

# File Copy



## CERTIFICATE OF INCORPORATION OF A PRIVATE LIMITED COMPANY

Company Number **9729208**

The Registrar of Companies for England and Wales, hereby certifies that

**MUSCLE PREP LIMITED**

is this day incorporated under the Companies Act 2006 as a private company, that the company is limited by shares, and the situation of its registered office is in England and Wales

Given at Companies House, Cardiff, on **12th August 2015**



\*N09729208O\*

The above information was communicated by electronic means and authenticated by the Registrar of Companies under section 1115 of the Companies Act 2006



Companies House



THE OFFICIAL SEAL OF THE  
REGISTRAR OF COMPANIES



Companies House

# IN01(ef)

## Application to register a company

Received for filing in Electronic Format on the: 11/08/2015



X4DK72QG

*Company Name  
in full:*

**MUSCLE PREP LIMITED**

*Company Type:*

**Private limited by shares**

*Situation of Registered  
Office:*

**England and Wales**

*Proposed Register  
Office Address:*

**447 MILL ROAD  
COLCHESTER  
UNITED KINGDOM  
CO4 5AL**

*I wish to entirely adopt the following model articles:* **Private (Ltd by Shares)**

*Company Director* 1

Type: **Person**  
Full forename(s): **MR RYAN**

Surname: **ALFORD**

Former names:

*Service Address recorded as Company's registered office*

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **10/03/1991** Nationality: **BRITISH**

Occupation: **DIRECTOR**

Consented to Act: **Y** Date authorised: **12/08/2015** Authenticated: **YES**

---

*Company Director* 2

Type: **Person**  
Full forename(s): **MS ZOE**

Surname: **BERRY**

Former names:

*Service Address recorded as Company's registered office*

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **03/11/1988** Nationality: **BRITISH**

Occupation: **DIRECTOR**

Consented to Act: **Y** Date authorised: **12/08/2015** Authenticated: **YES**

## Statement of Capital (Share Capital)

---

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

EACH SHARE HAS FULL RIGHTS IN THE COMPANY WITH RESPECT TO VOTING, DIVIDENDS AND DISTRIBUTIONS.

---

## Statement of Capital (Totals)

---

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

## Initial Shareholdings

---

*Name:* RYAN ALFORD

*Address:* 447 MILL ROAD  
COLCHESTER  
UNITED KINGDOM  
CO4 5AL

*Class of share:* ORDINARY

*Number of shares:* 50

*Currency:* GBP

*Nominal value of  
each share:* 1

*Amount unpaid:* 0

*Amount paid:* 1

*Name:* ZOE BERRY

*Address:* 447 MILL ROAD  
COLCHESTER  
UNITED KINGDOM  
CO4 5AL

*Class of share:* ORDINARY

*Number of shares:* 50

*Currency:* GBP

*Nominal value of  
each share:* 1

*Amount unpaid:* 0

*Amount paid:* 1

## Statement of Compliance

---

*I confirm the requirements of the Companies Act 2006 as to registration have been complied with.*

*Name:* **RYAN ALFORD**

*Authenticated:* **YES**

*Name:* **ZOE BERRY**

*Authenticated:* **YES**

---

## *Authorisation*

*Authoriser Designation:* **subscriber**

*Authenticated:* **Yes**

---

# COMPANY HAVING A SHARE CAPITAL

## Memorandum of association of MUSCLE PREP LIMITED

Each subscriber to this memorandum of association wishes to form a company under the Companies Act 2006 and agrees to become a member of the company and to take at least one share.

Name of each subscriber	Authentication
Ryan Alford	Authenticated Electronically
Zoe Berry	Authenticated Electronically

Dated: 11/08/2015