

# **CALSO HEALTH AND FITNESS CLUB LIMITED**

**Company Registration Number:  
06374587 (England and Wales)**

## **Abbreviated (Unaudited) Accounts**

### **Period of accounts**

**Start date: 01st October 2011**

**End date: 30th September 2012**

SUBMITTED

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# **CALSO HEALTH AND FITNESS CLUB LIMITED**

## **Company Information for the Period Ended 30th September 2012**

|                                     |  |
|-------------------------------------|--|
| <b>Director:</b>                    | Gary Nicholas<br>R nicholas                          |
| <b>Registered office:</b>           | 28-30 Letchworth Drive<br>Bromley<br>Kent<br>BR2 9BE |
| <b>Company Registration Number:</b> | 06374587 (England and Wales)                         |

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# CALSO HEALTH AND FITNESS CLUB LIMITED

## Abbreviated Balance sheet As at 30th September 2012

|  | Notes | 2012<br>£         | 2011<br>£         |
|--|-------|-------------------|-------------------|
| <b>Fixed assets</b>                            |       |                   |                   |
| Tangible assets:                               | 2     | 2,341             | 9,140             |
| <b>Total fixed assets:</b>                     |       | <u>2,341</u>      | <u>9,140</u>      |
| <b>Current assets</b>                          |       |                   |                   |
| Debtors:                                       |       | 13,229            | 4,931             |
| <b>Total current assets:</b>                   |       | <u>13,229</u>     | <u>4,931</u>      |
| <b>Creditors</b>                               |       |                   |                   |
| Creditors: amounts falling due within one year |       | 15,445            | 13,941            |
| <b>Net current assets (liabilities):</b>       |       | <u>( 2,216 )</u>  | <u>( 9,010 )</u>  |
| <b>Total assets less current liabilities:</b>  |       | 125               | 130               |
| <b>Total net assets (liabilities):</b>         |       | <u><u>125</u></u> | <u><u>130</u></u> |

The notes form part of these financial statements

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# CALSO HEALTH AND FITNESS CLUB LIMITED

## Abbreviated Balance sheet As at 30th September 2012 continued

|                                  | Notes | 2012<br>£  | 2011<br>£  |
|----------------------------------|-------|------------|------------|
| <b>Capital and reserves</b>      |       |            |            |
| Called up share capital:         | 3     | 100        | 100        |
| Profit and Loss account:         |       | 25         | 30         |
| <b>Total shareholders funds:</b> |       | <u>125</u> | <u>130</u> |

For the year ending 30 September 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 12 June 2013

### SIGNED ON BEHALF OF THE BOARD BY:

Name: Gary Nicholas

Status: Director

The notes form part of these financial statements

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# **CALSO HEALTH AND FITNESS CLUB LIMITED**

## **Notes to the Abbreviated Accounts for the Period Ended 30th September 2012**

### **1. Accounting policies**

#### **Basis of measurement and preparation of accounts**

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

#### **Turnover policy**

Turnover comprises the invoiced value of goods and services supplied by the company, excluding Value Added Tax and trade discounts.

#### **Tangible fixed assets depreciation policy**

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation has been provided at the following rates in order to write off the tangible fixed assets over their estimated useful lives: Plant and equipment 20% straight line method

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# CALSO HEALTH AND FITNESS CLUB LIMITED

## Notes to the Abbreviated Accounts for the Period Ended 30th September 2012

### 2. Tangible assets

|                         | Total    |
|-------------------------|----------|
| <b>Cost</b>             | <b>£</b> |
| At 01st October 2011:   | 33,996   |
| At 30th September 2012: | 33,996   |
| <b>Depreciation</b>     |          |
| At 01st October 2011:   | 24,856   |
| Charge for year:        | 6,799    |
| At 30th September 2012: | 31,655   |
| <b>Net book value</b>   |          |
| At 30th September 2012: | 2,341    |
| At 30th September 2011: | 9,140    |

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# CALSO HEALTH AND FITNESS CLUB LIMITED

## Notes to the Abbreviated Accounts for the Period Ended 30th September 2012

### 3. Called up share capital

Allotted, called up and paid

| Previous period      |                  |                         | 2011       |
|----------------------|------------------|-------------------------|------------|
| Class                | Number of shares | Nominal value per share | Total      |
| Ordinary shares:     | 100              | 1.00                    | 100        |
| Total share capital: |                  |                         | <u>100</u> |
| Current period       |                  |                         | 2012       |
| Class                | Number of shares | Nominal value per share | Total      |
| Ordinary shares:     | 100              | 1.00                    | 100        |
| Total share capital: |                  |                         | <u>100</u> |

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