



Companies House

AR01 (ef)

Annual Return



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Company Name: **FITNESS4SANITY LIMITED**

Company Number: **06267780**

Date of this return: **04/06/2015**

SIC codes: **93120**

Company Type: **Private company limited by shares**

Situation of Registered Office: **VICTORIA HOUSE CARDIFF ROAD
QUAKERS YARD
TREHARRIS
MERTHYR TYDFIL
CF46 5DU**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR BYRON WYNNE**

Surname: **JONES**

Former names:

Service Address: **VICTORIA HOUSE CARDIFF ROAD
QUAKERS YARD
TREHARRIS
MID GLAMORGAN
UNITED KINGDOM
CF46 5DU**

Company Director ***1***

Type: **Person**

Full forename(s): **MS ALYSON MARGARET**

Surname: **ACREMAN**

Former names:

Service Address: **VICTORIA HOUSE CARDIFF ROAD
QUAKERS YARD
TREHARRIS
MID GLAMORGAN
UNITED KINGDOM
CF46 5DU**

Country/State Usually Resident: **WALES**

Date of Birth: **06/01/1966**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Company Director 2

Type: **Person**
Full forename(s): **MR BYRON WYNNE**

Surname: **JONES**

Former names:

Service Address: **VICTORIA HOUSE CARDIFF ROAD
QUAKERS YARD
TREHARRIS
MID GLAMORGAN
UNITED KINGDOM
CF46 5DU**

Country/State Usually Resident: **WALES**

Date of Birth: **25/04/1962** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	26000
		<i>Aggregate nominal value</i>	26000
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ALL SHARES RANK PARI PASU IN ALL RESPECTS. ALL HAVING FULL VOTING RIGHTS, FULL RIGHTS TO PARTICIPATING IN DIVIDEND DISTRIBUTIONS AND FULL RIGHTS TO PARTICIPATING IN CAPITAL DISTRIBUTIONS (INCLUDING UPON WINDING UP).

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	26000
		<i>Total aggregate nominal value</i>	26000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 04/06/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **13000 ORDINARY shares held as at the date of this return**
Name: **BYRON WYNNE JONES**

Shareholding 2 : **13000 ORDINARY shares held as at the date of this return**
Name: **ALYSON MARGARET ACREMAN**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.