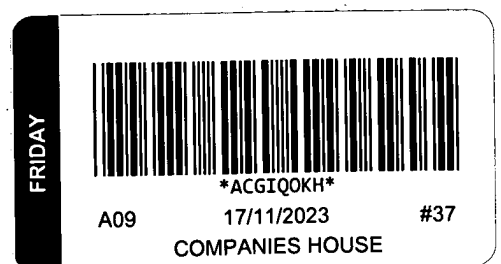


# BEFORE I GO SOLUTIONS COMMUNITY INTEREST COMPANY

Registered Number  
SC549275  
(Scotland)

Unaudited Financial Statements for the Year ended  
31 March 2023



# BEFORE I GO SOLUTIONS COMMUNITY INTEREST COMPANY

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Detailed Profit and Loss Account	5 - 7

# BEFORE I GO SOLUTIONS COMMUNITY INTEREST COMPANY

## Company Information

for the year from 1 April 2022 to 31 March 2023

### Directors

CHAPMAN, Mary Clare

ROGERS, Jane Fiona

SIDDIQUI, Saif

WHITE, Crispin Headley

### Registered Address

Burnbank

Burdshaugh

Forres

IV36 1NQ

### Registered Number

SC549275 (Scotland)

# BEFORE I GO SOLUTIONS COMMUNITY INTEREST COMPANY

## Income Statement for the year from 1 April 2022 to 31 March 2023

	2023 £	2022 £
Turnover	86,339	103,058
Other income	14,266	23,832
Cost of raw materials and consumables	(2,313)	(4,028)
Staff costs	(61,581)	(59,721)
Depreciation and other amounts written off assets	(480)	(435)
Other Charges	(50,768)	(51,704)
(Loss)/profit for the year	(14,537)	11,002

# BEFORE I GO SOLUTIONS COMMUNITY INTEREST COMPANY

## Statement of Financial Position

31 March 2023

	2023 £	2022 £
Fixed Assets	1,240	1,720
Current Assets	19,230	42,232
Creditors amounts falling due within one year	(19,417)	(21,662)
Net current assets (liabilities)	(187)	20,570
Total assets less current liabilities	1,053	22,290
Creditors amounts falling due after one year	(13,667)	(20,368)
Net assets (liabilities)	(12,614)	1,922
Capital and reserves	(12,614)	1,922

The company is a private company limited by guarantee and registered in Scotland. It was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

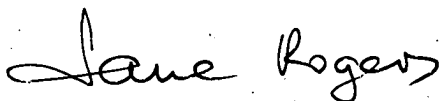
The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

### Average number of employees

The average number of persons employed by the company in the period was 2 (previous period: 2).

The financial statements were approved and authorised for issue by the Board of Directors on 23 October 2023, and are signed on its behalf by:



ROGERS, Jane Fiona  
Director  
Registered Company No. SC549275

# BEFORE I GO SOLUTIONS COMMUNITY INTEREST COMPANY

## Detailed Profit and Loss Account for the year from 1 April 2022 to 31 March 2023

	2023 £	2022 £
<b>Turnover / Revenue</b>		
Advance Directive Course	397	-
Core Licence	591	-
Corporate Trainings	2,950	27,100
Donations	818	-
Facilitator Trainings	63,025	67,936
FFC/Core+	4,909	(45)
License Fees	-	954
No Nonsense Pack	1,415	-
Postage Charges	489	-
Sales - Cards	374	2,231
Sales - BIG Method	1,378	1,464
Sales - Cards/Workbook	1,680	1,974
Sales - Foundations Pack	938	-
Sales - Small Online Items	70	-
Sales - Workbooks	1,572	1,444
Succession Coaching	5,733	-
	<hr/> 86,339	<hr/> 103,058
<b>Other Operating Income</b>		
Grant Income	14,266	22,700
Scholarship Income	-	1,132
	<hr/> 14,266	<hr/> 23,832
<b>Raw materials and consumables used</b>		
Educational Materials	2,313	4,028
	<hr/> 2,313	<hr/> 4,028
<b>Staff Costs</b>		
Consulting	21,927	16,501
Pensions Costs	634	662
Salaries	33,303	29,365
Staff Training	4,845	10,650

