In accordance with Section 854 of the Companies Act 2006

AR01

Annual Return

A fee is payable with this form

Please see 'How to pay' on the

(For returns made up to a date on or after 1 October 2011)



You can use the WebFiling service to file this form online.

Please go to www.companieshouse.gov.uk

	What this form is for You may use this form to confirm that the company information is correct as at the date of this return You must file an Annual Return at least once every year What this form is NOT for You cannot use this form to notice of changes to the con officers, registered office add company type or information relating to the company reco	*A2G7RYOG* 04/09/2013 #171 COMPANIES HOUSE
Part 1	Company details	
	The section must be completed by all companies	Filling in this form Please complete in typescript or in bold black capitals All fields are mandatory unless
		specified or indicated by *
A1	Company details	
Company name in full	SAFEHANDS HEALTHCARE LIMITED	Ocompany name change If your company has recently changed its name, please provide the company name as at the date of this return
A2	Return date	
Date of this return •	Please give the annual return made up date The return date must not be a future date The annual return must be delivered within 28 days of the date given below If you would like the company's made up date to be earlier than 1 October 2011, please complete the AR01 appropriate for earlier made up dates d	Oate of this return Your company's return date is usually the anniversary of incorporation or the anniversary of the last annual return filed at Companies House You may choose an earlier return date but it must not be a later date
A3	Principal business activity	
Classification code 1	Please show the trade classification code number(s) for the principal activity or activities •	Principal business activity You must provide a trade classification code (SIC code 2007) or a description of your company's
Classification code 2		main business in this section A full list of the trade classification
Classification code 3		codes are available on our website www.companieshouse.gov.uk
Classification code 4	If you cannot determine a code, please give a brief description of your business activity below	Www.companieshouse gov uk
Principal activity description		

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(For returns made up to a date on or after 1 October 2011)

A4 Company type •					
	Please confirm your company type by ticking the appropriate box below (only one box must be ticked) Public limited company Private company limited by shares Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital	● Company type If you are unsure of your company type, please check your latest certificate of incorporation or our website www.companieshouse.gov.uk			
A5	Registered office address ®				
Building name/number	PADDOCK BUSINESS CENTRE	O Change of registered office This must agree with the address			
Street	2 PADDOCK ROAD West Pimbo	that is held on the Companies House record at the date of this return			
Post town	SELMERSDALE	If the registered office address has changed, you should complete form			
County/Region	1)K	AD01 and submit it together with this annual return			
Postcode	NNSPEL				
	Single alternative inspection location (SAIL) of the company records (if applicable)	,			
Building name/number		SAIL address			
Street		This must agree with the address that is held on the Companies House record at the date of this return			
Post town		If the address has changed, you should complete form ADO2 and submit it together with this annual			
County/Region		return			
Postcode					
A7	Location of company records [©]				
	Please tick the appropriate box to indicate which records are kept at the SAIL address in Section A6 Register of members Register of directors	BLocation of company records If the company records are held at the registered office address, do not tick any of the boxes in this section			
	Directors' service contracts Directors' indemnities Register of secretaries	Certain records must be kept by every company while other records are only kept by certain company types where appropriate			
	Records of resolutions etc Contracts relating to purchase of own shares Documents relating to redemption or purchase of own share out of	If the records are not kept at the SAIL address, they must be available at the registered office			
	capital by private company Register of debenture holders Report to members of outcome of investigation by public company into interests in its shares	If any of the company records have moved from the registered office to the address in Section A6 since the last annual return, you must complete form AD03 and submit it			
	Register of interests in shares disclosed to public company Instruments creating charges and register of charges England and Wales or Northern Ireland Instruments creating charges and register of charges Scotland	together with this annual return			

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Annual Return

Part 2	Officers of the company		
	This section should include details of the company at the date to which this annual return is made up	Continuation pages Please use a continuation page if you need to enter more officer	
	 → For a secretary who is an individual, go to Section B1 → For a corporate secretary, go to Section C1 	details.	
	 → For a director who is an individual, go to Section D1 → For a corporate director, go to Section E1 		
Secretary			
B1	Secretary's details ⁰	·	
	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4	O Secretary appointments You may not use this form to appoint a secretary To do this,	
litle*	MR	please complete form AP03 and submit it together with this annual	
ull forename(s)	ANDREW CRAIG	return	
Surname	BUTTERWORTH	Corporate details Please use Section C1-C4 to enter	
Former name(s) 2		corporate secretary details Secretary details	
		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03	
		Please provide any previous names which have been used for business purposes during the period of this return Married women do not need to give former names unless previously used for business purposes	
B2	Secretary's service address ®		
Building name/numbe	THE COMPANY'S REGISTERED OFFICE	Service address If you have previously notified	
treet		Companies House that the service address is at 'The Company's Registered Office', please state 'The	
ost town		 Company's Registered Office' in the address 	
County/Region		This information will appear on the public record	
ostcode		hanic record	
Country		_	

