

KNOWLE WEST HEALTH ASSOCIATION

(A COMPANY LIMITED BY GUARANTEE)

REPORT AND ACCOUNTS

MARCH 31, 2015

REGISTERED NUMBER 04164235

REGISTERED CHARITY NUMBER 1104429

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KNOWLE WEST HEALTH ASSOCIATION

TRUSTEES' REPORT FOR THE YEAR ENDED MARCH 31, 2015

~~The Trustees present their report and accounts for the year ended March 31, 2015~~

Reference and Administrative Information

Charity name: Knowle West Health Association

Charity registered number: 1104429

Company registration number: 04164235

Registered office:

49B Filwood Broadway
Knowle West
Bristol
BS4 1JL

Trustees/Directors:

G E Blacker
C Casey
K S E Jones
D Walker (resigned November 4, 2014)

Secretary:

J Croney

Auditors:

Stone & Partners
571 Fishponds Road
Fishponds
Bristol BS16 3AF

Bankers:

HSBC PLC
Bristol District Service Centre
Unit 1190 Park Avenue
Aztec West
Almondsbury
Bristol BS32 4AR

Unity Trust Bank plc
Nine Brindley Place
Birmingham
B1 2HB

The Co-operative Bank
PO Box 250
Skelmersdale
WN8 6WT

KNOWLE WEST HEALTH ASSOCIATION

TRUSTEES' REPORT (continued)

MARCH 31, 2015

Structure, Governance and Management

Governing document

Knowle West Health Association is a charitable company limited by guarantee incorporated on February 20, 2001 and registered as a charity on June 17, 2004. It is governed by its memorandum and articles.

Directors and trustees

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees. Trustees are recruited from the local community and appointed by members at the Annual General Meeting as set out in the Articles of Association. No outside party is able to appoint trustees. The trustees who served during the year are listed on page 2.

Risk management

The Trustees review the major risks to which the charity is exposed on a regular basis. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the association.

Objectives and activities for the public benefit

The purposes of the charity as set out in the objects contained in the company's memorandum of association, as amended on November 18, 2008, are the protection, preservation and promotion of good health in particular but not exclusively for the residents of Knowle West.

The focus of our activities

Knowle West Health Association is one of the longest running community organisations in Knowle West. Our aim is to make Knowle West in particular, but not exclusively, a healthier area in which to live and we want Knowle West Health Association to be a place where people can come with their ideas about how this could happen. KWHa is run by local people for local people. It is keen that local peoples' voices should be heard. It encourages local people to be involved in their community and also aims to empower them by giving help and advice. We work in partnership with other agencies both locally and across the city.

How our activities deliver public benefit

Our main activities and who we try to help are described below. We have had regard to the guidance contained in the Charity Commission's general guidance on public benefit and we consider that our activities provide benefit to our local community.

- Acting as a forum for discussion with local health professionals about the needs of the area.
- Identifying those areas of health provision, which most need improvement in the community, in partnership with local health professionals, work towards achieving those improvements.
- Enabling local people to have a forum for discussion to decide what kinds of health services they want, and to act as a pressure group to achieve them.
- Providing a supportive and comfortable meeting space for local people.

KNOWLE WEST HEALTH ASSOCIATION

TRUSTEES' REPORT (continued)

MARCH 31, 2015

- Offering aid and assistance to local people wishing to set up their own self-help services in the area in relation to health and well-being.
- Encouraging centrally based, or citywide organisations to set up local service points in the Area of Benefit.
- Organising regular meetings between local groups, individuals and health professionals

Achievements and performance

U Matter project

A grant of £279,149, to be spread over five years, has been secured from the Big Lottery Fund's Reaching Communities programme and this has enabled the Association to continue to fulfil its objectives of promoting good health through the work of:

Let's Grow Community Allotment

Let's Grow is a community food growing project occupying 1.3 acres of land on the Springfield allotments with a fantastic view over the northern slopes to Bedminster and the suspension bridge beyond.

Our aim is to learn to grow great tasting local fruit and vegetables and enjoy eating them together straight off the plot.

As well as our fruit and vegetable beds, we grow plants, herbs, make hanging baskets, and have chickens that produce eggs, all of which are for sale.

Some of the activities on offer:

- Chicken rearing
- Growing both traditional and unusual vegetables
- Helping to plant, grow and develop our orchard
- Growing and seed planting in our polytunnel
- Building sheds, raised beds, outdoor kitchen/classroom and other woodwork and construction activities
- Outdoor cookery sessions
- Gardening courses
- Creating a children's play space and picnic area
- Developing our pond and wildlife area
- Help preserve our beehive and learn about the craft of beekeeping
- Become part of the allotment steering group

Knowle West Health Associations Let's Grow Community Allotment has been awarded the RHS It's Your Neighbourhood Award and a Community Achievement Award from the Bristol City Council for its continued effort in engaging local people with its community allotment project.

KNOWLE WEST HEALTH ASSOCIATION

TRUSTEES' REPORT (continued)

MARCH 31, 2015

The Friendship Club

The Friendship Club provides a weekly opportunity for local residents over the age of 40 to get together to play bingo and have a chat with others over a nice cup of tea! There is also an option come 12pm for members to cook their own lunch with one of the Associations chefs in the Community Kitchen, with a different recipe learnt each week. In addition to the weekly bingo and cooking sessions, the group goes on a few trips throughout the year, has an Easter Bonnet parade and a Christmas lunch.

The group is led by a dedicated Users Group of which the members are all volunteers giving their time freely to ensure the group runs smoothly.

Footcare sessions

After running a successful pilot scheme, the Association was able to secure funding to work in partnership with the private sector to offer affordable footcare sessions for Knowle West residents over the age of 65.

Private sessions are known for being extremely costly which proves a barrier for people on low income and therefore often excluding the people who need it the most. With the help of funding received, and with working in partnership with a private Foot Health Practitioner, we are able to offer footcare sessions for a small nominal fee per person per session.

So if you, or someone you know, are a Knowle West resident over 65 (or if you have diabetes and are over 50) and in need of help with your feet, then please contact us. Sessions are held on an appointment basis only at Filwood Community Centre, Knowle West Health Park, and The Park.

Community kitchen

The purpose built community kitchen was added and up and running by January 2015. The kitchen aims to work with as many areas of the community as possible, in particular those who slip through the net, those who are socially isolated and not already engaging with other services.

Free Counselling service

From March 23rd 2015 a new counselling service has been set up by 2 members of staff who are on student placement with Knowle West Health Association. This is completely free to the community and the staff members volunteer their own time to see 3 clients each per week.

KNOWLE WEST HEALTH ASSOCIATION

TRUSTEES' REPORT (continued)

MARCH 31, 2015

Charity Challenge

The Charity Challenge courses that we offer set out to guide and supervise a small team of up to eight 14-16 year olds through preparation for, and completion of a sponsored physical Charitable Challenge. The Charity Challenge can include entering an established sporting event, such as a 10K run, a Tough Man Competition, or a Cycling Event. Alternatively participants may decide to organise their own Challenge such as climbing Mount Snowdon.

In addition to the Charity Challenge participants will lead on setting up a fundraising event open to the local community. This can involve arranging a fundraising football tournament, or perhaps a family fun day. Ultimately the event will be led by participants, and the type of event that will take place will be for the group to decide. The experience for those partaking will include:

- Planning and partaking in training sessions for the Charity Challenge
- Completing a Charity Challenge as part of a residential trip
- Planning and organising a fundraising event
- Volunteering for their chosen local charity
- Media training to set up an online blog page to keep a log of experiences and share achievements
- Health and nutrition sessions with Knowle West Health Associations Community chefs, including cooking

On completion of the Challenge participants will be referred to the National Citizen Service that will be a natural progression offering opportunities for young people to be involved in social action projects, to meet new people, and to gain new experiences.

Financial review

Net expenditure for the year was £(18,233) leaving total funds carried forward of £95,306.

The policy of the trustees is to work towards maintaining unrestricted funds at a level required to meet three months resources expended. Specific projects and activities are not undertaken unless and until funding has been secured.

Plans for future periods

KWHA hopes to continue the expansion of its work with all members of the community, especially with the Allotment – Lets Grow Project during the forthcoming year. However, future activities depend on securing the necessary funding and the staff continues to work hard in this respect.

Knowle West Health Association would cease to function without its dedicated team of Directors, the hard work of its Staff and the support of our Funders to whom we are very grateful.

KNOWLE WEST HEALTH ASSOCIATION

TRUSTEES' REPORT (continued)

MARCH 31, 2015

Trustees' responsibilities

The Trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Report and financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe methods and principles in the Charities SORP;
- Make judgements and accounting estimates that are reasonable and prudent;
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime in Part 15 of the Companies Act 2006.

BY ORDER OF THE BOARD

C. Casey

C. CASEY

.....
J. Groney CHAIR PERSON
~~Secretary~~

INDEPENDENT AUDITORS REPORT

TO THE TRUSTEES OF KNOWLE WEST HEALTH ASSOCIATION

We have audited the financial statements of Knowle West Health Association for the year ended March 31, 2015 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These financial statements have been prepared under the accounting policies set out therein.

This report is made solely to the charity's members, as a body, in accordance with Section 495 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

The trustees' (who are also the directors of the company for the purposes of company law) responsibilities for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and for being satisfied that the charity's financial statements give a true and fair view are set out in the statement of Trustees responsibilities.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and have been prepared in accordance with the Companies Act 2006.

We also report to you whether in our opinion the information given in the Trustee' Annual report is consistent with the financial statements.

In addition we report to you if, in our opinion, the charity has not kept adequate accounting records, if the charity's financial statements are not in agreement with the accounting records and returns, if we have not received all the information and explanations we require for our audit, or if disclosures of trustees' remuneration specified by law are not made.

We read the Trustees' Annual report and consider the implications for our report if we become aware of any apparent misstatements within it.

INDEPENDENT AUDITORS' REPORT

TO THE TRUSTEES OF KNOWLE WEST HEALTH ASSOCIATION

(continued)

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs at March 31, 2015 and of its net incoming resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or
- the financial statements are not in agreement with the accounting records, or
- certain disclosures of directors remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Mrs J Stone FCA

Senior Statutory Auditor

For and on behalf of Stone and Partners

Statutory Auditor

Chartered Accountants

571 Fishponds Road

Fishponds

Bristol

BS16 3AF

Dated.....10/12/2015

KNOWLE WEST HEALTH ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account)

MARCH 31, 2015

	Notes	Restricted funds 2015 £	Unrestricted funds 2015 £	Total 2015 £	Total 2014 £
Incoming resources					
Incoming resources from generated funds:					
Voluntary income:					
Donations	2	2,463	1,050	3,513	200
Investment income		-	82	82	73
Incoming resources from charitable activities:					
Grants and contracts	3	77,900	49,709	127,609	131,134
Friendship Club activities		4,525	-	4,525	5,133
Community kitchen		2,037	-	2,037	2,798
Allotment produce		3,123	-	3,123	1,347
Footcare		500	-	500	-
Wellbeing		40	-	40	-
Other		-	216	216	922
Total incoming resources		<u>90,588</u>	<u>51,057</u>	<u>141,645</u>	<u>141,607</u>
Resources expended					
Charitable activities	4	139,407	18,611	158,018	116,545
Governance costs	4	<u>1,860</u>	<u>-</u>	<u>1,860</u>	<u>1,853</u>
Total resources expended		<u>141,267</u>	<u>18,611</u>	<u>159,878</u>	<u>118,398</u>
Net resources expended/incoming resources for the year	5	(50,679)	32,446	(18,233)	23,209
Transfers between funds		49,709	(49,709)	-	-
Reconciliation of funds					
Funds brought forward		<u>40,144</u>	<u>73,395</u>	<u>113,539</u>	<u>90,330</u>
Total funds carried forward		<u>39,174</u>	<u>56,132</u>	<u>95,306</u>	<u>113,539</u>

All incoming resources and resources expended are derived from continuing activities.

All gains and losses recognised in the year are included in the statement of financial activities.

KNOWLE WEST HEALTH ASSOCIATION

BALANCE SHEET

MARCH 31, 2015

		2015	2014
	Notes	£	£
Fixed assets			
Tangible assets	6	2,873	5,713
Current assets			
Debtors	7	286	5,259
Cash at bank and in hand		<u>96,184</u>	<u>110,611</u>
		96,470	115,870
Creditors: amounts falling due within one year	8	<u>4,037</u>	<u>8,044</u>
Net current assets		<u>92,433</u>	<u>107,826</u>
Total assets less current liabilities		<u>95,306</u>	<u>113,539</u>
Funds			
Restricted funds	9	39,174	40,144
Unrestricted funds	10	<u>56,132</u>	<u>73,395</u>
		<u>95,306</u>	<u>113,539</u>

The accounts have been prepared in accordance with the special provisions for small companies under section 477 of the Companies Act 2006.

ON BEHALF OF THE BOARD



Trustee

G. BLACKER

Date:

09/12/2015

KNOWLE WEST HEALTH ASSOCIATION

NOTES TO THE ACCOUNTS

MARCH 31, 2015

1. Accounting policies

Accounting convention

The accounts are prepared under the historical cost convention and in accordance with applicable accounting standards. In preparing the accounts the charity follows best practice as set out in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP), issued in March 2005.

Cash flow statement

The company has taken advantage of the exemption available per FRS1 for small companies not to prepare a cash flow statement

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.

Investment income is included when receivable.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

KNOWLE WEST HEALTH ASSOCIATION

NOTES TO THE ACCOUNTS

MARCH 31, 2015 (continued)

Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of a charity.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Depreciation

Depreciation is provided on all tangible fixed assets, in the year of acquisition, in equal instalments at rates calculated to write off fixed assets over their useful lives, as follows:

Fixtures and fittings	25% per annum reducing balance
Office equipment	33⅓ per annum straight line
Allotment equipment	25% per annum reducing balance

2. Donations

	Restricted	Unrestricted	2015 Total	2014 Total
	£	£	£	£
Sundry	2,463	1,050	3,513	100
Chickens	-	-	-	100
	<u>2,463</u>	<u>1,050</u>	<u>3,513</u>	<u>200</u>

KNOWLE WEST HEALTH ASSOCIATION

NOTES TO THE ACCOUNTS

MARCH 31, 2015 (continued)

3. Grants and contracts	Restricted funds	Unrestricted funds
	£	£
Bristol City Council - Public Health:		
Core funding	-	49,709
- Footcare	500	-
Big Lottery Fund U Matter:		
Core funding	44,816	-
Capital equipment	15,526	-
Medlock Charitable Trust - Allotment	2,000	-
Van Neste Foundation - Allotment	5,000	-
Avon & Somerset Police - Allotment	100	-
- Charity Challenge	1,500	-
Freemasons - Allotment	500	-
Merchant Venturers - Allotment	3,000	-
Bramble Charitable Trust - Allotment	1,000	-
John James Foundation:		
Seasonal Party - Friendship Club Christmas meal	240	-
Knowle West Health Park:		
Wellbeing - Gardening courses	<u>3,718</u>	<u>-</u>
	<u>77,900</u>	<u>49,709</u>

KNOWLE WEST HEALTH ASSOCIATION

NOTES TO THE ACCOUNTS

MARCH 31, 2015 (continued)

4. Total resources expended

Charitable activities

	Notes	Restricted funds 2015 £	Unrestricted funds 2015 £	Total 2015 £	Total 2014 £
Costs directly allocated to activities:					
DBS checks		-	-	-	108
Friendship Club activities		1,170	-	1,170	1,725
Workwear		-	-	-	201
Training		4,720	53	4,773	447
Project costs:					
Kitchen ingredients		4,714	-	4,714	3,172
Footcare		3,165	-	3,165	3,095
Kitchen equipment		977	-	977	523
Donations		-	-	-	130
Allotment equipment and consumables		1,693	-	1,693	1,879
Charity Challenge		1,009	-	1,009	1,304
		<u>17,448</u>	<u>53</u>	<u>17,501</u>	<u>12,584</u>
Staff costs allocated to activities					
Salaries		78,870	-	78,870	78,526
Redundancy payments		<u>2,758</u>	<u>-</u>	<u>2,758</u>	<u>-</u>
		<u>99,076</u>	<u>53</u>	<u>99,129</u>	<u>91,110</u>

KNOWLE WEST HEALTH ASSOCIATION

NOTES TO THE ACCOUNTS (continued)

MARCH 31, 2015

	Restricted funds 2015 £	Unrestricted funds 2015 £	Total 2015 £	Total 2014 £
Resources expended continued:				
Charitable activities				
Support costs allocated to activities:				
Telephone	1,988	-	1,988	1,905
Printing, postage and stationery	1,060	-	1,060	1,121
Insurance	1,178	-	1,178	1,081
Advertising	-	-	-	50
Computer software & support	424	-	424	615
Office supplies and equipment	176	-	176	20
Repairs and renewals	140	-	140	156
Bookkeeping and payroll	2,495	-	2,495	-
Subscriptions	50	-	50	60
Travel	308	-	308	1,381
Refreshments	427	-	427	-
Sundries including workwear	1,005	591	1,596	84
Bank charges	160	309	469	215
Professional fees	373	50	423	-
Licences and permits	-	-	-	979
Consumables	-	-	-	476
Depreciation	950	1,890	2,840	2,898
U Matter capital	16,026	-	16,026	866
Income generator	-	-	-	3,814
	<u>26,760</u>	<u>2,840</u>	<u>29,600</u>	<u>15,721</u>
Premises:				
Rent	11,417	-	11,417	7,211
Cleaning	822	-	822	142
Utilities	1,130	-	1,130	2,361
Moving expenses	202	15,718	15,920	-
	<u>13,571</u>	<u>15,718</u>	<u>29,289</u>	<u>9,714</u>
Total support costs	<u>40,331</u>	<u>18,558</u>	<u>58,889</u>	<u>25,435</u>
Total charitable activities	<u>139,407</u>	<u>18,611</u>	<u>158,018</u>	<u>116,545</u>
Governance costs				
Audit fees	1,860	-	1,860	1,853
Total resources expended	<u>141,267</u>	<u>18,611</u>	<u>159,878</u>	<u>118,398</u>

KNOWLE WEST HEALTH ASSOCIATION

NOTES TO THE ACCOUNTS

MARCH 31, 2015 (continued)

5. Net incoming resources

2015	2014
£	£

This is stated after charging:

Depreciation of owned assets	2,840	2,898
Auditors' fees	<u>1,860</u>	<u>1,853</u>

Information regarding trustees and employees

The trustees received no remuneration in the year (2014 Nil)

The average number of employees during the year was as follows:-

Full time	0
Part time	9

No employee earned £60,000 per annum or more.

6. Fixed assets

	Allotment equipment £	Kitchen equipment £	Fixtures and fittings £	Office computer equipment £	Total £
Cost					
At April 1, 2014	1,458	99	5,554	19,712	26,823
Additions					
Disposals	-	-	-	-	-
At March 31, 2015	<u>1,458</u>	<u>99</u>	<u>5,554</u>	<u>19,712</u>	<u>26,823</u>
Depreciation					
At April 1, 2014	729	25	5,104	15,252	21,110
Charge for period	365	18	112	2,345	2,840
Disposals	-	-	-	-	-
At March 31, 2015	<u>1,094</u>	<u>43</u>	<u>5,216</u>	<u>17,597</u>	<u>23,950</u>
Net book value					
March 31, 2015	<u>364</u>	<u>56</u>	<u>338</u>	<u>2,115</u>	<u>2,873</u>
Net book value					
March 31, 2014	<u>729</u>	<u>74</u>	<u>450</u>	<u>4,460</u>	<u>5,713</u>

KNOWLE WEST HEALTH ASSOCIATION

NOTES TO THE ACCOUNTS

MARCH 31, 2015 (continued)

7. Debtors

	2015 £	2014 £
Trade debtors – grant and other income	120	4,192
Sundry debtors	-	901
Prepayments	<u>166</u>	<u>166</u>
	<u>286</u>	<u>5,259</u>

8. Creditors: amounts falling due within one year

	2015 £	2014 £
Deferred income	-	4,514
Other creditors and accruals	<u>4,037</u>	<u>3,530</u>
	<u>4,037</u>	<u>8,044</u>

Deferred income represents incoming resources received in advance of the provision of charitable activities as follows:

	2015 £	2014 £
U Matter Lottery fund	<u>-</u>	<u>4,514</u>

9. Restricted funds

	2015 £	2014 £
At April 1, 2014	40,144	16,005
Incoming resources	90,588	90,122
Resources expended	(141,267)	(71,966)
Transfer (to)/from unrestricted funds	<u>49,709</u>	<u>5,983</u>
At March 31, 2015	<u>39,174</u>	<u>40,144</u>

Restricted funds represent grants and other income received and resources expended in respect of projects and activities as set out on page 19.

KNOWLE WEST HEALTH ASSOCIATION

NOTES TO THE ACCOUNTS

MARCH 31, 2015 (continued)

9 Restricted funds (continued)

	At April 1, 2014	Incoming resources	Resources expended	Transfers to/from unrestricted funds	Transfers to/from restricted funds	At March 31, 2015
	£	£	£	£	£	£
U Matter Big Lottery Fund	16,476	60,342	70,278	-	-	6,540
Community Kitchen	1,261	2,037	51,151	49,709	-	1,856
It's a Man Thing Smoking Cessation Project:	1,657	-	-	-	-	1,657
Friendship Club Group	9,576	4,765	4,384	-	-	9,957
Footcare Sessions for the Elderly	6,197	1,000	3,165	-	-	4,032
Allotment	1,050	14,848	6,790	-	-	9,108
Wellbeing	2,483	3,758	2,201	-	-	4,040
Charity Challenge	351	3,838	2,786	-	-	1,403
Office equipment capitalised	365	-	147	-	-	218
Allotment - equipment capitalised	728	-	365	-	-	363
	40,144	90,588	141,267	49,709	-	39,174

KNOWLE WEST HEALTH ASSOCIATION

NOTES TO THE ACCOUNTS

MARCH 31, 2015 (continued)

10. Unrestricted funds

	2015 £	2014 £
At April 1, 2014	73,395	74,325
Transfer (to)/from restricted funds	(49,709)	(5,983)
Incoming resources	51,057	51,485
Resources expended	<u>18,611</u>	<u>46,432</u>
At March 31, 2015	<u>56,132</u>	<u>73,395</u>

Core funding received during the year and included in unrestricted funds incoming resources was as follows:-

	£	£
NHS Bristol:	<u>49,709</u>	<u>49,709</u>

A contingency fund of £46,380 has been established in case it becomes necessary to wind up the association or any project that requires extraordinary funding at the Board's discretion. Funds will be set aside from time to time as and when they become available.

11. Related Party Transactions

The company was under the control of the trustees throughout the current and previous year. No transactions with related parties were undertaken such as are required to be disclosed under Financial Reporting Standard 8.

12. Analysis of net assets between funds

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Tangible fixed assets	1,024	1,849	2,873
Current assets	38,150	58,320	96,470
Current liabilities	<u>-</u>	<u>4,037</u>	<u>4,037</u>
	<u>39,174</u>	<u>56,132</u>	<u>95,306</u>