

**Registered Number 04456530**

**BODYSTRETCH (UK) LIMITED**

**Abbreviated Accounts**

**30 June 2013**

## Abbreviated Balance Sheet as at 30 June 2013

	<i>Notes</i>	<i>2013</i>	<i>2012</i>
		£	£
<b>Fixed assets</b>			
Tangible assets	2	786,459	784,857
		<u>786,459</u>	<u>784,857</u>
<b>Current assets</b>			
Stocks		148,780	256,410
Debtors		768,989	373,113
Cash at bank and in hand		180	962
		<u>917,949</u>	<u>630,485</u>
<b>Creditors: amounts falling due within one year</b>		<u>(1,321,704)</u>	<u>(1,060,368)</u>
<b>Net current assets (liabilities)</b>		<u>(403,755)</u>	<u>(429,883)</u>
<b>Total assets less current liabilities</b>		<u>382,704</u>	<u>354,974</u>
<b>Total net assets (liabilities)</b>		<u>382,704</u>	<u>354,974</u>
<b>Capital and reserves</b>			
Called up share capital	2	2	2
Profit and loss account		382,702	354,972
<b>Shareholders' funds</b>		<u>382,704</u>	<u>354,974</u>

- For the year ending 30 June 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 11 November 2013

And signed on their behalf by:

**O Nadeem, Director**

## Notes to the Abbreviated Accounts for the period ended 30 June 2013

## 1 Accounting Policies

**Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

**Turnover policy**

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

**Valuation information and policy**

Stock is valued at the lower of cost and net realisable value.

## 2 Tangible fixed assets

	£
<b>Cost</b>	
At 1 July 2012	784,857
Additions	1,602
Disposals	-
Revaluations	-
Transfers	-
At 30 June 2013	<u>786,459</u>
<b>Depreciation</b>	
At 1 July 2012	-
Charge for the year	-
On disposals	-
At 30 June 2013	<u>-</u>
<b>Net book values</b>	
At 30 June 2013	<u><u>786,459</u></u>
At 30 June 2012	<u><u>784,857</u></u>

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