In accordance with Rule 18.7 of the Insolvency (England & Wales) Rules 2016 and Sections 92A, 104A and 192 of the Insolvency Act 1986.

LIQ03 Notice of progress report in voluntary winding up



For further information, please refer to our guidance at www.gov.uk/companieshouse

1	Company details	
	Company details	→ Filling in this form
Company number	0 7 8 7 9 7 7 7	Please complete in typescript or in
Company name in ful	Heathtrack Investments Limited	bold black capitals.
2	Liquidator's name	
Full forename(s)	Mark	
Surname	Reynolds	
3	Liquidator's address	
Building name/numbe	Glade House	
Street	52-54 Carter Lane	
Post town	London	
County/Region		
Postcode	E C 4 V 5 E F	
Country		
4	Liquidator's name o	
Full forename(s)		◆ Other liquidator Use this section to tell us about
Surname		another liquidator.
5	Liquidator's address ❷	
Building name/numbe	er	② Other liquidator
Street		Use this section to tell us about another liquidator.
Post town		
County/Region		
Postcode		
 Country		

LIQ03 Notice of progress report in voluntary winding up

6	Period of progress report				
From date	$\begin{bmatrix} \frac{1}{2} & \frac{1}{5} & 0 & 7 & \frac{y}{2} & \frac{y}{0} & \frac{y}{2} & 1 \end{bmatrix}$				
To date	$\begin{bmatrix} \frac{1}{2} & \frac{1}{4} & \frac{1}{0} & \frac{1}{7} & \frac{1}{2} & \frac{1}{9} & \frac{1}{2} & \frac{1}{2} \end{bmatrix}$				
7	Progress report				
	☑ The progress report is attached				
8	Sign and date				
Liquidator's signature	Signature				
	* mumm *				
Signature date	1 9 B 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7				

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	Mark Reynolds
Company name	Valentine & Co
Address	1st Floor Galley House
	Moon Lane
Post town	London
County/Region	
Postcode	E N 5 5 Y L
Country	
DX	
Telephone	0203 959 9595 / 0208 343 3710

✓ Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.

Important information

All information on this form will appear on the public record.

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

7 Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

Valentine&Co

Liquidator's Annual Progress Report to Creditors and Members

Heathtrack Investments Limited - In Liquidation

18 August 2022



CONTENTS

- 1 Introduction and Statutory Information
- 2 Receipts & Payments
- 3 Progress of the Liquidation
- 4 Creditors
- 5 Liquidator's Remuneration and Expenses
- 6 Opting Out
- 7 Creditors' Rights
- 8 Next Report

APPENDICES

- A Receipts and Payments Account for the Period from 25 July 2021 to 24 July 2022 and cumulative for the period from 25 July 2016 to 24 July 2022
- B Additional Information in relation to Liquidator's fees pursuant to Statement of Insolvency Practice No 9 (SIP 9)



- 1 Introduction and Statutory Information
- 1.1 I, Mark Reynolds, of Valentine & Co, Galley House, Moon Lane, Barnet EN5 5YL, was appointed as Liquidator of Heathtrack Investments Limited (the Company) on 25 July 2016.
- 1.2 This report provides an update on the progress in the liquidation for the year ended 24 July 2022 (the Period) and should be read in conjunction with any previous progress reports which have been issued.
- 1.3 Information about the way that we will use, and store personal data on insolvency appointments can be found at https://www.valentine-co.com/resources/. If you are unable to download this, please contact us and a hard copy will be provided to you.
- 1.4 The principal trading address of the Company was c/o Langley House, Park Road, London, N2 8EY.
- 1.5 The registered office of the Company was changed to c/o Valentine & Co, Galley House, Moon Lane, Barnet, EN5 5YL and its registered number is 07879777.
- 2 Receipts and Payments
- 2.1 At Appendix A, I have provided an account of my Receipts and Payments for the period ended 24 July 2022 with a comparison to the Statement of Affairs values, which provides details of the remuneration charged and expenses incurred and paid by the Liquidator.
- **3** Progress of the Liquidation
- 3.1 This section of the report provides creditors with an update on the progress made in the liquidation during the Period.
 - Administration (including statutory compliance & reporting)
- 3.2 An office holder must comply with certain statutory obligations under the Insolvency Act 1986 and other related legislation. Details about the work I anticipated would need to be done in this area was outlined to creditors in my initial fees information.
- 3.3 This work may not necessarily bring any financial benefit to creditors but is required on every case by statute.
- 3.4 In the period under review I have maintained the required practice files, estate cashbook and bank account and completed my periodic statutory and regulatory duties as previously reported.
 - Realisation of Assets
- 3.5 Work undertaken to date to recover assets may bring a financial benefit to creditors through the distribution of funds available to creditors after settlement of properly authorised costs and expenses.
- 3.6 All funds received within the liquidation are placed in a specifically designated interest-bearing account and the gross interest received to date totals £39.39.



