

**MINDARIUM C.I.C.**

**Company limited by guarantee**

**Company Registration Number:  
11891300 (England and Wales)**

**Unaudited statutory accounts for the year ended 31 March 2022**

**Period of accounts**

**Start date: 1 April 2021**

**End date: 31 March 2022**

# **MINDARIUM C.I.C.**

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# **MINDARIUM C.I.C.**

## **Directors' report period ended 31 March 2022**

The directors present their report with the financial statements of the company for the period ended 31 March 2022

### **Principal activities of the company**

Mental health and wellbeing publishing

### **Political and charitable donations**

A grant was awarded from the Pen-y-cymoedd Wind Farm Trust which was the main source of income received and reported back. This was to cover a two year period of operation (including up to Dec 22) A small donation (£50) was received from Interlink RCT for completing a survey.

### **Directors**

The directors shown below have held office during the whole of the period from  
**1 April 2021 to 31 March 2022**

Margaret Corkhill  
Owen Griffiths

The director shown below has held office during the period of  
**1 April 2021 to 17 December 2021**

Sally Thomas

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on  
**30 December 2022**

And signed on behalf of the board by:  
**Name: Margaret Corkhill**  
**Status: Director**

# MINDARIUM C.I.C.

## Profit And Loss Account for the Period Ended 31 March 2022

	2022	2021
	£	£
Turnover:	0	0
Cost of sales:	0	0
<b>Gross profit(or loss):</b>	<u>0</u>	<u>0</u>
Distribution costs:	0	0
Administrative expenses:	( 1,612 )	0
Other operating income:	0	0
<b>Operating profit(or loss):</b>	<u>(1,612)</u>	<u>0</u>
Interest receivable and similar income:	4,267	0
Interest payable and similar charges:	0	0
<b>Profit(or loss) before tax:</b>	<u>2,655</u>	<u>0</u>
Tax:	0	0
<b>Profit(or loss) for the financial year:</b>	<u>2,655</u>	<u>0</u>

# MINDARIUM C.I.C.

## Balance sheet

As at 31 March 2022

	<i>Notes</i>	<i>2022</i>	<i>2021</i>
		£	£
<b>Fixed assets</b>			
Intangible assets:		0	0
Tangible assets:	3	2,202	0
Investments:		0	0
<b>Total fixed assets:</b>		<u>2,202</u>	<u>0</u>
<b>Current assets</b>			
Stocks:		0	0
Debtors:		0	0
Cash at bank and in hand:		1,015	0
Investments:		0	0
<b>Total current assets:</b>		<u>1,015</u>	<u>0</u>
Prepayments and accrued income:		0	0
Creditors: amounts falling due within one year:	4	( 562 )	0
<b>Net current assets (liabilities):</b>		<u>453</u>	<u>0</u>
<b>Total assets less current liabilities:</b>		<u>2,655</u>	<u>0</u>
Creditors: amounts falling due after more than one year:		0	0
Provision for liabilities:		0	0
Accruals and deferred income:		0	0
<b>Total net assets (liabilities):</b>		<u>2,655</u>	<u>0</u>
<b>Members' funds</b>			
Profit and loss account:		2,655	0
<b>Total members' funds:</b>		<u>2,655</u>	<u>0</u>

The notes form part of these financial statements

# **MINDARIUM C.I.C.**

## **Balance sheet statements**

For the year ending 31 March 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 30 December 2022  
and signed on behalf of the board by:**

Name: Margaret Corkhill  
Status: Director

The notes form part of these financial statements

# **MINDARIUM C.I.C.**

## **Notes to the Financial Statements for the Period Ended 31 March 2022**

### **1. Accounting policies**

#### **Basis of measurement and preparation**

These financial statements have been prepared in accordance with the provisions of Financial Reporting Standard 101

# **MINDARIUM C.I.C.**

## **Notes to the Financial Statements for the Period Ended 31 March 2022**

### **2. Employees**

	<i><b>2022</b></i>	<i><b>2021</b></i>
Average number of employees during the period	<b>0</b>	<b>0</b>



