

**KNOWLE WEST HEALTH ASSOCIATION**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT AND ACCOUNTS**  
**MARCH 31, 2013**  
**REGISTERED NUMBER 04164235**  
**REGISTERED CHARITY NUMBER 1104429**

TUESDAY



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**KNOWLE WEST HEALTH ASSOCIATION**

**TRUSTEES' REPORT FOR THE YEAR ENDED MARCH 31, 2013**

The Trustees present their report and accounts for the year ended March 31, 2013

**Reference and Administrative Information**

**Charity name:** Knowle West Health Association

**Charity registered number:** 1104429

**Company registration number:** 04164235

**Registered office:**

Filwood Community Centre  
Barnstaple Road  
Knowle  
Bristol  
BS4 1JP

**Trustees/Directors:**

G E Blacker  
C Casey  
K S E Jones  
D R Walker (appointed February 5, 2013)

**Secretary:**

J Croney (appointed September 17, 2012)  
R Jarvis (resigned September 30, 2012)

**Auditors:**

Stone & Partners  
571 Fishponds Road  
Fishponds  
Bristol BS16 3AF

**Bankers:**

HSBC PLC  
Bristol District Service Centre  
Unit 1190 Park Avenue  
Aztec West  
Almondsbury  
Bristol BS32 4AR

Unity Trust Bank plc  
Nine Brindley Place  
Birmingham  
B1 2HB

**KNOWLE WEST HEALTH ASSOCIATION**

**TRUSTEES' REPORT (continued)**

**MARCH 31, 2013**

**Structure, Governance and Management**

**Governing document**

Knowle West Health Association is a charitable company limited by guarantee incorporated on February 20, 2001 and registered as a charity on June 17, 2004. It is governed by its memorandum and articles.

**Directors and trustees**

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees. Trustees are recruited from the local community and appointed by members at the Annual General Meeting as set out in the Articles of Association. No outside party is able to appoint trustees. The trustees who served during the year are listed on page 2.

**Risk management**

The Trustees review the major risks to which the charity is exposed on a regular basis. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the association.

**Objectives and activities for the public benefit**

The purposes of the charity as set out in the objects contained in the company's memorandum of association, as amended on November 18, 2008, are the protection, preservation and promotion of good health in particular but not exclusively for the residents of Knowle West.

**The focus of our activities**

Knowle West Health Association is one of the longest running community organisations in Knowle West and is based at Filwood Community Centre. Our aim is to make Knowle West in particular, but not exclusively, a healthier area in which to live and we want Knowle West Health Association to be a place where people can come with their ideas about how this could happen. KWHHA is run by local people for local people. It is keen that local people's voices should be heard. It encourages local people to be involved in their community and also aims to empower them by giving help and advice. We work in partnership with other agencies both locally and across the city.

**How our activities deliver public benefit**

Our main activities and who we try to help are described below. We have had regard to the guidance contained in the Charity Commission's general guidance on public benefit and we consider that our activities provide benefit to our local community.

## **KNOWLE WEST HEALTH ASSOCIATION**

### **TRUSTEES' REPORT (continued)**

**MARCH 31, 2013**

#### **Achievements and performance**

The charity continues to fulfil its objectives of promoting good health through the work of

#### **The Community Kitchen Project**

The Community Kitchen offers a wide range of healthy cookery courses. Work has been done on a one to one basis as well as with community groups. The Kitchen Co-Coordinator has also worked with schools looking at Healthy Lunch Boxes for children.

#### **It's a Man Thing!**

'It's a Man Thing' is a local men's group keen to promote good health in the Knowle West area. They are trained to undertake blood pressure testing and have produced posters and leaflets which are available on request and displayed in gent's toilets in local clubs.

#### **The Friendship Club**

The Friendship Club provides a weekly opportunity for local residents over the age of 40 to get together to play bingo and have a chat with others over a nice cup of tea! In addition to the weekly bingo, the group goes on a few trips throughout the year, has an Easter Bonnet parade and a Christmas lunch.