Investigations

- 3.7 My investigations revealed that there were breaches of The Insolvency Act in the period between 29 July 2014 and 26 August 2015 where substantial payments appeared to have been made in favour certain parties, without prior consideration and/or providing for how the Company might pay its Corporation Tax liabilities.
- 3.8 SBP Law solicitors were instructed to proceed to settle proceedings. The claim was limited to the total deficiency to the creditors, plus interest and costs and expenses of the liquidation. Ultimately a settlement of £170,000 was agreed on 8 December 2020.
- 3.9 The settlement was to be paid by way of monthly instalments of £5,000 per month, with an initial payment of £85,000. Payments totalling £138,000 had been received as at the year end and I can confirm that SBP Law are in communication with the Director in relation to settling the arrears of £32,000.
- 3.10 There have been no further matters brought to my attention during the reporting period to suggest that any further investigation work is required. My statutory reporting duties have been fulfilled as previously reported.
 - Creditors (claims and distributions)
- 3.11 Further information on the anticipated outcome for creditors in this case can be found at section 4 of this report. A Liquidator is required to deal with correspondence and claims from all classes of creditor (which may include retention of title claims).
- 3.12 If a distribution is to be paid to any class of creditor, work will be required to agree claims and process the dividend payments to each relevant class of creditor. Claims will only be adjudicated where a distribution is anticipated to that class of creditor.
- 3.13 This work will not necessarily bring any financial benefit to creditors unless a distribution is anticipated, however, this work is required by statute.
- 3.14 The time spent on this case during the period of this Progress Report relates to the following matters:
 - Attending to correspondence and telephone calls with creditors
 - Investigations into the affairs of the Company
 - Preparation and submission of statutory report to the Registrar of Companies
 - Obtaining bonding and completing bond reviews to enable the Liquidator to continue to act
 - Cashiering and updating insolvency computer system
 - · Reviews of case
 - Liaising with solicitors/counsel
 - Matters still to be dealt with
- 3.15 The Director has been making contributions in settlement of claims as detailed at 3.7 to 3.9 above. These contributions are currently in arrears and I can confirm that SBP Law are instructed to pursue the Director for payment.
- 3.16 A dividend is to be declared to creditors as soon as all contributions have been received, and steps taken to conclude the liquidation.



4 Outcome for Creditors

Secured Creditors

4.1 There are no registered charges against the company and no secured creditors.

Preferential Creditors

4.2 No preferential claims have been received in this matter.

Unsecured Creditors

- 4.3 I received claims totalling £168,780.59 from two creditors.
- 4.4 A dividend of £7,000, representing 4.15 pence in the pound on agreed claims totalling £168,780.59, was paid to the unsecured creditors on 10 November 2017.
- 4.5 A further dividend will be paid to unsecured creditors within the next 12 months.
- 5 Liquidator's Remuneration and Expenses

Pre-appointment costs

- 5.1 The creditors authorised the payment of £6,000 for my assistance with preparing the statement of affairs and convening the decision procedure to seek the creditors nomination for the appointment of a liquidator.
- 5.2 This fee was paid from asset realisations and is shown in the enclosed receipts and payments account.

