

REGISTERED NUMBER: 936855 (England and Wales)

Report of the Board of Trustees and
Group Financial Statements for the Year Ended 31 December 2007
for
BACKCARE
registered as
NATIONAL BACK PAIN ASSOCIATION

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BACKCARE

Registered as National Back Pain Association

Index to the Group Financial Statements
for the Year Ended 31 December 2007

	Page
Company Information	1
Report of the Board of Trustees	3
Report of the Auditors	6
Consolidated Statement of Financial Activities	7
Consolidated Balance Sheet	8
Notes to the Group Financial Statements	9
Income and Expenditure Account	14

BACKCARE**Registered as National Back Pain Association****Company Information**
for the Year Ended 31 December 2007

PATRON:	HRH The Prince of Wales
FOUNDER PRESIDENT:	The late S W Grundy CBE
HONORARY PRESIDENT:	Sir F J Davies CBE O St J
VICE PATRONS:	Professor Dame Carol Black DBE PRCP FMedSci Ken Livingstone, The Mayor of London Dr Ann Redgrave MB BS DO
VICE PRESIDENTS:	Dr L Burn BA MRCS LRCP DPh Dr J Hobson MB ChB MRCP MFOM Mr T Jessel MA (Oxon) Mr G E T Raine MA MB BChir FRCS Lord Rea of Eskdale MA MD FRCG Dr C Sears MB BS MRCGP Mr G Sharp DO
BOARD OF TRUSTEES:	Dr M J McKiernan MBChB FRCP FFOM (Chairman) Dr A R Auty MA MIOSH Ms E J Dodgson BSc MSc Mr A Gardner MB BS FRCS(Eng) Dr B R Hammond DO DC PhD Professor M I V Jayson MD FRCP Sir Alistair Mackechmie FCA Ms P M L McBride LL B FRSA MSTAT Mr D R Newbound BSc(Hons) Dr C Pither MBBS FRCA Ms E A Prosser B Ed (Hons) MSc Dr L Roberts PhD MCSP Ms K J Teakle BA(Hons) Ms A Thomson FCSP MSc BA DipT MMACP
SECRETARY:	Sir Alistair Mackechmie FCA
REGISTERED OFFICE:	16 Elmtree Road Teddington Middlesex TW11 8ST

BACKCARE

Registered as National Back Pain Association

Company Information
for the Year Ended 31 December 2007

REGISTERED NUMBER: 936855 (England and Wales)

AUDITORS: Hawkins Scott
Chartered Accountants
& Registered Auditors
Wyvern House
55-61 Frimley High Street
Frimley
Surrey
GU16 7HJ

REGISTERED CHARITY NO: 256751

SOLICITORS: Bates, Wells & Braithwaite
Cheapside House,
138 Cheapside,
London,
EC2V 6BB

BACKCARE

Registered as National Back Pain Association

Report of the Board of Trustees for the Year Ended 31 December 2007

The Board of Trustees present their report with the financial statements of the Association for the year ended 31 December 2007

PRINCIPAL ACTIVITY

BackCare (registered as the National Back Pain Association) is a Registered Charity under the Charities Act 1993, established to carry out and promote research into the causes, cure and prevention of illness, complaints and disorders in, or associated with the back of the body and other allied conditions, and to publish and make available the results of such research, and the relief of persons who suffer such conditions, and the advancement of education of the public concerning such conditions

VISION

To significantly reduce the number of people affected by back pain

AIMS

- For those who suffer with back pain
To be an independent source of information about the causes, treatments and management of back pain
- For those who treat people with back pain
To promote best practice in the diagnosis, treatment and management of back pain
- For those concerned with minimising the costs (human and financial) associated with back pain
To prevent incapacity from back pain

OBJECTIVES

- 1 To produce authoritative and accessible information (evidence-based wherever possible)
- 2 To support people living with back pain through a helpline service
- 3 To fund research into preventing incapacity and promoting best practice
- 4 To work with health professionals, employers, trade unions, government departments and statutory bodies to improve access to information, advice and treatment
- 5 To campaign on behalf of people with back pain through the media and representation on government working parties, appropriate NGOs, etc
- 6 To support local branches with information, campaigning materials, web pages and insurance

ORGANISATIONAL AND DECISION-MAKING STRUCTURE

BackCare is governed by a Board of Trustees Trustees during the year under review were

Dr M J McKiernan MBChB FRCP FFOM (Chairman)

Dr A R Auty MA MIOSH

Ms E J Dodgson BSc MSc

Mr A Gardner MB BS FRCS(Eng)

Dr B R Hammond DO DC PhD

Professor M I V Jayson MD FRCP

Sir Alistair Mackechmie FCA

Ms P M L McBride LL B FRSA MSTAT

- appointed 17th January 2007

Mr D R Newbound BSc(Hons)

Dr C Pither MBBS FRCA

- appointed 9th August 2007

Ms E A Prosser B Ed (Hons) MSc

Dr L Roberts PhD MCSP

Ms K J Teakle BA(Hons)

Ms A Thomson FCSP MSc BA DipT MMACP

CHIEF EXECUTIVE

Mrs N D Taylor BA(Oxon) MA ACMA

The Trustees meet at least four times a year to discharge their responsibilities

BACKCARE

Registered as National Back Pain Association

Report of the Board of Trustees **for the Year Ended 31 December 2007**

GOVERNING INSTRUMENT

The Charity is a company limited by guarantee. It was incorporated on 7th August 1968 and is governed by its Memorandum and Articles of Association.

STATEMENT OF TRUSTEE'S RESPONSIBILITIES

Company law requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing those financial statements, the Board of Trustees is required to

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Board of Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. It is also the responsibility of the trustees to identify the major risks to which the charity is exposed and to review the systems, which have been established to mitigate those risks.

There are, in addition, three sub-committees, which report to the Board.

The **Executive Committee** recruits, monitors the performance of, advises and directs the Chief Executive, it deals with day-to-day matters that require Trustee decision-making, maintains an overview of constitutional, legal, financial and operational matters to ensure BackCare's compliance with the requirements of the Charity Commission, Companies House and relevant legislation.

The **Research Committee** invites applications for grants for research into the causes, cure and prevention of back pain, considers the applications, sending them for peer review as necessary, allocates the available funding to selected applications, monitors the research funded by BackCare and expects results to be published and disseminated.

The **Education Committee** provides expertise in relation to publications, products and educational materials, generating ideas and suggesting writers and editors for new publications, reviewing project plans and proposed materials.

Day-to-day management of the charity is delegated to the Chief Executive who reports and is responsible to the Board of Trustees.

REVIEW OF THE YEAR

The Trustees report a surplus for the year of £113,446 (deficit of £29,210 in 2006) due in part to an unexpected number of legacies received, totalling £141,336. Although this is welcomed, it cannot be taken as a future permanent source of income.

The income from publication sales was again disappointing, but the membership increased by £9,752 which was due to an increase of corporate supporters.

Fundraising income from donations included a grant of £4,950 from the lottery Awards for All scheme. Our Wolverhampton Branch received an unrestricted donation of £3,000 from their local Lions club and a grant of £5,750 from their local Council to continue with their hydrotherapy programme.

Investment income increased to £14,734 due to the increase in our cash deposits and BackCare Awareness Week produced an income of £12,554 of which £10,150 came from four sponsors.

Other key objectives for 2007 were

- To redevelop the website and extend the helpline service into an email answering service.

Work to redevelop the website started in March 2008. Our aim is to launch it around BackCare Awareness Week in early October 2008. An email answering service for the helpline has been successfully launched and is set to expand.

BACKCARE

Registered as National Back Pain Association

Report of the Board of Trustees **for the Year Ended 31 December 2007**

REVIEW OF THE YEAR (continued)

- To establish new income streams and increase the charity's reserves

We have recruited additional corporate supporters and our reserves have significantly increased due to the legacies received. Despite concerted efforts other income streams have not yet been forthcoming.

- To review future strategy for the charity

The charitable activities have been reviewed and there will be an increasing focus on reducing the burden of back pain in the workplace in the future.

The charity has attended meetings with many of the large companies, which take the health of their workforce seriously. We continue to build relationships with these companies to explore how BackCare can support their aims of reducing absenteeism and helping people with back problems stay at or return to work.

The Helpline service has expanded again over the last year with a further cohort of volunteers being trained in early 2008. Information databases and other resources have been developed to support the email answering service and these are continually updated.

OBJECTIVES FOR 2008

The Trustees see the key objectives for 2008 as

- Develop ~~of~~ the Website to increase the Charity's reach and effectiveness
- Develop partnerships with the corporate sector in order to promote return to work and staying at work for people with back pain
- Establish ~~of~~ new income streams

GOVERNANCE

A new Trustee with legal skills was co-opted to the Board early in 2007 and an internationally renowned specialist in Pain Management and Research later in the year. Both of these appointments were ratified by the Members at the 2007 AGM. The Education and Research Committees have continued their ambitious programmes and a new Chairman of the Research Committee was appointed in 2007.

RISK POLICY

The major risks facing the charity have been identified and reviewed by a sub-committee of the Board of Trustees. A process for establishing systems to mitigate those found to be unacceptable is now in place. There is an annual review.

RESERVES POLICY

With the uncertainties of fund-raising and income, a prudent policy of reserves is maintained. Our objective is to build up sufficient reserves to meet all of our liabilities. To this end we planned to have reserves equivalent to annual salaries, which we have now achieved and we plan to have additional reserves equivalent to one year's turnover within four years.

AUDITORS

The auditors, Hawkins Scott, will be proposed for re-appointment in accordance with Section 385 of the Companies Act 1985.

This report has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

ON BEHALF OF THE BOARD OF TRUSTEES



Dr M J McKiernan MBChB FRCP FFOM ~~Chairman~~ CHAIRMAN

Dated 26 March 2008

**Report of the Independent Auditors to the Members of
BackCare registered as National Back Pain Association**

We have audited the financial statements of BackCare for the year ended 31 December 2007 on pages seven to thirteen. These financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective June 2002), under the historical cost convention and the accounting policies set out therein.

This report is made solely to the charity's members, as a body, in accordance with Section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

As described on page four, the trustees, who are also the directors of the charity for the purposes of Company Law, are responsible for the preparation of financial statements in accordance with applicable law and United Kingdom Accounting Standards.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and United Kingdom Auditing Standards.

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985. We also report to you if, in our opinion, the Report of the Trustees is not consistent with the financial statements, if the charity has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding trustees' remuneration and transactions with the charity is not disclosed.

We read the Report of the Board of Trustees and consider the implications for our report if we become aware of any apparent misstatements within it.

Basis of audit opinion

We conducted our audit in accordance with United Kingdom Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Going concern

In forming our opinion we have considered the adequacy of the disclosures made in Note 1 concerning the uncertainty over cash flows. In view of this uncertainty we consider that it should be brought to your attention but our opinion is not qualified in this respect.

Opinion

In our opinion the financial statements give a true and fair view of the state of the charitable group & company's affairs as at 31 December 2007 and of its surplus for the year then ended and have been properly prepared in accordance with the Companies Act 1985.



Hawkins Scott
Chartered Accountants
& Registered Auditors
Wyvern House
55-61 Frimley High Street
Frimley
Surrey
GU16 7HJ

Date 31 March 2008

BACKCARE**Registered as National Back Pain Association****Consolidated Statement of Financial Activities
for the Year Ended 31 December 2007**

	Unrestricted Funds £	31 12 07 Restricted Funds £	Total Funds £	31 12 06 Total Funds £
INCOMING RESOURCES				
Notes				
<u>Incoming resources from generated funds</u>				
Voluntary income				
Gifts, donations and legacies	184,673	36,389	221,062	67,993
Membership subscriptions	71,618	-	71,618	61,866
Activities for generating funds				
Fundraising events	38,371	-	38,371	40,767
Sponsorship income	-	-	-	8,000
Branch income 2	70,313	-	70,313	61,642
Investment income				
Interest received 6	14,734	-	14,734	10,779
<u>Incoming resources from charitable activities</u>				
Sales of publications etc	102,421	-	102,421	156,270
<u>Other incoming resources</u>				
Other income	34,940	-	34,940	17,524
TOTAL INCOMING RESOURCES	517,070	36,389	553,459	424,841
RESOURCES EXPENDED				
<u>Costs of generating funds</u>				
Costs of generating voluntary income				
Publicity	20,421	-	20,421	12,439
Fund-raising	41,446	-	41,446	42,589
<u>Charitable activities</u>				
Research	37,473	26,439	63,912	49,459
Education	16,001	8,016	24,017	26,753
Information services	27,373	4,950	32,323	37,705
Helpline	38,788	-	38,788	42,687
Membership services	66,962	-	66,962	64,962
Branch expenditure 2	66,453	-	66,453	70,321
Cost of publications etc sold	48,033	15,960	63,993	82,568
<u>Governance costs</u>				
Audit fee	4,000	-	4,000	4,000
Other administrative costs	17,698	-	17,698	20,568
TOTAL RESOURCES EXPENDED	384,648	55,365	440,013	454,051
Net incoming/(outgoing) resources	132,422	(18,976)	113,446	(29,210)
Balances brought forward at 1.01.07	271,278	21,792	293,070	322,280
Balances carried forward at 31.12.07	403,700	2,816	406,516	293,070

The notes form part of these financial statements

BACKCARE

Registered as National Back Pain Association

**Consolidated Balance Sheet
31 December 2007**

	Notes	<u>Group</u>		<u>Company</u>	
		<u>2007</u>	<u>2006</u>	<u>2007</u>	<u>2006</u>
		£	£	£	£
FIXED ASSETS:					
Tangible assets	8	2,356	2,215	2,356	2,215
Investments	9	-	-	1	1
		<u>2,356</u>	<u>2,215</u>	<u>2,357</u>	<u>2,216</u>
CURRENT ASSETS:					
Stocks		36,556	50,837	36,556	50,837
Debtors	10	39,225	46,795	40,194	46,766
Cash at bank		<u>467,577</u>	<u>311,713</u>	<u>467,356</u>	<u>311,492</u>
		543,358	409,345	544,106	409,095
CREDITORS: Amounts falling due within one year	11	<u>139,198</u>	<u>118,490</u>	<u>138,889</u>	<u>121,702</u>
NET CURRENT ASSETS:		<u>404,160</u>	<u>290,855</u>	<u>405,217</u>	<u>287,393</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:		<u>406,516</u>	<u>293,070</u>	<u>407,574</u>	<u>289,609</u>
FUNDS:					
Unrestricted		392,669	271,278	393,727	267,817
Restricted		<u>13,847</u>	<u>21,792</u>	<u>13,847</u>	<u>21,792</u>
		<u>406,516</u>	<u>293,070</u>	<u>407,574</u>	<u>289,609</u>

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective June 2002)

ON BEHALF OF THE BOARD OF TRUSTEES:

Dr M J McKiernan MBChB FRCP FFOM ~~FAFOM~~ - Chairman


Mr A Gardner MB BS FRCS(Eng)

Approved by the Board on 26 March 2008

The notes form part of these financial statements

Notes to the consolidated Financial Statements
For the Year ended 31 December 2007

1 ACCOUNTING POLICIES

Basis of preparing the financial statements

The nature of the company's charitable activities are such that there can be considerable unpredictable variations in the timing of cash flows. The Board of Trustees on the basis of the information available consider that the company will be able to operate and that it is appropriate to prepare the financial statements on the going concern basis.

Accounting Convention

The financial statements have been prepared under the historical cost convention, in accordance with the Financial Reporting Standard for Smaller Entities (effective June 2002) and with the Statement of Recommended Practice on Accounting and Reporting by Charities the Charities SORP 2005.

Income

Unrestricted income received by the way of donations, subscriptions, covenants, legacies, grants and sponsorship is recorded in the financial statements when received. Restricted income is credited to the Income and Expenditure Account at the time when the related expenditure has been incurred.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 15% on cost
Computer equipment	- 33% on cost

Stocks

Stock is valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Expenditure

The irrecoverable element of VAT is included within sundry expenses. Any expenses incurred with recoverable VAT are shown net of VAT.

Fund Accounting

The charity's general funds consist of funds which the charity may use for its purposes at its discretion. The charity's restricted funds are those where the donor has imposed a specific restriction on the use of the funds.

Format of Income and Expenditure Account

In order to present a true and fair view of the state of affairs and results of the Association, the Trustees believe that the following departures from the statutory accounting requirements of the Companies Act 1985 are required due to the special nature of reporting requirements for charities as issued by the Accounting Standards Committee and the Charity Commissioners.

A Statement of Financial Activities has been prepared, as opposed to the statutory Profit and Loss account, which shows the sources from which the Association's income was derived and the objects of the charity to which those resources were directed.

Allocation of costs

Where appropriate, expenditure is allocated directly to the activity cost categories on the Statement of Financial Activities. Where support costs cannot be attributed to a single activity, they are apportioned on a reasonable, justifiable and consistent basis. For employee costs, for example, an allocation is made based on the time spent by each individual employee on the various activities of the charity.