# MINDARIUM C.I.C.

## Notes to the Financial Statements

for the Period Ended 31 March 2022

### 3. Tangible assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Office equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 1 April 2021				0		0
Additions				2,202		2,202
Disposals						
Revaluations						
Transfers						
At 31 March 2022				2,202		2,202
<b>Depreciation</b>						
At 1 April 2021				0		0
Charge for year						
On disposals						
Other adjustments						
At 31 March 2022				0		0
<b>Net book value</b>						
At 31 March 2022				2,202		2,202
At 31 March 2021				0		0

# MINDARIUM C.I.C.

## Notes to the Financial Statements

for the Period Ended 31 March 2022

### 4. Creditors: amounts falling due within one year note

	2022	2021
	£	£
Bank loans and overdrafts		0
Amounts due under finance leases and hire purchase contracts		0
Trade creditors		0
Taxation and social security		0
Accruals and deferred income		0
Other creditors	562	0
Total	<u>562</u>	<u>0</u>

# **MINDARIUM C.I.C.**

## **Notes to the Financial Statements for the Period Ended 31 March 2022**

### **5. Loans to directors**

# COMMUNITY INTEREST ANNUAL REPORT

MINDARIUM C.I.C.

Company Number: 11891300 (England and Wales)

Year Ending: 31 March 2022

## Company activities and impact

Over the last 2 years Mindarium has been voluntarily working in the mental health sector alongside a range of Third Sector and Public Health partners to engage in suicide prevention aimed particularly at the highest demographic of men. 3 out of 4 suicides worldwide and in our own communities are by men, and working with Interlink RCT in 2019, a small ICF grant was obtained to produce a leaflet aimed at this demographic. Due to covid the leaflet went on hold, but engagement continued and the 'See Say Signpost' campaign was taken online at this website created by Mindarium [www.seesaysignpost.info](http://www.seesaysignpost.info) with the aim of empowering people to look for signs in men possibly in distress and how to react. This was initially funded by the ICF grant but in the second year needed funding to continue which was provided by a Micro fund grant by the Pen-y-cymoedd Wind Farm Trust. After the leaflet was finally published (with the ICF funding) in 2021, further engagement took the activity in a more specified direction when Mindarium was contacted by a bereaved mother in Merthyr who set up 4Tom in her son's memory after he took cocaine and alcohol on a night out. Mindarium created a survey which was shared on social media had gathered over 800 responses demonstrating that there was serious concern for this particular issue and very little awareness around the correlation between the two substances and suicide. Mindarium has since joined forces with 2 other organisations from similar profile to 4Tom and created awareness and a project called the Co-alc Alliance. A new website has been created and launched by Mindarium which has already attracted media attention and further awareness along with a crisis response to prevent suicide and reduce harm in persons taking cocaine and alcohol together which creates the dangerous cocaethylene toxin. Further developments will see the Co-Alc Alliance working with the University of South Wales in the 22/23 period - Mindarium is able to support these campaigns from a design and publishing expertise which has already proved to be successful. See [www.co-alc.org](http://www.co-alc.org)

## Consultation with stakeholders

Cwm Taf Morgannwg Suicide and Self Harm Engagement Group Welsh Assembly Cross Party Group for Suicide Prevention South East Wales Regional Forum for Suicide and Self Harm Jacob Abraham Foundation 4Tom Foundation Ginger Heart Foundation Interlink RCT Other stakeholders and co-production partners include GDAS, Barod, Mens Sheds, Samaritans, Papyrus, CALL and Dan 247 Helpline, SOBS, Suicide Bereavement UK, CTM UHB, Recovery Cymru, Kaleidoscope, Eye to Eye Counselling, RCTCBC, MTCBC, Bridgend CBC. <https://www.co-alc.org/background>

## Directors' remuneration

No remuneration was received

## Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on  
**30 December 2022**

And signed on behalf of the board by:

**Name: Margaret Corkhill**

**Status: Director**

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.