

CALM SOLUTIONS LIMITED
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2018

CALM SOLUTIONS LIMITED
UNAUDITED ACCOUNTS
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CALM SOLUTIONS LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2018

Director	Andrew Clowe
Company Number	4718515 (England and Wales)
Registered Office	11 Hollands Road Henfield West Sussex BN5 9UJ
Accountants	F D Accountancy Display House North Street Portslade East Sussex BN41 1DH

CALM SOLUTIONS LIMITED
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2018

	Notes	2018 £	2017 £
Fixed assets			
Tangible assets	<u>4</u>	71	91
Current assets			
Debtors	5	-	150
Cash at bank and in hand		-	38
		<u>-</u>	<u>188</u>
Creditors: amounts falling due within one year	<u>6</u>	(1,903)	(1,724)
Net current liabilities		<u>(1,903)</u>	<u>(1,536)</u>
Net liabilities		(1,832)	(1,445)
Capital and reserves			
Called up share capital	<u>7</u>	2	2
Profit and loss account		(1,834)	(1,447)
Shareholders' funds		<u>(1,832)</u>	<u>(1,445)</u>

For the year ending 31 March 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the Board on 4 December 2018.

Andrew Clowe
Director

Company Registration No. 4718515

CALM SOLUTIONS LIMITED
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2018

1 Statutory information

Calm Solutions Limited is a private company, limited by shares, registered in England and Wales, registration number 4718515. The registered office is 11 Hollands Road, Henfield, West Sussex, BN5 9UJ.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

Turnover

Turnover represents the value, net of VAT and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Tangible fixed assets policy

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:
25% reducing balance

4 Tangible fixed assets

	Fixtures & fittings £	Computer equipment £	Total £
Cost or valuation	At cost	At cost	
At 1 April 2017	273	3,751	4,024
At 31 March 2018	273	3,751	4,024
Depreciation			
At 1 April 2017	248	3,685	3,933
Charge for the year	4	16	20
At 31 March 2018	252	3,701	3,953
Net book value			
At 31 March 2018	21	50	71
At 31 March 2017	25	66	91

5 Debtors

	2018 £	2017 £
Trade debtors	-	150

CALM SOLUTIONS LIMITED
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2018

6 Creditors: amounts falling due within one year	2018	2017
	£	£
Trade creditors	350	700
Loans from directors	1,553	1,024
	<hr/>	<hr/>
	1,903	1,724
	<hr/>	<hr/>
7 Share capital	2018	2017
	£	£
Allotted, called up and fully paid:		
2 Ordinary shares of £1 each	2	2
	<hr/>	<hr/>

8 Average number of employees

During the year the average number of employees was 0 (2017: 0).