Basis of consolidation

The consolidated Statement of Financial Activities includes the financial statements of the Association and its subsidiary undertaking, made up to 31 December 2007. The results of the subsidiary have been consolidated on a line by line basis. The consolidated balance sheet includes all assets and liabilities of the Association and its subsidiary undertaking, presented on a line by line basis.

BACKCARE
Registered as National Back Pain Association

Notes to the Consolidated Financial Statements
for the Year Ended 31 December 2007

2 BRANCHES

Branches operate in the name of BackCare and raise funds using that name. Funds so raised are held in trust and accordingly all branch transactions, assets and liabilities administered by the branches themselves are required to be incorporated within the financial statements of the Association.

3 NET INCOME FROM TRADING ACTIVITIES OF SUBSIDIARIES

The Charity has one wholly owned trading subsidiary which is incorporated in the UK. Back Care Trading Limited organises fundraising events, endorses commercial products, and covenants its taxable profits to BackCare, registered as National Back Pain Association. A summary of the trading company's results is shown below.

	31 12 07 £	31 12 06 £
Turnover	253	8,139
Cost of sales	<u>-</u>	<u>(1,374)</u>
Gross profit	253	6,765
Royalty payments to the Charity	(1,015)	(1,488)
Administration	<u>(296)</u>	<u>(265)</u>
Net (loss) / profit	(1,058)	5,012
Profit / (loss) brought forward	3,461	(1,551)
Deed of covenant to the Charity	<u>(3,461)</u>	<u>-</u>
Retained in Subsidiary	<u><u>(1,058)</u></u>	<u><u>3,461</u></u>

4 STAFF COSTS

	31 12 07 £	31 12 06 £
Wages and salaries	154,476	170,501
Social security costs	<u>13,022</u>	<u>14,716</u>
	<u><u>167,498</u></u>	<u><u>185,217</u></u>

There were no employees with emoluments in excess of £60,000.

The average monthly number of employees during the year was as follows:

	31 12 07	31 12 06
Full Time	1	1
Part Time	<u>10</u>	<u>12</u>
	<u><u>11</u></u>	<u><u>13</u></u>

BACKCARE
Registered as National Back Pain Association

Notes to the Consolidated Financial Statements
for the Year Ended 31 December 2007

5 OPERATING PROFIT/(LOSS)

The operating profit is stated after charging

	31 12 07	31 12 06
	£	£
Depreciation - owned assets	2,223	1,950
Auditors' remuneration	<u>4,000</u>	<u>4,000</u>
Trustees' emoluments and other benefits etc	<u>-</u>	<u>-</u>

6 INTEREST RECEIVABLE AND SIMILAR INCOME

	31 12 07	31 12 06
	£	£
Deposit account interest	<u>14,734</u>	<u>10,779</u>

7 TAXATION

In accordance with the Income and Corporation Taxes Act 1988 the Association is exempt from UK corporation tax liabilities

8 TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Totals
	£	£	£
COST:			
At 1 January 2007	1,613	8,220	9,833
Additions	<u>639</u>	<u>1,726</u>	<u>2,365</u>
At 31 December 2007	<u>2,252</u>	<u>9,946</u>	<u>12,198</u>
DEPRECIATION:			
At 1 January 2007	1,280	6,339	7,619
Charge for year	<u>181</u>	<u>2,042</u>	<u>2,223</u>
At 31 December 2007	<u>1,461</u>	<u>8,381</u>	<u>9,842</u>
NET BOOK VALUE:			
At 31 December 2007	<u>791</u>	<u>1,565</u>	<u>2,356</u>
At 31 December 2006	<u>333</u>	<u>1,881</u>	<u>2,214</u>

Notes to the Consolidated Financial Statements
for the Year Ended 31 December 2007

9 FIXED ASSET INVESTMENTS

	Group		Company	
	31 12 07 £	31 12 06 £	31 12 07 £	31 12 06 £
Investment in subsidiary	-	-	1	1
	<u>-</u>	<u>-</u>	<u>1</u>	<u>1</u>

INTEREST IN SUBSIDIARY UNDERTAKINGS

Name of Undertaking	Registered	Class of Shares	% Holding
Back Care Trading Limited	England & Wales	Ordinary	100%

