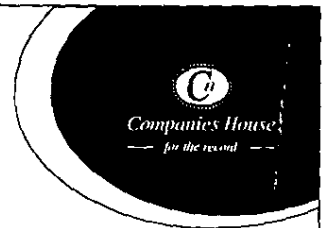


AP01

Appointment of director



You can use the WebFiling service to file this form online.
Please go to www.companieshouse.gov.uk

☒ What this form is for
You may use this form to appoint
an individual as a director

☐ What this form is NOT for
You cannot use the form to
appoint a corporate director. To do this
please use form AP02 'Appoint
of corporate director'

WEDNESDAY



A12 *AV1EFYPM* 135
26/10/2011
COMPANIES HOUSE

1 Company details

Company number **075029164**
Company name in full **SOUTH ESSEX MANAGED CARE**
limited

→ Filing in this form
Please complete in typescript or in
bold black capitals
All fields are mandatory unless
specified or indicated by *

2 Date of director's appointment

Date of appointment **01 10 2011**

3 New director's details

Title* **DOCTOR**
Full forename(s) **NIGEL GARETH**
Surname **NEWPORT**
Former name(s) ¹
Country/State of residence ² **ENGLAND**
Nationality **BRITISH**
Date of birth **07 04 1956**
Business occupation (if any) ³ **GENERAL PRACTITIONER**

1 Former name(s)
Please provide any previous names
which have been used for business
purposes in the past 20 years
Married women do not need to give
former names unless previously used
for business purposes
Continue in section 6 if required
2 Country/State of residence
This is in respect of your usual
residential address as stated in
Section 4a
3 Business occupation
If you have a business occupation,
please enter here. If you do not,
please leave blank

4 New director's service address ⁴

Please complete your service address below. You must also complete your usual
residential address in Section 4a

Building name/number **568**
Street **WHITMORE WAY**
Post town **BASILDON**
County/Region **ESSEX**
Postcode **SS14 2ER**
Country **ENGLAND**

4 Service address
This is the address that will appear
on the public record. This does not
have to be your usual residential
address
Please state 'The Company's
Registered Office' if your service
address is recorded in the company's
register of directors as the
company's registered office
If you provide your residential
address here it will appear on the
public record

1. The first step in the process of the investigation is the identification of the problem. This is done by the investigator who is responsible for the study. The investigator must first identify the problem that is being investigated. This is done by the investigator who is responsible for the study. The investigator must first identify the problem that is being investigated.

1. The first step in the process is to identify the problem or issue that needs to be addressed. This involves gathering information and understanding the context of the problem.

1. The first group of people who are interested in the study of the history of the United States are the people who are interested in the history of the United States. This group of people is interested in the history of the United States because they want to know more about the United States. They want to know more about the United States because they want to know more about the United States.

1. The first part of the document is a list of names and addresses of the members of the committee. The names are listed in alphabetical order, and the addresses are given in full. The list is as follows:

Name	Address
Mr. A. B. C.	123 Main St., New York, N. Y.
Mr. D. E. F.	456 Broadway, New York, N. Y.
Mr. G. H. I.	789 Fifth Ave., New York, N. Y.
Mr. J. K. L.	1010 Third Ave., New York, N. Y.
Mr. M. N. O.	1111 Second Ave., New York, N. Y.
Mr. P. Q. R.	1212 First Ave., New York, N. Y.
Mr. S. T. U.	1313 West 125th St., New York, N. Y.
Mr. V. W. X.	1414 East 125th St., New York, N. Y.
Mr. Y. Z. A.	1515 Central Ave., New York, N. Y.
Mr. B. C. D.	1616 Union Ave., New York, N. Y.
Mr. E. F. G.	1717 Madison Ave., New York, N. Y.
Mr. H. I. J.	1818 Park Ave., New York, N. Y.
Mr. K. L. M.	1919 Lexington Ave., New York, N. Y.
Mr. N. O. P.	2020 Fifth Ave., New York, N. Y.
Mr. Q. R. S.	2121 Third Ave., New York, N. Y.
Mr. T. U. V.	2222 Second Ave., New York, N. Y.
Mr. W. X. Y.	2323 First Ave., New York, N. Y.
Mr. Z. A. B.	2424 West 125th St., New York, N. Y.
Mr. C. D. E.	2525 East 125th St., New York, N. Y.
Mr. F. G. H.	2626 Central Ave., New York, N. Y.
Mr. I. J. K.	2727 Union Ave., New York, N. Y.
Mr. L. M. N.	2828 Madison Ave., New York, N. Y.
Mr. O. P. Q.	2929 Park Ave., New York, N. Y.
Mr. R. S. T.	3030 Lexington Ave., New York, N. Y.
Mr. U. V. W.	3131 Fifth Ave., New York, N. Y.
Mr. X. Y. Z.	3232 Third Ave., New York, N. Y.
Mr. A. B. C.	3333 Second Ave., New York, N. Y.
Mr. D. E. F.	3434 First Ave., New York, N. Y.
Mr. G. H. I.	3535 West 125th St., New York, N. Y.
Mr. J. K. L.	3636 East 125th St., New York, N. Y.
Mr. M. N. O.	3737 Central Ave., New York, N. Y.
Mr. P. Q. R.	3838 Union Ave., New York, N. Y.
Mr. S. T. U.	3939 Madison Ave., New York, N. Y.
Mr. V. W. X.	4040 Park Ave., New York, N. Y.
Mr. Y. Z. A.	4141 Lexington Ave., New York, N. Y.
Mr. B. C. D.	4242 Fifth Ave., New York, N. Y.
Mr. E. F. G.	4343 Third Ave., New York, N. Y.
Mr. H. I. J.	4444 Second Ave., New York, N. Y.
Mr. K. L. M.	4545 First Ave., New York, N. Y.
Mr. N. O. P.	4646 West 125th St., New York, N. Y.
Mr. Q. R. S.	4747 East 125th St., New York, N. Y.
Mr. T. U. V.	4848 Central Ave., New York, N. Y.
Mr. W. X. Y.	4949 Union Ave., New York, N. Y.
Mr. Z. A. B.	5050 Madison Ave., New York, N. Y.
Mr. C. D. E.	5151 Park Ave., New York, N. Y.
Mr. F. G. H.	5252 Lexington Ave., New York, N. Y.
Mr. I. J. K.	5353 Fifth Ave., New York, N. Y.
Mr. L. M. N.	5454 Third Ave., New York, N. Y.
Mr. O. P. Q.	5555 Second Ave., New York, N. Y.
Mr. R. S. T.	5656 First Ave., New York, N. Y.
Mr. U. V. W.	5757 West 125th St., New York, N. Y.
Mr. X. Y. Z.	5858 East 125th St., New York, N. Y.
Mr. A. B. C.	5959 Central Ave., New York, N. Y.
Mr. D. E. F.	6060 Union Ave., New York, N. Y.
Mr. G. H. I.	6161 Madison Ave., New York, N. Y.
Mr. J. K. L.	6262 Park Ave., New York, N. Y.
Mr. M. N. O.	6363 Lexington Ave., New York, N. Y.
Mr. P. Q. R.	6464 Fifth Ave., New York, N. Y.
Mr. S. T. U.	6565 Third Ave., New York, N. Y.
Mr. V. W. X.	6666 Second Ave., New York, N. Y.
Mr. Y. Z. A.	6767 First Ave., New York, N. Y.
Mr. B. C. D.	6868 West 125th St., New York, N. Y.
Mr. E. F. G.	6969 East 125th St., New York, N. Y.
Mr. H. I. J.	7070 Central Ave., New York, N. Y.
Mr. K. L. M.	7171 Union Ave., New York, N. Y.
Mr. N. O. P.	7272 Madison Ave., New York, N. Y.
Mr. Q. R. S.	7373 Park Ave., New York, N. Y.
Mr. T. U. V.	7474 Lexington Ave., New York, N. Y.
Mr. W. X. Y.	7575 Fifth Ave., New York, N. Y.
Mr. Z. A. B.	7676 Third Ave., New York, N. Y.
Mr. C. D. E.	7777 Second Ave., New York, N. Y.
Mr. F. G. H.	7878 First Ave., New York, N. Y.
Mr. I. J. K.	7979 West 125th St., New York, N. Y.
Mr. L. M. N.	8080 East 125th St., New York, N. Y.
Mr. O. P. Q.	8181 Central Ave., New York, N. Y.
Mr. R. S. T.	8282 Union Ave., New York, N. Y.
Mr. U. V. W.	8383 Madison Ave., New York, N. Y.
Mr. X. Y. Z.	8484 Park Ave., New York, N. Y.
Mr. A. B. C.	8585 Lexington Ave., New York, N. Y.
Mr. D. E. F.	8686 Fifth Ave., New York, N. Y.
Mr. G. H. I.	8787 Third Ave., New York, N. Y.
Mr. J. K. L.	8888 Second Ave., New York, N. Y.
Mr. M. N. O.	8989 First Ave., New York, N. Y.
Mr. P. Q. R.	9090 West 125th St., New York, N. Y.
Mr. S. T. U.	9191 East 125th St., New York, N. Y.
Mr. V. W. X.	9292 Central Ave., New York, N. Y.
Mr. Y. Z. A.	9393 Union Ave., New York, N. Y.
Mr. B. C. D.	9494 Madison Ave., New York, N. Y.
Mr. E. F. G.	9595 Park Ave., New York, N. Y.
Mr. H. I. J.	9696 Lexington Ave., New York, N. Y.
Mr. K. L. M.	9797 Fifth Ave., New York, N. Y.
Mr. N. O. P.	9898 Third Ave., New York, N. Y.
Mr. Q. R. S.	9999 Second Ave., New York, N. Y.
Mr. T. U. V.	10000 First Ave., New York, N. Y.

