

Abbreviated Unaudited Accounts for the Year Ended 28 February 2015

for

More Than Fitness Ltd

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for the Year Ended 28 February 2015

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More Than Fitness Ltd
Company Information
for the Year Ended 28 February 2015

DIRECTOR: Miss R O'Neil

SECRETARY:

REGISTERED OFFICE: 8a Lonsdale Road
London
NW6 6RD

REGISTERED NUMBER: 07961345 (England and Wales)

ACCOUNTANTS: Hammel Accountancy Services Limited
8a Lonsdale Road
London
NW6 6RD

Abbreviated Balance Sheet
28 February 2015

	Notes	28.2.15 £	28.2.14 £
CURRENT ASSETS			
Debtors		-	85
Cash at bank		-	7
		-	92
CREDITORS			
Amounts falling due within one year		-	3,845
NET CURRENT LIABILITIES		-	(3,753)
TOTAL ASSETS LESS CURRENT LIABILITIES		-	(3,753)
ACCRUALS AND DEFERRED INCOME		504	636
NET LIABILITIES		(504)	(4,389)
CAPITAL AND RESERVES			
Called up share capital	2	100	100
Profit and loss account		(604)	(4,489)
SHAREHOLDERS' FUNDS		(504)	(4,389)

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 28 February 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 28 February 2015 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 23 April 2015 and were signed by:

Miss R O'Neil - Director

Notes to the Abbreviated Accounts
for the Year Ended 28 February 2015

1. **ACCOUNTING POLICIES**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	28.2.15 £	28.2.14 £
100	ordinary	1	<u>100</u>	<u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.