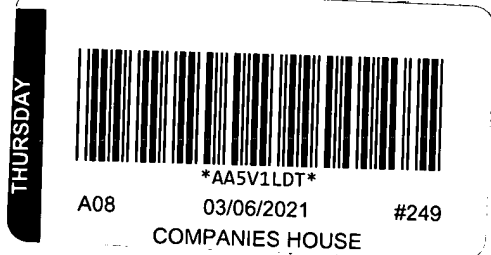


Unaudited Financial Statements for the Year Ended 31 December 2020

for

A Time 2 Talk Community Interest Company



A Time 2 Talk Community Interest Company

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for the Year Ended 31 December 2020

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A Time 2 Talk Community Interest Company

Company Information  
for the Year Ended 31 December 2020

**DIRECTORS:**

P M Tiplady  
J Rothwell  
S D Lambert

**REGISTERED OFFICE:**

29 Howard Street  
North Shields  
Tyne and Wear  
NE30 1AR

**REGISTERED NUMBER:**

10516057 (England and Wales)

**ACCOUNTANTS:**

Essell Accountants Limited  
29 Howard Street  
North Shields  
Tyne and Wear  
NE30 1AR

A Time 2 Talk Community Interest Company (Registered number: 10516057)

Balance Sheet  
31 December 2020

	Notes	31/12/20 £	31/12/19 £
<b>CURRENT ASSETS</b>			
Cash at bank and in hand		4,505	3,275
<b>CREDITORS</b>			
Amounts falling due within one year	4	5,066	4,026
<b>NET CURRENT LIABILITIES</b>		<u>(561)</u>	<u>(751)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>(561)</u>	<u>(751)</u>
<b>RESERVES</b>			
Income and expenditure account		<u>(561)</u>	<u>(751)</u>
		<u>(561)</u>	<u>(751)</u>

The notes form part of these financial statements

Balance Sheet - continued  
31 December 2020

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2020 in accordance with Section 476 of the Companies Act 2006.


The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors and authorised for issue on 01 / 06 / 2021 and were signed on its behalf by:



S D Lambert - Director

The notes form part of these financial statements

A Time 2 Talk Community Interest Company

Notes to the Financial Statements  
for the Year Ended 31 December 2020

1. **STATUTORY INFORMATION**

A Time 2 Talk Community Interest Company is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Turnover**

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

**Taxation**

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to surplus or deficit on a straight line basis over the period of the lease.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was NIL (2019 - NIL).

4. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31/12/20	31/12/19
	£	£
Other creditors	5,066	4,026
	<u>          </u>	<u>          </u>

Chartered Certified Accountants' Report to the Board of Directors  
on the Unaudited Financial Statements of  
A Time 2 Talk Community Interest Company

The following reproduces the text of the report prepared for the directors in respect of the company's annual unaudited financial statements. In accordance with the Companies Act 2006, the company is only required to file a Balance Sheet. Readers are cautioned that the Income Statement and certain other primary statements and the Report of the Directors are not required to be filed with the Registrar of Companies.

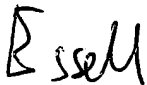
In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of A Time 2 Talk Community Interest Company for the year ended 31 December 2020 which comprise the Income Statement, Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://www.accaglobal.com/rulebook>.

This report is made solely to the Board of Directors of A Time 2 Talk Community Interest Company, as a body, in accordance with our terms of engagement. Our work has been undertaken solely to prepare for your approval the financial statements of A Time 2 Talk Community Interest Company and state those matters that we have agreed to state to the Board of Directors of A Time 2 Talk Community Interest Company, as a body, in this report in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/factsheet163>. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that A Time 2 Talk Community Interest Company has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of A Time 2 Talk Community Interest Company. You consider that A Time 2 Talk Community Interest Company is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of A Time 2 Talk Community Interest Company. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.



Essell Accountants Limited  
29 Howard Street  
North Shields  
Tyne and Wear  
NE30 1AR

Date: 1/6/2021

100222/16

**CIC 34****Community Interest Company Report**For official use  
(Please leave blank)Please  
complete in  
typescript, or  
in bold black  
capitals.Company Name in  
full

A Time 2 Talk Community Interest Company

Company Number

10516057

Year Ending

31 December 2020

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

A Time 2 Talk (AT2T) is a Counselling and Wellbeing Service and we provide counselling to the community, our main clientele is the older person, however we do welcome anyone over the age of 16. Our fees range from free (for clients who are on a low income) to a maximum of £30.00 per session. We have introduced a sliding scale fee calculator as research has shown that a charge (no matter how small) projects a monetary value to a service. This has worked well and our non-attendance has decreased, however this may also have been due to the easy use of zoom, rather than travelling to the counselling premises.

We have a counsellor who continues to support carers at a visually impaired support group and at a dementia peer support group.

We adapted our service during lockdown as we were unable to see any clients face to face. Initially we continued to support clients via telephone sessions. We then invested in a Zoom account and were able to continue with emotional support via 'face time' for both the individual sessions and the group support.

AT2T has 3 volunteer directors 2 of which deliver the counselling and process all of the administration that is needed for an organisation, the 3<sup>rd</sup> director is still involved with the organisation albeit she is unable to deliver counselling due to a change in her paid work.

*(If applicable, please just state "A social audit report covering these points is attached").*



We have taken on student counsellor, and she is building up her hours, again via the zoom facility. We were unable to raise any funds via a Christmas Fayre this year, however plan to do so in Christmas 2021.

We offer free counselling to anyone who is attached to a care home and has been affected during COVID, there is no client criteria, only that they themselves are in a care home, they are care home staff or visit someone who is a carer home resident.

*(Please continue on separate continuation sheet if necessary.)*

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

We ask anyone who has received emotional support from one of our counsellors to complete a feedback form and we also encourage them to complete the Health Watch evaluation form.

Our feedback continues to be 100% positive, and take note of any suggestions from people who have used the service. Feedback is discussed in our team meetings.

We continue to ask any organisations who are in touch with us for the first time to have a zoom discussion with us, as soon as we are able to get back to our premises, they will be invited to come and see where we operate.

Our website was 'hacked' and we are in the process of building a new one and will be included testimonials, however this is a slow process as all of our administration is completed by one of the volunteer directors.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No Remuneration was received

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No assets were transferred during the year

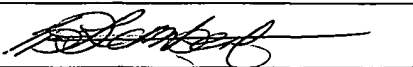
*(Please continue on separate continuation sheet if necessary.)*

**(N.B. Please enclose a cheque for £15 payable to Companies House)**

## PART 5 – SIGNATORY

**The original report must be signed by a director or secretary of the company**

Signed



Date

01/06/2024

Office held (delete as appropriate) Director/~~Secretary~~

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG