

MINDFULNESS, ACCEPTANCE AND CHANGE LIMITED

Registered number: 09916138

Dormant Accounts

for the period ending: 31 December 2019

Balance Sheet

as at 31 December 2019

	2019	2018
	£	£
Assets		
Unpaid called up share capital, classed as current asset	0.00	0.00
Cash at bank and in hand	1.00	1.00
Net assets	<u>1.00</u>	<u>1.00</u>
 Capital & reserves		
Unpaid called up share capital, classed as current asset	0.00	0.00
Fully paid called up share capital	1.00	1.00
Shareholder funds	<u>1.00</u>	<u>1.00</u>

Principal activity

The company is dormant and has not traded during the year.

Statements

For the period ending 31 December 2019 the company was entitled to exemption under section 480 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions in section 15 of the Companies Act, applicable to companies subject to the small companies regime.

Approved by the board on 21 December 2020

Rita Alice BENNETT - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.