

Registered number
4718515

Calm Solutions Limited

Abbreviated Accounts

31 March 2007

SATURDAY



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22/12/2007
COMPANIES HOUSE

Calm Solutions Limited
Abbreviated Balance Sheet
as at 31 March 2007


	Notes	2007 £	2006 £
Fixed assets			
Tangible assets	2	1,350	1,772
Current assets			
Debtors		2,651	900
Cash at bank and in hand		324	8,704
		<u>2,975</u>	<u>9,604</u>
Creditors, amounts falling due within one year		<u>(3,267)</u>	<u>(8,044)</u>
Net current (liabilities)/assets		(292)	1,560
Total assets less current liabilities		<u>1,058</u>	<u>3,332</u>
Creditors: amounts falling due after more than one year		(1,050)	(2,850)
Net assets		<u>8</u>	<u>482</u>
Capital and reserves			
Called up share capital	3	2	2
Profit and loss account		6	480
Shareholder's funds		<u>8</u>	<u>482</u>

The director is satisfied that the company is entitled to exemption under Section 249A(1) of the Companies Act 1985 and that no member or members have requested an audit pursuant to section 249B(2) of the Act

The director acknowledges his responsibilities for

- (i) ensuring that the company keeps proper accounting records which comply with Section 221 of the Companies Act 1985, and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 226 of the Companies Act 1985, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company

The accounts have been prepared in accordance with the special provisions relating to small companies within Part VII of the Companies Act 1985



Andrew Clowe
Director

Approved by the board on 17 December 2007

Calm Solutions Limited
Notes to the Abbreviated Accounts
for the year ended 31 March 2007

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2005)

Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Fixtures and fittings	20% straight line
Office equipment	25% straight line

2 Tangible fixed assets

£

Cost

At 1 April 2006 4,025

At 31 March 2007 4,025

Depreciation

At 1 April 2006 2,253

Charge for the year 422

At 31 March 2007 2,675

Net book value

At 31 March 2007 1,350

At 31 March 2006 1,772

3 Share capital

2007

2006

Authorised £ £

2007 2006 2007 2006
No No £ £

Allotted, called up and fully paid
Ordinary shares of £1 each - - 2 2