

REGISTERED COMPANY NUMBER 03830244 (England and Wales)
REGISTERED CHARITY NUMBER: 1112967

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2013
for
CAMDEN PSYCHOTHERAPY UNIT**



Tudor John LLP
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ

CAMDEN PSYCHOTHERAPY UNIT

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CAMDEN PSYCHOTHERAPY UNIT

Report of the Trustees for the year ended 31 March 2013

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2013. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03830244 (England and Wales)

Registered Charity number
1112967

Registered office
293-299 Kentish Town Road
London
NW5 2TJ

Trustees

B Peskin
P Edwards

Chair
Vice Chair

Ms V Brownlow
Dr C Nagle
Lady J Jackling
Dr C Dickinson
J Bloch

- resigned 24 8 12
- resigned 19 9 13

Treasurer
- appointed 12 9 13
- appointed 12 9 13

Company Secretary
Ms O Dresner

Independent examiner

H M Mulhall
FCA DChA
Tudor John LLP
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ

Bankers

The Co-operative Bank
P O Box 250
Delf House
Southway
Skelmersdale
WN8 6WT

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The organisation is a company limited by guarantee, incorporated on 23rd August 1999 but started trading from 1 November 2005 and registered as a charity on 10th February 2006.

The organisation was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

CAMDEN PSYCHOTHERAPY UNIT

Report of the Trustees for the year ended 31 March 2013

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects for which the company is established are

To provide a charitable service for the benefit of people residing principally in the London Borough of Camden by promoting mental health, by the advancement of health education, the protection of mental health and the relief of mental health sickness and distress

ACHIEVEMENT AND PERFORMANCE

Specific aims and activities include:

In furtherance of our objectives, we follow the code of conduct of British Confederation of Psychotherapists and that of the United Kingdom Council of Psychotherapy

To provide counselling for those with personal, psychological and emotional difficulties in the Borough

The company is limited by guarantee and does not have a share capital. The liability of the members in the event of the company being liquidated is limited to ten pounds per member

Ensuring our work delivers our aims:

We review our aims, objectives and activities each year, this review considered what was achieved and the outcomes of our work in the previous 12 months. The review also looks at the success and the benefits that we have brought to those whom we have helped. When necessary we have referred to the guidance offered by the Charity Commission on public benefit in reviewing and delivering our objectives

How our activities deliver public benefit, who used our services and benefited:

Our main activities are as described above, all our charitable activities focus on treating the mental health of those patients referred to us. Our objects and funding limit the service we provide to those resident in the Borough

The funds/reserves have decreased from £135,986 (2012) to £66,199 (2013)

Principal Funding Sources

Our principal funding source for 2012-2013 was voluntary donations

FINANCIAL REVIEW

Reserves policy

The Management Committee has examined the charity's requirement and are confident that it has sufficient reserves for its statutory requirements and obligations

Investment policy

Apart from maintaining a reasonable amount in reserves to enable it to meet its obligations in the short term we have also invested a large balance in a high interest deposit account so as to ensure interest is maximised

PLANS FOR FUTURE PERIODS

The charity plans to continue the activities stated above in the forthcoming years subject to satisfactory funding arrangements

CAMDEN PSYCHOTHERAPY UNIT

**Report of the Trustees
for the year ended 31 March 2013**

ON BEHALF OF THE BOARD


Lady J Jackling - Trustee

Date 19/12/2013

CAMDEN PSYCHOTHERAPY UNIT

Statement of Financial Activities (Incorporating an Income and Expenditure Account) for the year ended 31 March 2013

	Notes	Unrestricted fund £	Restricted fund £	2013 Total funds £	2012 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	-	43,195	43,195	117,936
Investment income	3	134	-	134	141
Total incoming resources		<u>134</u>	<u>43,195</u>	<u>43,329</u>	<u>118,077</u>
RESOURCES EXPENDED					
Costs of generating funds					
Costs of generating voluntary income		-	19,130	19,130	21,297
Charitable activities					
Psychotherapy care		-	92,966	92,966	77,565
Governance costs		-	1,020	1,020	1,020
Total resources expended		<u>-</u>	<u>113,116</u>	<u>113,116</u>	<u>99,882</u>
NET INCOMING/(OUTGOING) RESOURCES BEFORE TRANSFERS					
		134	(69,921)	(69,787)	18,195
Gross transfers between funds	9	(2,658)	2,658	-	-
Net incoming/(outgoing) resources		(2,524)	(67,263)	(69,787)	18,195
RECONCILIATION OF FUNDS					
Total funds brought forward		68,723	67,263	135,986	117,791
TOTAL FUNDS CARRIED FORWARD		<u>66,199</u>	<u>-</u>	<u>66,199</u>	<u>135,986</u>

The notes form part of these financial statements

CAMDEN PSYCHOTHERAPY UNIT (REGISTERED NUMBER 03830244)

**Balance Sheet
At 31 March 2013**

	Notes	Unrestricted fund £	Restricted fund £	2013 Total funds £	2012 Total funds £
CURRENT ASSETS					
Debtors	7	-	3,119	3,119	-
Cash at bank		66,199	10,273	76,472	144,766
		<u>66,199</u>	<u>13,392</u>	<u>79,591</u>	<u>144,766</u>
CREDITORS					
Amounts falling due within one year	8	-	(13,392)	(13,392)	(8,780)
NET CURRENT ASSETS		<u>66,199</u>	<u>-</u>	<u>66,199</u>	<u>135,986</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>66,199</u>	<u>-</u>	<u>66,199</u>	<u>135,986</u>
NET ASSETS		<u>66,199</u>	<u>-</u>	<u>66,199</u>	<u>135,986</u>
FUNDS	9				
Unrestricted funds				66,199	68,723
Restricted funds				-	67,263
TOTAL FUNDS				<u>66,199</u>	<u>135,986</u>

The notes form part of these financial statements

CAMDEN PSYCHOTHERAPY UNIT

Balance Sheet - continued At 31 March 2013

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2013

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2013 in accordance with Section 476 of the Companies Act 2006

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The financial statements were approved by the Board of Trustees on 19/12/2013 and were signed on its behalf by


Jane Jackling - Trustee

The notes form part of these financial statements

CAMDEN PSYCHOTHERAPY UNIT

notes to the financial statements for the year ended 31 March 2013

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources

Taxation

The charity is exempt from corporation tax on its charitable activities

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease

2. VOLUNTARY INCOME

	2013	2012
	£	£
Donations	32,695	37,762
Grants	10,500	80,174
	<u>43,195</u>	<u>117,936</u>

Grants received, included in the above, are as follows

	2013	2012
	£	£
The Camden Primary Care Trust	-	65,174
Hampstead & Wells Charitable	-	15,000
Memery Crystal	3,000	-
The Bluston Charitable Settlement	7,500	-
	<u>10,500</u>	<u>80,174</u>

3. INVESTMENT INCOME

	2013	2012
	£	£
Interest received	<u>134</u>	<u>141</u>

CAMDEN PSYCHOTHERAPY UNIT

Notes to the Financial Statements - continued for the year ended 31 March 2013

4 NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting)

	2013 £	2012 £
Other operating leases	<u>17,678</u>	<u>16,799</u>

5 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2013 nor for the year ended 31 March 2012

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2013 nor for the year ended 31 March 2012

6. STAFF COSTS

	2013 £	2012 £
Wages and salaries	<u>72,191</u>	<u>58,721</u>

No employees received emoluments in excess of £60,000

7 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2013 £	2012 £
Trade debtors	20	-
Other debtors	<u>3,099</u>	<u>-</u>
	<u>3,119</u>	<u>-</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2013 £	2012 £
Trade creditors	12,372	7,760
Other creditors	<u>1,020</u>	<u>1,020</u>
	<u>13,392</u>	<u>8,780</u>

9 MOVEMENT IN FUNDS

	At 1 4 12 £	Net movement in funds £	Transfers between funds £	At 31 3 13 £
Unrestricted funds				
General fund	68,723	134	(2,658)	66,199
Restricted funds				
Community Fund	67,263	(69,921)	2,658	-
TOTAL FUNDS	<u>135,986</u>	<u>(69,787)</u>	<u>-</u>	<u>66,199</u>

CAMDEN PSYCHOTHERAPY UNIT

Notes to the Financial Statements - continued for the year ended 31 March 2013

9 MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	134	-	134
Restricted funds			
Community Fund	43,195	(113,116)	(69,921)
TOTAL FUNDS	<u>43,329</u>	<u>(113,116)</u>	<u>(69,787)</u>