**10 DEBTORS: AMOUNTS FALLING
DUE WITHIN ONE YEAR**

	Group		Company	
	31 12 07 £	31 12 06 £	31 12 07 £	31 12 06 £
Trade debtors	18,253	19,947	18,253	19,947
Other debtors	12,539	18,807	12,539	18,778
Amounts owed by subsidiary undertaking	-	-	969	-
Prepayments & accrued income	<u>8,433</u>	<u>8,041</u>	<u>8,433</u>	<u>8,041</u>
	<u>39,225</u>	<u>46,795</u>	<u>40,194</u>	<u>46,766</u>

**11 CREDITORS: AMOUNTS FALLING
DUE WITHIN ONE YEAR**

	Group		Company	
	31 12 07 £	31 12 06 £	31 12 07 £	31 12 06 £
Trade creditors	9,386	7,059	9,386	7,059
Social security & other taxes	3,767	5,872	3,767	5,872
Amounts owed to subsidiary undertaking	-	-	-	3,477
Accruals & deferred income	<u>126,045</u>	<u>105,559</u>	<u>125,736</u>	<u>105,294</u>
	<u>139,198</u>	<u>118,490</u>	<u>138,889</u>	<u>121,702</u>

12 COMPANY STATUS

The Association is a company limited by guarantee and, in the event of winding up, each member of the Association has undertaken to contribute an amount not exceeding £1

The Association is a registered charity under the Charities Act 1993 and does not trade for profit

Notes to the Consolidated Financial Statements
for the Year Ended 31 December 2007

13 OTHER FINANCIAL COMMITMENTS

Lease Commitments

At 31 December 2007 the Association had an annual commitment of £17,250 under a non-cancellable operating lease for premises, which expires in 2010

14 TRUSTEE EXPENSES

During the year a total of £747 was paid to the Trustees in respect of travelling expenses

BACKCARE**Registered as National Back Pain Association****Trading and Profit and Loss Account**
for the Year Ended 31 December 2007

	<u>31 12 07</u>		<u>31 12 06</u>	
	£	£	£	£
Income:				
Donations - Unrestricted	43,337		46,513	
Donations - Restricted	36,389		21,480	
Subscriptions	71,618		61,866	
Event income	38,371		40,767	
Sales of publications etc	102,421		156,270	
Other income	39,163		18,873	
Branch income	70,313		59,600	
Legacies	<u>141,336</u>		<u>-</u>	
		542,948		407,411
Cost of sales:				
Cost of publications etc sold		<u>24,283</u>		<u>35,954</u>
GROSS PROFIT		518,665		371,457
Other income:				
Deposit account interest		<u>14,734</u>		<u>10,779</u>
		533,399		382,236
Expenditure:				
Salaries	154,476		170,501	
Social security	13,022		14,716	
Travel & subsistence	3,012		4,537	
Rent & rates	22,857		17,210	
Light & heat	2,776		2,560	
Repairs, maintenance & service	4,058		5,242	
Insurance	4,169		4,245	
Computer maintenance	2,969		2,973	
Stationery	4,088		4,547	
Postage & carriage	187		1,768	
Telephone & fax	3,514		4,064	
Equipment rental	7,047		7,047	
Staff recruitment & training	1,505		2,603	
Sundry expenses	3,176		3,589	
Auditors remuneration	4,000		4,000	
Consultancy	2,960		1,944	
Trustees' expenses	747		859	
Committee expenses	840		631	
Publications & print costs	30,364		24,423	
Research grants	50,300		35,646	
Website development	-		663	
Subscriptions	1,027		1,516	
Advertising & publicity	783		766	
Branch expenditure	61,079		62,923	
Fundraising costs	24,350		21,565	
Helpline costs	6,202		10,110	
Depreciation	<u>2,223</u>		<u>1,950</u>	
		411,731		412,598
Carried forward		121,668		(30,362)

This page does not form part of the statutory financial statements

BACKCARE**Registered as National Back Pain Association****Trading and Profit and Loss Account**
for the Year Ended 31 December 2007

	<u>31 12 07</u>		<u>31 12 06</u>	
	£	£	£	£
Brought forward		121,668		(30,362)
Finance costs:				
Bank charges		<u>3,703</u>		<u>3,860</u>
NET PROFIT/(LOSS)		<u><u>£117,965</u></u>		<u><u>£(34,222)</u></u>

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