Annual Return

(For returns made up to a date on or after 1 October 2011)

Corporate secretary

C1	Corporate secretary's details •					
	Please use this section to list all the corporate secretaries of the company	O Corporate secretary appointments You cannot use this form to appoint				
Corporate body/firm name		a corporate secretary To do this, please complete form AP04 and submit it together with this annual return				
Building name/number		Corporate secretary details				
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have				
Post town		not notified us, please complete form CH04				
County/Region		This information will appear on the				
Postcode		public record				
Country						
C2	Location of the registry of the corporate body or firm					
	Is the corporate secretary registered within the European Economic Area (EEA)? → Yes Complete Section C3 only → No Complete Section C4 only					
G	EEA companies ®					
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk				
Where the company/ firm is registered €		This is the register mentioned in Article 3 of the First Company Law				
Registration number		Directive (68/151/EEC)				
C4	Non-EEA companies	,				
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in				
Legal form of the corporate body or firm		that register				
Governing law						
If applicable, where						
the company/firm is registered ©						
If applicable, the registration number						

Annual Return

(For returns made up to a date on or after 1 October 2011)

D1	Director's details ⁹				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	Our cannot use this form to appoint a director To do this, please			
itle* MR		complete form AP01 and submit it together with this annual return			
Full forename(s)	ANDREW CRAIG	Corporate details Please use Section E1-E4 to enter			
Surname	BUTTERWORTH	corporate director details			
Former name(s)		Director details All details must agree with those previously notified to Companies			
Country/State of residence	Uk	House If you have made changes since the last annual return and have not notified us, please			
Nationality	BRITISH	complete form CH01			
Date of birth	1 8 0 5 1 9 7 2	Please provide any previous names			
Business occupation (if any)	DIRECTOR	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.			
D2	Director's service address®				
Building name/numbe	The COMPANY'S REGISTERED OFFICE	Service address If you have previously notified			
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the			
Post town		address			
County/Region		This information will appear on the public record			
Postcode		pasie record			
Country					

	ARO1 Annual Return (For returns made up to a date on or after 1 October 2011)				
Director					
D1	Director's details •				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments You cannot use this form to appoint a director To do this, please			
itle*	HR	complete form APO1 and submit it together with this annual return			
ull forename(s)	GAVIN	Corporate details			
urname	BIRCHALL	Please use Section E1-E4 to enter corporate director details			
ormer name(s) ®		Director details All details must agree with those previously notified to Companies			
Country/State of esidence	UK	House If you have made changes since the last annual return and have not notified us, please			
Nationality 	BRMSH	complete form CH01			
Date of birth	67 10 1444	Former name(s) Please provide any previous names			
Business occupation if any)	DIRECTOR	which have been used for business purposes during the period of this return. Married women do not need to give former names.			

	•	unless previously used for business purposes
D2	Director's service address •	
Building name/number	THE COMPANY'S REGISTERED OFFICE	Service address If you have previously notified
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the
Post town		address
County/Region		This information will appear on the public record
Postcode		public record
Country		

Annual Return (For returns made up to a date on or after 1 October 2011)

D1	Director's details •				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	Director appointments You cannot use this form to appoint a director To do this, please			
Title*	MR	complete form APO1 and submit it together with this annual return			
Full forename(s)	EDWARD HUGH	Corporate details			
Surname	MCNEIL	Please use Section E1-E4 to enter corporate director details			
Former name(s)		Director details All details must agree with those previously notified to Companies			
Country/State of residence	Uk	House If you have made changes since the last annual return and have not notified us, please			
Nationality	BRITISH	complete form CH01			
Date of birth	12 2 5 4 1 9 4 8	Please provide any previous names			
Business occupation (if any)	DIRECTOR	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes			
D2	Director's service address®	· · · · · · · · · · · · · · · · · · ·			
Building name/number	THE COMPANY'S REGISTERED OFFICE	Service address If you have previously notified			
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The			
Post town		Company's Registered Office' in the address			
County/Region		This information will appear on the public record			
Postcode		public record			
Country					

Annual Return (For returns made up to a date on or **after 1 October 2011**)

D1	Director's details •				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments You cannot use this form to appoint a director To do this, please			
Title*	MR	complete form APO1 and submit it together with this annual return			
Full forename(s)	STEPHEN THOMAS	Corporate details Please use Section E1-E4 to enter			
Surname	JEFFERS	corporate director details			
Former name(s) ②		Director details All details must agree with those previously notified to Companies House If you have made changes			
Country/State of residence	UK	since the last annual return and have not notified us, please			
Nationality	BRITISH	complete form CH01			
Date of birth	1º01º2 1º019 1'1191616	Please provide any previous names			
Business occupation (if any)	DIRECTOR	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes			
D2	Director's service address Output Director's service address				
Building name/number	THE COMPANY'S REGISTERED OFFICE	Service address If you have previously notified			
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the			
Post town		address			
County/Region		This information will appear on the public record			
Postcode		public record			
Country					

Annual Return

(For returns made up to a date on or **after 1 October 2011**)

D1	Director's details •				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments You cannot use this form to appoint a director To do this, please			
Title*	MR	complete form AP01 and submit it together with this annual return			
Full forename(s)	CHRISTOPHER	Corporate details			
Surname	BALL	Please use Section E1-E4 to enter corporate director details			
Former name(s) 2		Director details All details must agree with those previously notified to Companies			
Country/State of residence	Uk	House. If you have made changes since the last annual return and have not notified us, please			
Nationality	BRMSH	complete form CH01			
Date of birth	12 3 0 2 1 9 6 6	Please provide any previous names			
Business occupation (if any)	DIRECTOR	which have been used for business purposes during the period of this return Married women do not need to give former names unless previously used for business purposes			
D2	Director's service address [©]				
Building name/number	THE COMPANY'S REGISTERED OFFICE	Service address If you have previously notified			
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The			
Post town		Company's Registered Office' in the address			
County/Region		This information will appear on the public record			
Postcode		public record			
Country					

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Corporate director

E1	Corporate director's details •				
	Please use this section to list all the corporate director's of the company	O Corporate director appointments You cannot use this form to appoint a corporate director To do this,			
Corporate body/firm name		please complete form APO2 and submit it together with this annual return			
Building name/number		Corporate director details All details must agree with those			
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete			
Post town		form CH02			
County/Region		This information will appear on the public record			
Postcode					
Country					
E2	Location of the registry of the corporate body or firm				
	Is the corporate director registered within the European Economic Area (EEA)? → Yes Complete Section E3 only → No Complete Section E4 only				
E3	EEA companies ®				
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA A full list of countries of the EEA can be found in our guidance			
Where the company/ firm is registered €		www.companieshouse.gov.uk This is the register mentioned in Article 3 of the First Company Law			
Registration number		Directive (68/151/EEC)			
E4	Non-EEA companies				
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in			
Legal form of the corporate body or firm		that register			
Governing law					
If applicable, where the company/firm is registered •					
If applicable, the registration number					

Annual Return

Part 3	Statement of capital o					
:	Does your company have share capital? → Yes Complete the sections below and the following Part 4 → No Go to Part 5 (Signature)				This should reflect the company's capital status at the made up date of this annual return	
F1	Share capital in	pound sterling (£)				<u> </u>
		ich class of shares held omplete Section F1 an	in pound sterling d then go to Section F4			
Class of shares (E.g. Ordinary/Preference etc.)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of shar	es 🛭	Aggregate nominal value ①
A ORDINARY		1		150		£ 150
B ORDINARY				150		f 150
						£
		,				£
			Totals	<i>3</i> 00		2005 ¹
F2	Share capital in	other currencies				
Please complete the ta Please complete a sep	able below to show ar arate table for each co	ny class of shares held i urrency	n other currencies			
Currency						
Class of shares (E g Ordinary/Preference etc)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of shar	es 0	Aggregate nominal value 4
			<u> </u>			[
•			Totals		<u>-</u>	
Currency			·			
Class of shares (E.g. Ordinary/Preference etc)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of shar	es 0	Aggregate nominal value 4
		<u> </u>	Totals	<u> </u>		
F3	Totals			<u> </u>		1
		number of shares and	total aggregate nominal	value of		ggregate nominal value st total aggregate values in
Total number of shares	800	different currencies sepa			currencies separately For £100 + €100 + \$10 etc	
Total aggregate	£300					
Including both the noming share premium Total number of issued significant states.		Number of shares issued nominal value of each sh	are Plea	atinuation Page use use a Statem e if necessary		al continuation

