

# **IMPACT COMMUNITY GYM CIC**

**Company limited by guarantee**

**Company Registration Number:  
08880176 (England and Wales)**

**Unaudited statutory accounts for the year ended 28 February 2023**

**Period of accounts**

**Start date: 1 March 2022**

**End date: 28 February 2023**

# **IMPACT COMMUNITY GYM CIC**

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# IMPACT COMMUNITY GYM CIC

## Balance sheet

As at 28 February 2023

	<i>Notes</i>	<i>2023</i>	<i>2022</i>
		£	£
<b>Fixed assets</b>			
Intangible assets:		0	0
Tangible assets:	3	4,396	5,985
Investments:		0	0
<b>Total fixed assets:</b>		<u>4,396</u>	<u>5,985</u>
<b>Current assets</b>			
Stocks:		0	0
Debtors:	4	1,129	1,108
Cash at bank and in hand:		40,501	2,422
Investments:		0	0
<b>Total current assets:</b>		<u>41,630</u>	<u>3,530</u>
Prepayments and accrued income:		0	0
Creditors: amounts falling due within one year:	5	( 1,032 )	( 966 )
<b>Net current assets (liabilities):</b>		<u>40,598</u>	<u>2,564</u>
<b>Total assets less current liabilities:</b>		<u>44,994</u>	<u>8,549</u>
Creditors: amounts falling due after more than one year:		0	0
Provision for liabilities:		0	0
Accruals and deferred income:		( 41,417 )	( 1,524 )
<b>Total net assets (liabilities):</b>		<u>3,577</u>	<u>7,025</u>
<b>Members' funds</b>			
Profit and loss account:		3,577	7,025
<b>Total members' funds:</b>		<u>3,577</u>	<u>7,025</u>

The notes form part of these financial statements

# IMPACT COMMUNITY GYM CIC

## Balance sheet statements

For the year ending 28 February 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have chosen not to file a copy of the company's profit and loss account.

**This report was approved by the board of directors on 19 October 2023  
and signed on behalf of the board by:**

Name: Jacqueline Oakes  
Status: Director

The notes form part of these financial statements

# **IMPACT COMMUNITY GYM CIC**

## **Notes to the Financial Statements**

**for the Period Ended 28 February 2023**

### **1. Accounting policies**

#### **Basis of measurement and preparation**

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

#### **Turnover policy**

Turnover comprises the fair value of the consideration received or receivable for the sale of goods and services in the ordinary course of the company's activities. The company recognises revenue when: The amount of revenue can be reliably measured; it is probable that future economic benefits will flow to the entity; and specific criteria have been met for each of the company's activities.

#### **Tangible fixed assets depreciation policy**

Depreciation is charged so as to write off the cost of assets, other than land and properties under construction, over their estimated useful lives as follows: Office equipment - 33% on cost Plant and machinery - 33% on cost

# IMPACT COMMUNITY GYM CIC

## Notes to the Financial Statements for the Period Ended 28 February 2023

### 2. Employees

	2023	2022
Average number of employees during the period	3	3

# IMPACT COMMUNITY GYM CIC

## Notes to the Financial Statements

for the Period Ended 28 February 2023

### 3. Tangible assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Office equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 1 March 2022		23,402				23,402
Additions		420				420
Disposals						
Revaluations						
Transfers						
At 28 February 2023		23,822				23,822
<b>Depreciation</b>						
At 1 March 2022		17,417				17,417
Charge for year		2,009				2,009
On disposals						
Other adjustments						
At 28 February 2023		19,426				19,426
<b>Net book value</b>						
At 28 February 2023		4,396				4,396
At 28 February 2022		5,985				5,985

# IMPACT COMMUNITY GYM CIC

## Notes to the Financial Statements

for the Period Ended 28 February 2023

### 4. Debtors

	2023	2022
	£	£
Trade debtors	0	0
Prepayments and accrued income	0	0
Other debtors	1,129	1,108
Total	<u>1,129</u>	<u>1,108</u>
Debtors due after more than one year:	0	0

# IMPACT COMMUNITY GYM CIC

## Notes to the Financial Statements

for the Period Ended 28 February 2023

### 5. Creditors: amounts falling due within one year note

	2023	2022
	£	£
Bank loans and overdrafts	0	0
Amounts due under finance leases and hire purchase contracts	0	0
Trade creditors	457	100
Taxation and social security	210	93
Other creditors	365	773
Total	<u>1,032</u>	<u>966</u>

# COMMUNITY INTEREST ANNUAL REPORT

## IMPACT COMMUNITY GYM CIC

Company Number: 08880176 (England and Wales)

Year Ending: 28 February 2023

### Company activities and impact

The company runs a community gym with the emphasis on providing accessible and affordable fitness for all, benefitting the community in the following ways: 1) providing free access to the gym with help and advice always to hand 2) giving structured classes to groups, such as: a) probation services b) Princes Trust c) Young offenders d) People with disabilities 3) working alongside the police to help keep people fit and healthy and away from crime 4) working with community groups to provide fitness sessions for people with disabilities 5) providing classes for the general public

### Consultation with stakeholders

The stakeholders are IOM north (probation) staffordshire police force The Princes trust The NHS Headways Landau All stakeholders have been asked for and have given feedback on our services. The feedback has been used to improve the services. The directors are local, living in stoke on trent. The directors have monthly meetings to discuss plans for the future and ideas of improvement for the services.

### Directors' remuneration

A salary of £18,208 was paid to Ms J Oakes during the year

### Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on  
**19 October 2023**

And signed on behalf of the board by:

**Name: Jacqueline Oakes**

**Status: Director**

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.