Post appointment fees

- 5.3 The Creditors approved that the basis of the Liquidator's remuneration be set by way of a £15,000 fixed fee followed by a percentage of the value of assets he has to deal with. My fees information was originally provided to creditors when the basis of my remuneration was approved and was based on information available to me at that time. The Liquidator has drawn £15,000 against the total set fee agreed of £15,000 approved by creditors.
- 5.4 The Liquidator has made the following realisations upon which the creditors have approved a percentage be taken as remuneration. Details of the realisations to date and associated remuneration drawn on account of those realisations is set out below:

Asset category	Value of assets realised in period	Total value of assets realised since appointment	Remuneration % agreed	Total fees invoiced to date	Fees not yet drawn
Director Settlement	£32,000.00	£138,000.00	50% of antecedent transactions	30,000.00	39,000.00
Cash at Bank	£0.00	£35,668.61	15% of Realisations	£0.00	£5,350.29

Professional Advisors

On this assignment I have used the professional advisors listed below. I have also indicated alongside, the basis of our fee arrangement with them, which is subject to review on a regular basis. No significant personal or professional relationships that may give rise to a potential threat or conflict have been identified with any Advisor and their costs are regarded as category 1 expenses.



Name of Professional Advisor	Basis of Fee Arrangement
SPB Law (legal advice)	Hourly rate and disbursements
Chiron Investments Ltd (investigations)	Hourly rate and disbursements

5.6 My choice was based on my perception of their experience and ability to perform this type of work, the complexity and nature of the assignment and the basis of the fee arrangement with them.

Use of Sub-Contractors

5.7 We have not utilised the services of any subcontractors on this case.

Liquidator's Expenses

- 5.8 An estimate of the expenses (including disbursements) which were anticipated at the outset of the liquidation was provided to creditors when the basis of remuneration was approved.
- 5.9 An analysis of the expenses paid to the date of this report, together with those incurred but not paid at the date of this report, is provided below:

Expenses	Paid in prior period £	Paid in the period covered by this report	Incurred but not paid to date £	Total anticipated cost £
Category 1				
Solicitors' costs	37,202.00	10,000.00	0.00	47,202.00
Statutory advertising	457.50	0.00	0.00	457.50
Specific penalty bond	296.00	0.00	0.00	296.00

- 5.10 Additional information in relation to the Liquidator's expenses is given at Appendix B.
- 5.11 A copy of 'A Creditors' Guide to Liquidators' Fees' is available on request or can be downloaded from http://www.valentine-co.com/resources/.
- 6 Opting out
- 6.1 Creditors have the right to elect to opt out of receiving further documents about the Liquidation, however where you choose to opt out, please be aware that you will continue to receive documents where:
- The Insolvency Act requires me to deliver a document to all creditors,
- It is notification of change in the appointed Liquidator or the Liquidator's contact details,
- It is notification about a dividend or proposed dividend, or
- It is a notice which the court orders to be sent to all creditors
- 6.2 Opting-out will not affect your entitlement to receive a dividend, in circumstances where a dividend is to be paid.
- 6.3 Although a creditor who has opted out is entitled to participate in the making of decisions in relation to the Liquidation (or any subsequent insolvency proceedings), please note that by opting out you will not be given notice of decisions being sought.
- In order to opt out of receiving further documents, please make your request in writing, signed and dated by you or (if a company) someone entitled to sign on the creditor company's behalf. You will become an opted-out creditor when the notice is received by my office. You may at any time revoke your election to opt out by a further notice in writing, sent in the same way.



