dormant companies.

This report was approved by the board of directors on 29 December 2023

And Signed On Behalf Of The Board By:

Name: Michael Brenchley

Status: Director

The notes form part of these financial statements

1YOU ESSENTIALS LIMITED

Footnotes to the Financial Statements

for the Period Ended 31 March 2023

1. Employee Information

Average number of employees: 0

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Footnotes to the Financial Statements

for the Period Ended 31 March 2023

2. Off balance sheet disclosure

No

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.