



Companies House

AR01 (ef)

Annual Return



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Company Name: **MUSCLE FACTORY LTD**

Company Number: **08154033**

Date of this return: **24/07/2014**

SIC codes: **93130**

Company Type: **Private company limited by shares**

Situation of Registered Office: **137 GREAT HORTON ROAD
BRADFORD
WEST YORKSHIRE
BD7 1QG**

Officers of the company

Company Director ***1***

Type: **Person**

Full forename(s): **MR MOHAMMED NASAR**

Surname: **SIDDIQ**

Former names:

Service Address: **137 GREAT HORTON ROAD
BRADFORD
UNITED KINGDOM
BD7 1QG**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **30/04/1971** *Nationality:* **BRITISH**

Occupation: **COMPANY DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORD	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ONE SHARE EQUALS ONE VOTE, EACH HAVING RIGHTS TO DIVIDENDS. SO LONG AS THERE ARE NO RIGHTS ATTACHED TO SHARES ON WINDING-UP ETC OR REDEMPTION RIGHTS.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 24/07/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORD shares held as at the date of this return**
Name: **MOHAMMED NASAR SIDDIQ**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.