7 Creditors' Rights

- 7.1 Within 21 days of the receipt of this report, a secured creditor, or an unsecured creditor (with the concurrence of at least 5% in value of the unsecured creditors) may request in writing that the Liquidator provide further information about their remuneration or expenses which have been itemised in this progress report.
- 7.2 Any secured creditor, or an unsecured creditor (with the concurrence of at least 10% in value of the unsecured creditors) may within 8 weeks of receipt of this progress report make an application to court on the grounds that, in all the circumstances, the basis fixed for the Liquidator's remuneration is inappropriate and/or the remuneration charged or the expenses incurred by the Liquidator, as set out in this progress report, are excessive.
- 8 Next Report
- 8.1 I am required to provide a further report on the progress of the liquidation within two months of the next anniversary of the liquidation, unless I have concluded matters prior to this, in which case I will write to all creditors with my final account.

Mark Reynolds

Muumm.

Liquidator



Appendix A

Receipts and Payments Account for Period from 25 July 2020 to 24 July 2022 and cumulatively from the date of appointment.

Heathtrack Investments Limited (In Liquidation) Liquidator's Summary of Receipts & Payments

From 25/07/2016 To 24/07/2022 £	From 25/07/2021 To 24/07/2022 £		Statement of Affairs £
		ASSET REALISATIONS	
35,668.61	NIL	Funds Held by Valentine & Co.	35.668.00
138,000.00	32,000.00	Directors Settlement	,
39.39	NIL	Bank Interest Gross	
173,708.00	32,000.00		
,		COST OF REALISATIONS	
296.00	NIL	Specific Bond	
6.000.00	NIL	Pre-Appointment Fees/Expenses	
27.00	NIL	Land Registry Fees	
45,000.00	10.000.00	Office Holder's Fees - Fixed	
47,202.00	10,000.00	Legal Fees (1)	
23,575.00	NIL	Legal fees Disbursements	
19,325.50	2.000.00	Irrecoverable VAT	
457.50	NIL	Statutory Advertising	
(141,883,00	(22,000.00)	, 3	
(,	(,,	UNSECURED CREDITORS	
10.37	NIL	Director's Expenses	(250.00)
6,989.63	NIL	HM Revenue & Customs - Corp. Tax	168,162.00)
(7.000.00	NIL	7 7 2 2 2 2 2 2 2 2	,,
(1,000.00		DISTRIBUTIONS	
NIL	NIL	Ordinary Shareholders	(1.00)
NIL	NIL	,	()
24,825.00	10,000.00		132,745.00)
		REPRESENTED BY	,,
24,825.00		Fixed Current A/c	
24,825.00			



Appendix B

Additional Information In **Relation To Liquidator's Fees** Pursuant To Statement Of Insolvency Practice 9 (SIP 9)

CHARGE OUT RATES & POLICY REGARDING THE RECOVERY OF EXPENSES PURSUANT TO STATEMENT OF INSOLVENCY PRACTICE 9

The following information applies to all appointments of Insolvency Practitioners of Valentine & Co to act as any of the following:-

Liquidator, Receiver, Administrator or Administrative Receiver of a Limited Company Trustee in Bankruptcy Supervisor of an Individual, Company or Partnership Voluntary Arrangement Administrator under the Insolvent Estates Order Monitor

When acting as Nominee, the provisions of the Insolvency Act require that the amount of the fees payable to the Office-holder be specified within the Debtor's proposals. Such fees will nevertheless be fixed to take account of the Office-holder's expected time costs arising as referred to below.

1. POLICY ON FEES

Fees are either fixed by reference to time costs, or as a percentage of realisations and distributions, or a set amount or any combination of all three. Where fees are agreed on a time cost basis, rates may be varied from time to time, at the sole discretion of Valentine & Co, and such changes will be notified in retrospect with each report to Creditors. It is the policy of Valentine & Co to use as junior grade of staff as compatible with the efficient conduct of the matter in order to ensure costs are kept to a minimum.

1.1. CHARGE-OUT RATES

Where the approved basis of remuneration is on a time costs basis, work undertaken on cases is recorded in 6 minute units in an electronic time recording system. Time properly incurred on cases is charged at the hourly rate of the grade of staff undertaking the work that applies at the time the work is done. Details of this firm's charge-out rates are as follows:

	Rate from 12 January 2021 per hour (£)	Rate from 1 April 2022 per hour (£)
Managing Director	475	525
Other Directors/Consultant	325-450	375-495
Manager	200-300	285 -375
Senior	150-200	195-250
Administrator	50-150	150-195
Support	50	50

Rates vary between individuals, reflecting experience and qualification. Please note that support staff time is charged to the case at the rate indicated. Rates are subject to review and may increase periodically. Any change in rates will be advised to creditors.

For further information on the manner in which an Office Holder's fees may be fixed, please refer to the guidance notes in relation to fees which can be downloaded from www.valentine-co.com/resources



1.2. FIXED AND % FEES

Where fees are authorised and approved as a fixed fee and/or % fee this fee is to cover the costs incurred by the Insolvency Practitioner and his staff and does not include any additional direct costs.

2. RECOVERY OF EXPENSES

An expense is a directly attributable cost to the estate which is neither an office holder's remuneration nor a distribution to creditors or members. Expenses can include disbursements, payments met by the office holder and subsequently recovered from the estate, and are divided into those that do not need approval before they are charged to the estate (category 1) and those that do (category 2).

Category 1 expenses are payments to independent third parties and do not have to be approved prior to payment, but when reporting to the creditors committee and creditors during the course of the liquidation the actual expenses incurred will be compared with the original estimate provided with any material difference explained (e.g. where legal costs rise due to escalated recovery action).

Category 2 expenses are payments to associates, or parties with a professional or personal relationship, or payments which have an element of shared costs. These expenses require approval in the same manner as an office holder's remuneration. This will include any case related travel or subsistence incurred by staff working on this case. Where it is necessary for staff to travel from the office, business mileage may be charged at the HMRC rate of 45p per mile.

An estimate of expenses (including disbursements) is provided to creditors when the basis of the office-holder's fees are approved.

The expenses recovered by Valentine & Co are as follows:-

Expenses	Charge
Bond	At cost
Statutory Advertising	At cost
Postage/postworks (see below)	At cost
External storage	At cost
Mileage (where any staff of office holder of Valentine & Co utilises their own vehicle)	45p/mile
Other travel charges are recharged at 100% of the fare/cost incurred by the office holder, his staff or relevant party	At cost in accordance with internal policy
Subsistence and any other miscellaneous disbursements, where appropriately incurred, are charged/recharged at 100% of the cost incurred by the office holder, his staff or relevant party	At cost in accordance with internal policy

It should be noted that the firm now uses the services of a postal communication agent for delivery of documents. Where this is used the fee is a category 1 expense and recharged to the estate. The rate charged is regularly reviewed to ensure it provides best value for creditors at a fair market rate.

3. Professional Advisors

On occasion it is necessary for the office holder to engage with specialist professional advisers. Professional advisers are selected with regard to the specific requirements and based upon the office-holders professional judgement of their experience and ability to perform the necessary work, the complexity and nature of the assignment and the basis of the fee arrangement with to ensure a fair and reasonable cost to the estate.



Expenses incurred in respect of specialist advisers are subject to independent assessment prior to engagement and reported in accordance with current guidance. Unless a significant personal or professional relationship, that may give rise to a potential threat or conflict, has been identified with any Advisor their costs are regarded as category 1 expenses.

4. The use of Subcontractors

The liquidator may sub-contract some of the work required to be undertaken to specialist providers where the Liquidator is satisfied that taking this approach ensures that the best value and service is provided to creditors and it is more cost effective for the estate. The rates charged are comparable with the market rate for such services and the work to be undertaken. The need for the work and the cost are reported to creditors.

There is no duplication of costs with work undertaken by the Liquidator and his staff however it is still necessary for the Liquidator to oversee and review the work undertaken as part of his statutory duties.