This page does not form part of the statutory financial statements

# BEFORE I GO SOLUTIONS COMMUNITY INTEREST COMPANY

## Detailed Profit and Loss Account (continued) for the year from 1 April 2022 to 31 March 2023

	2023 £	2022 £
Travel	872	2,490
Travel - International DO NOT USE	-	53
	<u>61,581</u>	<u>59,721</u>
<b>Depreciation, amortisation and impairment expense</b>		
Depreciation Expense	480	435
	<u>480</u>	<u>435</u>
<b>Other charges</b>		
Advertising & Marketing	17,325	5,583
Affiliate Payments	100	-
Audit & Accountancy fees	1,176	720
Bank Fees	2,253	1,976
Bookeeping	4,454	4,081
Education Providers	2,835	7,619
Entertainment-100% business	151	177
General Expenses	-	45
Insurance	331	334
Interest Paid	1,979	155
IT Software and Support	3,755	6,818
Legal Expenses	872	519
License Fees Paid	280	-
Meetings/conferences	236	1,763
Operations Support	13,346	17,862
Postage, Freight & Courier	640	1,591
Stationery and Office Supplies	342	241
Subscriptions	232	1,658
Telephone & Internet	461	251
Use of Home	-	311
	<u>50,768</u>	<u>51,704</u>
<b>Profit/(loss) for the year</b>		
Net Profit	<u>(14,537)</u>	<u>11,002</u>

This page does not form part of the statutory financial statements

BEFORE I GO SOLUTIONS COMMUNITY INTEREST COMPANY

Detailed Profit and Loss Account (continued)  
for the year from 1 April 2022 to 31 March 2023

2023	2022
£	£
(14,537)	11,002



500054/15

# CIC 34

## Community Interest Company Report

For official use  
(Please leave blank)

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*Please  
complete in  
typescript, or  
in bold black  
capitals.*

**Company Name in  
full**

Before I Go Solutions Community Interest Company

**Company Number**

SC549275

**Year Ending**

31/03/2023

*(The date format is required in full)*

### **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

In the financial year to March 31st 2023 Before I Go Solutions continued to focus on its core mission of facilitating members of the public to make effective preparations for their "end of life" affairs directly, but particularly through training facilitators to help others.

We welcomed a steady stream of new trainees, and another steady stream of trained Facilitators into our Facilitators Community.

We changed our CRM system to GoldStar Pro to make tracking easier and serve our customers better.

The company remains unique in providing one to one and group support for individuals making well thought out preparations for end of life across a range of issues.

End of life planning has become a search term, and there are more and more programmes being made on various TV channels about end of life planning, and its associated elements.

*(If applicable, please just state "A social audit report covering these points is attached").*

*(Please continue on separate continuation sheet if necessary.)*

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The company exists to serve everyone, nationally and internationally, with most stakeholders being the developing internationally based End of Life Plan Facilitators Community, which is now steadily growing.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

Directors received no remuneration.

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made

*(Please continue on separate continuation sheet if necessary.)*

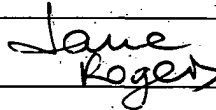
**PART 5 – SIGNATORY (Please note this must be a live signature)**

**(DD/MM/YY)**

**The original report must be signed by a director or secretary of the company**

Signed

Jane Rogers



Date

14.11.23

**Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.**

**Applications will be rejected if this information is incorrect.**

*Office held (delete as appropriate) Director*

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Ms Jane Rogers	
Burnbank, Burdshaugh	
Forres, IV36 1NQ	
IV36 1GT	Tel 07894882215
DX Number	DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

**(N.B. Please enclose a cheque for £15 payable to Companies House)**