The group is led by a dedicated Users Group of which the members are all volunteers giving their time freely to ensure the group runs smoothly.

#### **Advocacy Service**

The Advocacy project offers help to individuals who need support with issues related to their health or social care. The issues which clients request help range from assistance with filling out forms, housing issues, signposting to appropriate services etc.

#### **Footcare sessions**

With funding received, Knowle West Health Association teamed up with a private Foot Health Practitioner to offer good quality, local affordable footcare sessions to older people in Knowle West. Having access to regular footcare can greatly enhance people's physical and mental health and wellbeing as early detection of problems can reduce the risk of infections, enable greater mobility, contribute to increased self esteem, and an overall sense of wellbeing. It can also help to reduce falls and therefore to help maintain older people's independence. Examples of treatment offered include basic footcare needs such as toe nail cutting, to more specialist treatment such as corn, wart, verruca care and ingrown toenails to name but a few. The Foot Health Practitioner also advised on the correct footwear and worked with people with Diabetes.

#### **Let's Grow Community Allotment**

Let's Grow Community Allotment is a new community scheme started in Spring 2012.

Its twofold aim is to produce high quality local fruit and vegetables for the Community Kitchen and local vegetables box scheme and help local people learn to grow and cook their own food in a welcoming and supportive environment.

## **KNOWLE WEST HEALTH ASSOCIATION**

### **TRUSTEES' REPORT (continued)**

**MARCH 31, 2013**

#### **Financial review**

The policy of the trustees is to work towards maintaining unrestricted funds at a level required to meet three months resources expended. Specific projects and activities are not undertaken unless and until funding has been secured

Net expenditure for the year was £5,876 leaving total funds carried forward of £90,330

#### **Plans for future periods**

KWHA hopes to continue the expansion of its work with all members of the community, especially with the Allotment – Lets Grow Project during the forthcoming year. However, future activities depend on securing the necessary funding and the staff continues to work hard in this respect

Knowle West Health Association would cease to function without its dedicated team of Directors, the hard work of its Staff and the support of our Funders to whom we are very grateful

**KNOWLE WEST HEALTH ASSOCIATION**

**TRUSTEES' REPORT (continued)**

**MARCH 31, 2013**

**Trustees' responsibilities**

The Trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Report and financial statements in accordance with applicable law and regulations

Company law requires the Trustees to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period

In preparing these financial statements, the Trustees are required to

- Select suitable accounting policies and then apply them consistently;
- Observe methods and principles in the Charities SORP,
- Make judgements and accounting estimates that are reasonable and prudent,
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

**Auditors**

This above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime in Part 15 of the Companies Act 2006

**BY ORDER OF THE BOARD**



J Croney  
Secretary

## **INDEPENDENT AUDITORS REPORT**

### **TO THE TRUSTEES OF KNOWLE WEST HEALTH ASSOCIATION**

We have audited the financial statements of Knowle West Health Association for the year ended March 31, 2013 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These financial statements have been prepared under the accounting policies set out therein.

This report is made solely to the charity's members, as a body, in accordance with Section 495 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

#### **Respective responsibilities of trustees and auditors**

The trustees' (who are also the directors of the company for the purposes of company law) responsibilities for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and for being satisfied that the charity's financial statements give a true and fair view are set out in the statement of Trustees' responsibilities.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and have been prepared in accordance with the Companies Act 2006.

We also report to you whether in our opinion the information given in the Trustees' Annual report is consistent with the financial statements.

In addition we report to you if, in our opinion, the charity has not kept adequate accounting records, if the charity's financial statements are not in agreement with the accounting records and returns, if we have not received all the information and explanations we require for our audit, or if disclosures of trustees' remuneration specified by law are not made.

We read the Trustees' Annual report and consider the implications for our report if we become aware of any apparent misstatements within it.

**INDEPENDENT AUDITORS' REPORT**

**TO THE TRUSTEES OF KNOWLE WEST HEALTH ASSOCIATION**

(continued)

**Opinion on financial statements**

In our opinion the financial statements

- give a true and fair view of the state of the charitable company's affairs at March 31, 2012 and of its net incoming resources for the year then ended,
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice,
- have been prepared in accordance with the requirements of the Companies Act 2006.

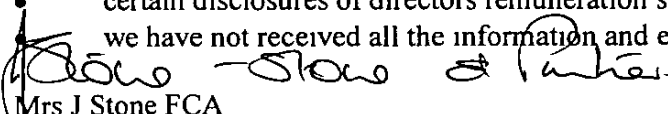
**Opinion on other matters prescribed by the Companies Act 2006**

In our opinion the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion

- adequate accounting records have not been kept, or
- the financial statements are not in agreement with the accounting records, or
- certain disclosures of directors remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit

  
Mrs J Stone FCA

Senior Statutory Auditor

For and on behalf of Stone and Partners

Statutory Auditor

Chartered Accountants

571 Fishponds Road

Fishponds

Bristol

BS16 3AF

Dated .. December 6, 2013



**KNOWLE WEST HEALTH ASSOCIATION**

**STATEMENT OF FINANCIAL ACTIVITIES**  
(including Income and Expenditure Account)

**MARCH 31, 2013**

	Notes	Restricted funds 2013 £	Unrestricted funds 2013 £	Total 2013 £	Total 2012 £
<b>Incoming resources</b>					
<b>Incoming resources from generated funds:</b>					
Voluntary income					
Donations	2	575	101	676	206
Investment income		-	87	87	76
<b>Incoming resources from charitable activities:</b>					
Grants and contracts	3	31,723	44,809	76,532	84,552
Crèche fees		-	-	-	632
Friendship Club activities		4,921	-	4,921	4,657
Community kitchen		1,832	-	1,832	4,258
Other		391	957	1,348	164
Allotment produce		-	341	341	-
<b>Total incoming resources</b>		<u>39,442</u>	<u>46,295</u>	<u>85,737</u>	<u>94,545</u>
<b>Resources expended</b>					
Charitable activities	4	34,884	54,899	89,783	81,261
Governance costs	4	<u>610</u>	<u>1,220</u>	<u>1,830</u>	<u>1,818</u>
<b>Total resources expended</b>		<u>35,494</u>	<u>56,119</u>	<u>91,613</u>	<u>83,079</u>
<b>Net resources expended/incoming resources for the year</b>	5	3,948	(9,824)	(5,876)	11,466
<b>Transfers between funds</b>		(18,305)	18,305	-	-
<b>Reconciliation of funds</b>					
Funds brought forward		<u>30,362</u>	<u>65,844</u>	<u>96,206</u>	<u>84,740</u>
<b>Total funds carried forward</b>		<u>16,005</u>	<u>74,325</u>	<u>90,330</u>	<u>96,206</u>

All incoming resources and resources expended are derived from continuing activities

All gains and losses recognised in the year are included in the statement of financial activities

**KNOWLE WEST HEALTH ASSOCIATION**

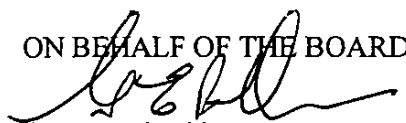
**BALANCE SHEET**

**MARCH 31, 2013**

		2013	2012
	Notes	£	£
<b>Fixed assets</b>			
Tangible assets	6	2,176	1,531
<b>Current assets</b>			
Debtors	7	1,233	1,356
Cash at bank and in hand		<u>93,077</u>	<u>115,768</u>
		94,310	117,124
<b>Creditors: amounts falling due within one year</b>	8	<u>6,156</u>	<u>22,449</u>
Net current assets		<u>88,154</u>	<u>94,675</u>
Total assets less current liabilities		<u>90,330</u>	<u>96,206</u>
<b>Funds</b>			
Restricted funds	9	16,005	30,362
Unrestricted funds	10	<u>74,325</u>	<u>65,844</u>
		<u>90,330</u>	<u>96,206</u>