AP01

Appointment of director

5**Signatures**

I consent to act as director of the above named company

New director's
signature

Signature

X

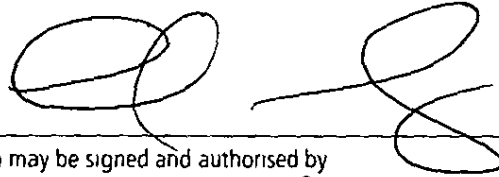


X

Authorising signature

Signature

X



X

This form may be signed and authorised by
 Director ¹, Secretary, Person authorised ², Administrator, Administrative
 Receiver, Receiver, Receiver manager, Charity commission receiver and manager,
 CIC manager, Judicial factor

¹ Societas Europaea

If the form is being filed on behalf
 of a Societas Europaea (SE) please
 delete 'director' and insert details
 of which organ of the SE the person
 signing has membership

² Person authorised

Under either section 270 or 274 of
 the Companies Act 2006

6**Additional former names** (continued from Section 3)Former names ¹

¹ Additional former names

Use this space to enter any
 additional names

1. The first part of the document discusses the importance of maintaining accurate records of all transactions. It emphasizes that proper record-keeping is essential for the company's financial health and for providing reliable information to stakeholders.

2. The second part of the document outlines the procedures for handling customer inquiries and complaints. It stresses the need for prompt and courteous responses to ensure customer satisfaction and loyalty.

3. The third part of the document describes the process for managing inventory levels. It highlights the importance of regular inventory audits and the use of modern inventory management systems to optimize stock levels and reduce carrying costs.

4. The fourth part of the document discusses the company's commitment to environmental sustainability. It details the various initiatives and programs in place to reduce the company's carbon footprint and promote responsible resource use.

5. The fifth part of the document provides an overview of the company's human resources policies. It covers topics such as recruitment, training, performance management, and employee benefits, all aimed at creating a positive and productive work environment.

6. The sixth part of the document discusses the company's financial performance and outlook. It provides a detailed analysis of the company's revenue, expenses, and profit margins, along with a forecast for the upcoming year.

7. The seventh part of the document describes the company's marketing and sales strategies. It outlines the various channels and tactics used to promote the company's products and services, and to drive sales growth.

8. The eighth part of the document discusses the company's research and development efforts. It highlights the various projects and initiatives in progress, and the company's commitment to innovation and technological advancement.

9. The ninth part of the document provides a summary of the company's overall performance and achievements. It highlights the company's strengths and areas for improvement, and expresses confidence in the company's future prospects.

10. The tenth part of the document is a concluding statement from the company's leadership, expressing gratitude to the stakeholders for their support and commitment to the company's success.

AP01

Appointment of director



Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record

Contact name

Company name

Address

Post town

County/Region

Postcode

Country

DX

Telephone



Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following

- ☐ The company name and number match the information held on the public Register
- ☐ You have provided a business occupation if you have one
- ☐ You have provided a correct date of birth
- ☐ You have completed the date of appointment
- ☐ You have completed the nationality box in Section 3
- ☐ You have provided both the service address and the usual residential address
- ☐ Addresses must be a physical location. They cannot be a PO Box number (unless part of a full service address), DX or LP (Legal Post in Scotland) number
- ☐ You have included all former names used for business purposes over the last 20 years
- ☐ You have enclosed a relevant section 243 application if applying for this at the same time as completing this form
- ☐ The new director has signed the form
- ☐ You have provided an authorising signature



Important information

Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses



Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

For companies registered in England and Wales
The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland
The Registrar of Companies, Companies House,
Second Floor, The Linenhall, 32-38 Linenhall Street,
Belfast, Northern Ireland, BT2 8BG
DX 481 N R Belfast 1

Section 243 exemption

If you are applying for, or have been granted a section 243 exemption, please post this whole form to the different postal address below
The Registrar of Companies, PO Box 4082,
Cardiff, CF14 3WE



Further information

For further information please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk