

**Registration number 6417272**

**Naturally Health Limited**

**Abbreviated accounts**

**for the year ended 30 November 2012**

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## **Naturally Health Limited**

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**Naturally Health Limited**

**Accountants' report on the unaudited financial statements to the directors of  
Naturally Health Limited**

As described on the balance sheet you are responsible for the preparation of the financial statements for the year ended 30 November 2012 set out on pages 2 to 5 and you consider that the company is exempt from an audit. In accordance with your instructions we have compiled these unaudited financial statements, in order to assist you to fulfil your statutory responsibilities, from the accounting records and information supplied to us.

**M W Accounting Ltd**

**42 Loveridge Close  
Andover  
Hampshire  
SP10 5ND**

**Date: 19 August 2013**

**Naturally Health Limited**

**Abbreviated balance sheet  
as at 30 November 2012**

		<b>2012</b>		<b>2011</b>	
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Fixed assets</b>					
Intangible assets	<b>2</b>		16,665		18,332
Tangible assets	<b>2</b>		477		637
			<u>17,142</u>		<u>18,969</u>
<b>Current assets</b>					
Stocks		15,929		14,789	
Debtors		199		-	
Cash at bank and in hand		969		1,512	
		<u>17,097</u>		<u>16,301</u>	
<b>Creditors: amounts falling due within one year</b>					
		<u>(4,699)</u>		<u>(9,921)</u>	
<b>Net current assets</b>			<u>12,398</u>		<u>6,380</u>
<b>Total assets less current liabilities</b>			<u>29,540</u>		<u>25,349</u>
<b>Net assets</b>			<u>29,540</u>		<u>25,349</u>
<b>Capital and reserves</b>					
Called up share capital	<b>3</b>		1		1
Profit and loss account			29,539		25,348
<b>Shareholders' funds</b>			<u>29,540</u>		<u>25,349</u>

The directors' statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet.

**The notes on pages 4 to 5 form an integral part of these financial statements.**

**Naturally Health Limited**

**Abbreviated balance sheet (continued)**

**Directors' statements required by Sections 475(2) and (3)  
for the year ended 30 November 2012**

In approving these abbreviated accounts as directors of the company we hereby confirm

- (a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006 ,
- (b) that no notice has been deposited at the registered office of the company pursuant to Section 476 requesting that an audit be conducted for the year ended 30 November 2012 ; and
- (c) that we acknowledge our responsibilities for.
  - (1) ensuring that the company keeps accounting records which comply with Section 386 , and
  - (2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 393 and which otherwise comply with the provisions of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The abbreviated accounts were approved by the Board on 19 August 2013 and signed on its behalf by

**Mr R Harmer**  
**Director**



**Registration number 6417272**

**The notes on pages 4 to 5 form an integral part of these financial statements.**

# Naturally Health Limited

## Notes to the abbreviated financial statements for the year ended 30 November 2012

### 1. Accounting policies

#### 1.1. Accounting convention

The accounts are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

#### 1.2. Turnover

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of goods falling within the company's ordinary activities

#### 1.3. Goodwill

Acquired goodwill is written off in equal annual instalments over its estimated useful economic life of 15 years

#### 1.4. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows

Fixtures, fittings  
and equipment - 25% reducing balance

#### 1.5. Stock

Stock is valued at the lower of cost and net realisable value

### 2. Fixed assets

	Intangible assets £	Tangible fixed assets £	Total £
<b>Cost</b>			
At 1 December 2011	25,000	1,384	26,384
At 30 November 2012	25,000	1,384	26,384
<b>Depreciation and Provision for diminution in value</b>			
At 1 December 2011	6,668	748	7,416
Charge for year	1,667	159	1,826
At 30 November 2012	8,335	907	9,242
<b>Net book values</b>			
At 30 November 2012	16,665	477	17,142
At 30 November 2011	18,332	636	18,968

**Naturally Health Limited**

**Notes to the abbreviated financial statements  
for the year ended 30 November 2012**

..... continued

<b>3. Share capital</b>	<b>2012 £</b>	<b>2011 £</b>
<b>Authorised</b>		
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>
<b>Allotted, called up and fully paid</b>		
1 Ordinary shares of £1 each	<u>1</u>	<u>1</u>
<b>Equity Shares</b>		
1 Ordinary shares of £1 each	<u>1</u>	<u>1</u>