The accounts have been prepared in accordance with the special provisions for small companies under section 477 of the Companies Act 2006

ON BEHALF OF THE BOARD



Trustee

Date

**KNOWLE WEST HEALTH ASSOCIATION**

**NOTES TO THE ACCOUNTS**

**MARCH 31, 2013**

**1 Accounting policies**

**Accounting convention**

The accounts are prepared under the historical cost convention and in accordance with applicable accounting standards. In preparing the accounts the charity follows best practice as set out in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP), issued in March 2005.

**Cash flow statement**

The company has taken advantage of the exemption available per FRS1 for small companies not to prepare a cash flow statement

**Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal

**Incoming resources**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income

Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable

Investment income is included when receivable

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance

**KNOWLE WEST HEALTH ASSOCIATION**

**NOTES TO THE ACCOUNTS**

**MARCH 31, 2013 (continued)**

**Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of a charity.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

**Depreciation**

Depreciation is provided on all tangible fixed assets, in the year of acquisition, in equal instalments at rates calculated to write off fixed assets over their useful lives, as follows:

Fixtures and fittings	25% per annum reducing balance
Office equipment	33⅓ per annum straight line
Allotment equipment	25% per annum reducing balance

**2 Donations**

	2013 £	2012 £
Sundry	148	206
Nisbet Charitable Trust— allotment equipment	<u>528</u>	<u>—</u>

**KNOWLE WEST HEALTH ASSOCIATION**

**NOTES TO THE ACCOUNTS**

**MARCH 31, 2013 (continued)**

<b>3. Grants and contracts</b>	<b>Restricted funds</b>	<b>Unrestricted funds</b>
	<b>£</b>	<b>£</b>
NHS Bristol. Core funding	-	44,709
Footcare	5,000	-
PAL's Hubs project for Public Health	-	100
Quartet Community Foundation		
Polytunnel	1,000	-
Pantomime	1,052	-
The Bee Lovely Team		
Allotment – Let's Grow project	1,189	-
Coop Community Fund:		
Allotment Let's Grow project	1,195	-
John James Foundation:		
Footcare services	1,000	-
Seasonal Party – Friendship Club Christmas meal	220	-
Lloyds TSB Foundation		
Allotment – Let's Grow project	17,692	-
Avon and Somerset Police		
Operation Beacon	1,875	-
Allotment – Let's Grow project	1,000	-
Filwood, Knowle and Windmill Hill		
Neighbourhood Partnership small grants fund		
Footcare	<u>500</u>	<u>-</u>
	<b><u>31,723</u></b>	<b><u>44,809</u></b>

**KNOWLE WEST HEALTH ASSOCIATION**

**NOTES TO THE ACCOUNTS**

**MARCH 31, 2013 (continued)**

**4. Total resources expended**

**Charitable activities**

	Notes	Restricted funds 2013 £	Unrestricted funds 2013 £	Total 2013 £	Total 2012 £
<b>Costs directly allocated to activities:</b>					
Facilitators fees		-	-	-	1,303
CRB checks		152	261	413	138
Friendship Club activities		1,792	-	1,792	2,158
Crèche equipment and toys		-	-	-	22
Workwear		-	-	-	7
Training		616	671	1,287	308
Project costs					
Kitchen ingredients		2,080	-	2,080	2,078
Footcare		2,688	-	2,688	3,470
Kitchen equipment		100	-	100	178
Christmas pantomime		720	-	720	701
Donations		132	48	180	-
Allotment equipment and consumables		1,568	-	1,568	491
Grants repayable		2,000	-	2,000	-
		<u>11,848</u>	<u>980</u>	<u>12,828</u>	<u>10,854</u>
<b>Staff costs allocated to activities</b>					
Salaries		18,949	45,769	64,718	55,379
Staff pensions		-	18	18	96
		<u>18,949</u>	<u>45,787</u>	<u>64,736</u>	<u>55,475</u>

**KNOWLE WEST HEALTH ASSOCIATION**

**NOTES TO THE ACCOUNTS**  
(continued)

**MARCH 31, 2013**

	Restricted funds 2013 £	Unrestricted funds 2013 £	Total 2013 £	Total 2012 £
<b>Resources expended continued:</b>				
<b>Charitable activities</b>				
<b>Support costs allocated to activities:</b>				
Telephone	192	1,011	1,203	1,843
Printing, postage and stationery	170	776	946	1,075
Insurance	432	810	1,242	1,013
Advertising	400	90	490	210
Computer software & support	77	154	231	579
Office supplies and equipment	-	-	-	92
Repairs and renewals	-	138	138	-
Subscriptions	207	415	622	585
Travel	328	94	422	989
Sundries	162	348	510	302
Bank charges	-	120	120	259
Licences and permits	54	108	162	302
Legal fees	-	-	-	150
Depreciation	575	238	813	1,041
	<u>2,597</u>	<u>4,302</u>	<u>6,899</u>	<u>8,440</u>
Premises				
Rent	1,490	3,283	4,773	5,550
Cleaning	-	547	547	793
Repairs	-	-	-	149
	<u>1,490</u>	<u>3,830</u>	<u>5,320</u>	<u>6,492</u>
Total support costs	<u>4,087</u>	<u>8,132</u>	<u>12,219</u>	<u>14,932</u>
Total charitable activities	<u>34,884</u>	<u>54,899</u>	<u>89,783</u>	<u>81,261</u>
<b>Governance costs</b>				
Audit fees	610	1,220	1,830	1,800
AGM expenses	-	-	-	18
	<u>610</u>	<u>1,220</u>	<u>1,830</u>	<u>1,818</u>
<b>Total resources expended</b>	<u>35,494</u>	<u>56,119</u>	<u>91,613</u>	<u>83,079</u>

**KNOWLE WEST HEALTH ASSOCIATION**

**NOTES TO THE ACCOUNTS**

**MARCH 31, 2013 (continued)**

**5. Net incoming resources**

	2013 £	2012 £
This is stated after charging		
Depreciation of owned assets	813	1,041
Auditors' fees	<u>1,830</u>	<u>1,800</u>

Information regarding trustees and employees

The trustees received no remuneration in the year (2012 Nil)

The average number of employees during the year was as follows -

Full time	0
Part time	8

No employee earned £60,000 per annum or more

**6. Fixed assets**

	Allotment equipment £	Fixtures and fittings £	Office computer equipment £	Total £
<b>Cost</b>				
At April 1, 2012	-	5,554	13,376	18,930
Additions	1,458	-	-	1,458
Disposals	-	-	-	-
At March 31, 2013	<u>1,458</u>	<u>5,554</u>	<u>13,376</u>	<u>20,388</u>
<b>Depreciation</b>				
At April 1, 2012	-	4,755	12,644	17,399
Charge for period	365	199	249	813
Disposals	-	-	-	-
At March 31, 2013	<u>365</u>	<u>4,954</u>	<u>12,893</u>	<u>18,212</u>
<b>Net book value</b>				
March 31, 2013	<u>1,093</u>	<u>600</u>	<u>483</u>	<u>2,176</u>
<b>Net book value</b>				
March 31, 2012	<u>-</u>	<u>799</u>	<u>732</u>	<u>1,531</u>



# KNOWLE WEST HEALTH ASSOCIATION

## NOTES TO THE ACCOUNTS

MARCH 31, 2013 (continued)

### 7 Debtors

	2013 £	2012 £
Trade debtors – grant and other income	-	65
Sundry debtors	219	202
Prepayments	<u>1,014</u>	<u>1,089</u>
	<u>1,233</u>	<u>1,356</u>

