



Companies House

**AR01** (ef)

**Annual Return**



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*Company Name:* **AMERICAN MUSCLE LIMITED**

*Company Number:* **07567512**

*Date of this return:* **17/03/2014**

*SIC codes:* **74990**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **THE STUDIO ST NICHOLAS CLOSE  
ELSTREE  
HERTS  
UNITED KINGDOM  
WD6 3EW**

**Officers of the company**

*Company Director*    **1**

*Type:*                                **Person**

*Full forename(s):*                **MR ANDREW MORAY**

*Surname:*                           **STUART**

*Former names:*

*Service Address:*                **SUITE 100 THE STUDIO ST NICHOLAS CLOSE  
ELSTREE  
HERTFORDSHIRE  
WD6 3EW**

*Country/State Usually Resident:*    **MAURITIUS**

*Date of Birth:*    **20/10/1957**                                *Nationality:*    **BRITISH**

*Occupation:*    **CONSULTANT**

## *Company Director 2*

*Type:* **Corporate**  
*Name:* **QA NOMINEES LIMITED**

*Registered or  
principal address:* **THE STUDIO ST. NICHOLAS CLOSE  
ELSTREE  
BOREHAMWOOD  
HERTFORDSHIRE  
GREAT BRITAIN  
WD6 3EW**

## *European Economic Area (EEA) Company*

*Register Location:* **UNITED KINGDOM**  
*Registration Number:* **3673065**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>2</b>
		<i>Aggregate nominal value</i>	<b>2</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>0</b>
		<i>Amount unpaid per share</i>	<b>1</b>

*Prescribed particulars*

**FULL RIGHTS WITH REGARDS TO VOTING, PARTICIPATION AND DIVIDENDS**

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>2</b>
		<i>Total aggregate nominal value</i>	<b>2</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 17/03/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **2 ORDINARY shares held as at the date of this return**  
*Name:* **QA NOMINEES LIMITED**

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.