Registered Number 05917818

Alternative Resource Consultants Limited

Abbreviated Accounts

31 August 2010

Company Information

Registered Office:

Unit 1b

Focus 4

Fourth Avenue

Letchworth Garden City

Hertfordshire

SG6 2TU

Reporting Accountants:

George Hay

Chartered Accountants

Unit 1b

Focus 4

Fourth Avenue

Letchworth

Hertfordshire

SG6 2TU

Alternative Resource Consultants Limited

Registered Number 05917818

Balance Sheet as at 31 August 2010

	Notes	2010 £	£	2009 £	£
Fixed assets					
Tangible	2		208		310
			208		310
Current assets					
Debtors		1,152		0	
Cash at bank and in hand		2		2	
Total current assets		<u>1,154</u>		2	
Creditors: amounts falling due within one year		(9,045)		(5,499)	
Net current assets (liabilities)			(7,891)		(5,497)
Total assets less current liabilities			(7,683)		(5,187)
Total net assets (liabilities)			(7,683)		(5,187)
Capital and reserves					
Called up share capital Profit and loss account	3		1 (7,684)		1 (5,188)
Shareholders funds			(7,683)		(5,187)

- a. For the year ending 31 August 2010 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 12 May 2011

And signed on their behalf by:

N Dodgson, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 31 August 2010

Accounting policies

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Computer equipment 33% on reducing balance

2 Tangible fixed assets

	Tota	al
Cost		£
At 01 September 2009	_ 875	5_
At 31 August 2010	_ 875	5_
		_
Depreciation		
At 01 September 2009	568	5
Charge for year	102	2
At 31 August 2010	66	7
Net Book Value		
At 31 August 2010	208	3
At 31 August 2009	310	0
-		_

3 Share capital

	2010	2009
	£	£
Allotted, called up and fully		
paid:		
1 Ordinary shares of £1 each	1	1