### 8 Creditors: amounts falling due within one year

	2013 £	2012 £
Deferred income	1,265	19,567
Other creditors and accruals	2,891	2,882
Grants repayable	<u>2,000</u>	<u>-</u>
	<u>6,156</u>	<u>22,449</u>

Deferred income represents incoming resources received in advance of the provision of charitable activities as follows

	2013 £	2012 £
Grant for Allotment – Let's Grow project 2012/2013	-	17,692
Grant for Operation Beacon	-	1,875
Grant for Allotment – The Bee Lovely Team	715	-
Grant for Allotment – Co op Community Fund	<u>550</u>	<u>-</u>
	<u>1,265</u>	<u>19,567</u>

### 9 Restricted funds

	2013 £	2012 £
At April 1, 2012	30,362	17,750
Incoming resources	39,442	79,324
Resources expended	(35,494)	(69,445)
Transfer (to)/from unrestricted funds	<u>(18,305)</u>	<u>2,733</u>
At March 31, 2013	<u>16,005</u>	<u>30,362</u>

Restricted funds represent grants and other income received and resources expended in respect of projects and activities as set out on page 18

# KNOWLE WEST HEALTH ASSOCIATION

## NOTES TO THE ACCOUNTS

### MARCH 31, 2013 (continued)

#### 9 Restricted funds (continued)

	At April 1, 2012	Incoming resources	Resources expended	Transfers to/from unrestricted funds	Transfers to/from restricted funds	At March 31, 2013
	£	£	£	£	£	£
Bristol City Council Neighbourhood Directorate						
Community Investment Fund	6,518			-6,518		0
Community Kitchen	11,180	1,832	2,126	-10,886		0
It's a Man Thing Smoking Cessation Project	1,657					1,657
Donations and other income	328				-328	0
NHS Bristol 'A Trip You Don't Want to Make'	25				-25	0
Away days	371			-371		0
Pantomime		1,443	951		-492	0
Friendship Club Group	4,506	5,188	3,327			6,367
Footcare Sessions for the Elderly	30	6,500	2,688		450	4,292
Foster Carers Group	653		8		-645	0
Allotment - Let's grow project	1,478	22,076	22,060		1,490	2,984
Reminiscence project	264			-264		0
Pizza and Cola Show	150			-150		0
South Bristol Wellbeing Choir	2,335		2,000		-335	0
Operation Beacon	115	1,875	1,759	-116	-115	0
Office equipment capitalised	752		210			542
Allotment - equipment capitalised		528	365			163
	<b>30,362</b>	<b>39,442</b>	<b>35,494</b>	<b>-18,305</b>	<b>0</b>	<b>16,005</b>

**KNOWLE WEST HEALTH ASSOCIATION**

**NOTES TO THE ACCOUNTS**

**MARCH 31, 2013 (continued)**

**10. Unrestricted funds**

	2013 £	2012 £
At April 1, 2012	65,844	66,990
Transfer (to)/from restricted funds	18,305	(2,733)
Incoming resources	46,295	15,221
Resources expended	<u>56,119</u>	<u>(13,634)</u>
At March 31, 2013	<u>74,325</u>	<u>65,844</u>

Core funding received during the year and included in unrestricted funds incoming resources was as follows -

	£	£
NHS Bristol	<u>44,709</u>	<u>14,775</u>

A contingency fund of £17,404 has been established in case it becomes necessary to wind up the association or any project that requires extraordinary funding at the Board's discretion. Funds will be set aside from time to time as and when they become available.

**11 Related Party Transactions**

The company was under the control of the trustees throughout the current and previous year. No transactions with related parties were undertaken such as are required to be disclosed under Financial Reporting Standard 8.

**12 Analysis of net assets between funds**

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Tangible fixed assets	1,637	539	2,176
Current assets	17,633	76,677	94,310
Current liabilities	<u>3,265</u>	<u>2,891</u>	<u>6,156</u>
	<u>16,005</u>	<u>74,325</u>	<u>90,330</u>