



Companies House
— for the record —

AR01 (ef)

Annual Return



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X29E3HJU

Company Name: **TOTAL WEIGHT SOLUTIONS LIMITED**

Company Number: **06570489**

Date of this return: **18/04/2013**

SIC codes: **86210**

Company Type: **Private company limited by shares**

Situation of Registered Office: **41 WINDSOR ROAD
RICHMOND
SURREY
TW9 2EJ**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **DR JONATHAN MARK**

Surname: **COUSINS**

Former names:

Service Address: **41 WINDSOR ROAD
RICHMOND
SURREY
TW9 2EJ**

Company Director ***1***

Type: **Person**

Full forename(s): **DOCTOR AHMED**

Surname: **AHMED**

Former names:

Service Address: **16A MOSS HALL GROVE
LONDON
N12 8BB**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **19/12/1972**

Nationality: **BRITISH**

Occupation: **DOCTOR**

Company Director **2**

Type: **Person**

Full forename(s): **DR JONATHAN MARK**

Surname: **COUSINS**

Former names:

Service Address: **41 WINDSOR ROAD
RICHMOND
SURREY
TW9 2EJ**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **30/04/1970**

Nationality: **BRITISH**

Occupation: **DOCTOR**

Statement of Capital (Share Capital)

| | | | |
|------------------------|-----------------|--------------------------------|----------|
| Class of shares | ORDINARY | <i>Number allotted</i> | 2 |
| | | <i>Aggregate nominal value</i> | 2 |
| <i>Currency</i> | GBP | <i>Amount paid per share</i> | 1 |
| | | <i>Amount unpaid per share</i> | 0 |

Prescribed particulars

EACH SHARE IS ENTITLED TO ONE VOTE IN ANY CIRCUMSTANCES EACH SHARE IS ENTITLED PARI PASSU TO DIVIDEND PAYMENTS OR ANY OTHER DISTRIBUTION EACH SHARE IS ENTITLED PARI PASSU TO PARTICIPATE IN A DISTRIBUTION ARISING FROM A WINDING UP OF THE COMPANY

Statement of Capital (Totals)

| | | | |
|-----------------|------------|--------------------------------------|----------|
| <i>Currency</i> | GBP | <i>Total number of shares</i> | 2 |
| | | <i>Total aggregate nominal value</i> | 2 |

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 18/04/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **JONATHAN COUSINS**

Shareholding 2 : **1 ORDINARY shares held as at the date of this return**
Name: **AHMED AHMED**

Shareholding 3 : **0 ORDINARY shares held as at the date of this return**
Name: **CAREL LE ROUX**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.