

**Registered Number 07286710**

**HEALTH CHAMPIONS TRAINING LIMITED**

**Abbreviated Accounts**

**30 June 2016**

## Abbreviated Balance Sheet as at 30 June 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		£	£
<b>Called up share capital not paid</b>		-	-
<b>Fixed assets</b>			
Intangible assets	2	1,200	1,500
		<u>1,200</u>	<u>1,500</u>
<b>Current assets</b>			
Debtors		7,128	-
Cash at bank and in hand		74,766	56,201
		<u>81,894</u>	<u>56,201</u>
<b>Creditors: amounts falling due within one year</b>		(40,668)	(30,372)
<b>Net current assets (liabilities)</b>		<u>41,226</u>	<u>25,829</u>
<b>Total assets less current liabilities</b>		<u>42,426</u>	<u>27,329</u>
<b>Total net assets (liabilities)</b>		<u>42,426</u>	<u>27,329</u>
<b>Capital and reserves</b>			
Called up share capital	3	100	100
Profit and loss account		42,326	27,229
<b>Shareholders' funds</b>		<u>42,426</u>	<u>27,329</u>

- For the year ending 30 June 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 29 March 2017

And signed on their behalf by:  
**P Denise Kennedy, Director**

## Notes to the Abbreviated Accounts for the period ended 30 June 2016

## 1 Accounting Policies

**Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

## 2 Intangible fixed assets

	£
<b>Cost</b>	
At 1 July 2015	3,000
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 30 June 2016	<u>3,000</u>
<b>Amortisation</b>	
At 1 July 2015	1,500
Charge for the year	300
On disposals	-
At 30 June 2016	<u>1,800</u>
<b>Net book values</b>	
At 30 June 2016	<u>1,200</u>
At 30 June 2015	<u>1,500</u>

## 3 Called Up Share Capital

Allotted, called up and fully paid:

	2016	2015
	£	£
100 Ordinary shares of £1 each	100	100

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