

**RANGE OF MOTION GYM LIMITED
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 APRIL 2023**

RANGE OF MOTION GYM LIMITED
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 APRIL 2023

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RANGE OF MOTION GYM LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 30 APRIL 2023

Directors	Mr E Hyde Mr A J Hyde Mr P Hyde
Company Number	11958468 (England and Wales)
Registered Office	1091-1095 LONDON ROAD LEIGH-ON-SEA ESSEX SS9 3JJ ENGLAND
Accountants	Tax Help Direct 1391 London Road Leigh-on-Sea Essex SS9 2SA

RANGE OF MOTION GYM LIMITED
STATEMENT OF FINANCIAL POSITION
AS AT 30 APRIL 2023

	2023	2022
	£	£
Fixed assets	34,644	47,458
Current assets	4,989	7,746
Creditors: amounts falling due within one year	(36,422)	(45,872)
Net current liabilities	(31,433)	(38,126)
Total assets less current liabilities	3,211	9,332
Accruals and deferred income	(1,750)	(1,750)
Net assets	1,461	7,582
Capital and reserves	1,461	7,582

NOTES TO THE ACCOUNTS

1 Statutory information

Range Of Motion Gym Limited is a private company, limited by shares, registered in England and Wales, registration number 11958468. The registered office is 1091-1095 LONDON ROAD, LEIGH-ON-SEA, ESSEX, SS9 3JJ, ENGLAND.

2 Average number of employees

During the year the average number of employees was 8 (2022: 8).

For the year ending 30 April 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 2 October 2023

Mr E Hyde
Director

Company Registration No. 11958468