Annual Return

F4	Statement of capital (Voting rights)	
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2	
Class of share	AORDINARY	
Voting rights	FULL VOTING RIGHTS	
Class of share	8 Con 1100)	
Voting rights	B ORDINARY FULL VOTING RIGHTS	
Class of share		
Voting rights		
Class of share		
Voting rights		

Annual Return

Part 4	Shareholders			
	Does your company have share capital? → Yes go to Section G1 'Companies with share capital' → No Go to Part 5 (Signature)			
G1	Companies with share capital			
Question 1	Were any of the company's shares admitted to trading on a market at any time during this return period? Please tick the appropriate box below • No go to Section G2 'Past and present shareholders' Yes go to Question 2	A market is one established under the rules of a UK recognised investment exchange or any other regulated markets in or outside of the UK, or any other market outside		
Question 2	Please only refer to Question 2 below if you have answered 'Yes' to Question 1. If you answered 'No', please go to Section G2 'Past and present shareholders'	of the UK The current UK recognize investment exchanges and regulate markets can be found at www.fsa.gov.uk/register/exchanges.d		
	Did the company, throughout the return period, have any shares admitted to trading on a relevant market and was it, throughout the return period, an issuer to which DTR5 applies? Please tick the appropriate box below No go to Section G4 'Shareholders who hold at least 5% of any class of shares of the company as at the made up date of the return' Yes go to Part 5 'Signature'	DTR5 refers to the Vote Holder and Issuer Notification Rules contained in Chapter 5 of the Disclosure and Transparency Rules source book issued by the Financial Services Authority Notification is required when the percentage acquisition of a shareholder in the company has reached a certain threshold (starting at 3%)		
G2	List of past and present shareholders ®			
	The company is required to provide a full list of past and present shareholders if one was not included with either of the last two returns. Please tick the appropriate box below There were no shareholder changes in this period. Go to Part 5 (Signature) A full list of shareholders is enclosed. A list of shareholder changes is enclosed. How is the list of shareholders enclosed. Please tick the appropriate box below. The list of shareholders is enclosed on paper. Go to Section G3. 'List of past and present shareholders.' The list of shareholders is enclosed in another format. Go to Part 5 (Signature).	This section only applies to companies answering 'No' in Section G1		

Annual Return

(For returns made up to a date on or after 1 October 2011)

G3

List of past and present shareholders O

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

 Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'List of past and present shareholders' continuation page if necessary

This section only applies to companies answering 'No' to Question 1 in Section G1

l				
		Shares or stock currently held	Shares or stock transferred (If appropriate)	
Shareholder's Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer
JANE HALL	AORDINARY		75	11 /7/2013
TONY HALL	A ORDINARY		75	11 /7/2013
STEVE ABRAMSON	BORDINARY		75	11 /7 /2013
JUDY ANNE CATHERINE ABRAMBON	BORDINARY		75	11 /7/2013
MEDICX PHARMACY LIMITED	A ORDINARY	150		11 /7/2013
MEDICX PHARMACY LIMITED	B ORDINARY	150		11 7 2013
				<i>f f</i>
				1 1
				1 1
				1 1
				1 1
				1 1

Annual Return

(For returns made up to a date on or after 1 October 2011)

G4

Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return

This section should show only the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return

It should only be completed by companies that have answered 'Yes' to Question 1 in Section G1, and 'No' to Question 2 in Section G1

If there were no shareholders holding at least 5% of any class of share(s) at the date of this return, this section may be left blank

→ Go to Part 5 (Signature)

This section only applies to companies answering 'No' to Question 2 in Section G1

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return' continuation page if necessary

Shares or stock currently held Shareholder's name Shareholder's address Class of share Number of shares or amount of stock

Annual Return (For returns made up to a date on or **after 1 October 2011**)

Part 5	Signature			
	This must be completed by all companies	O Societas Europaea If the form is being filed on behalf		
	l am signing this form on behalf of the company	of a Societas Europaea (SE) please delete 'director' and insert details		
Signature	Signature X	of which organ of the SE the person signing has membership		
	This form may be signed by Director © , Secretary, Person authorised © , Charity commission receiver and manager, CIC manager, Judicial factor	are companies are 2000		