

Registered number
04620974

Triskell Coaching Limited

Abbreviated Accounts

31 March 2010

SATURDAY



A01 *AKY9ZTJC* 199
23/04/2011
COMPANIES HOUSE

Triskell Coaching Limited
Registered number:
Abbreviated Balance Sheet
as at 31 March 2010

04620974

	Notes	2010 £	2009 £
Fixed assets			
Tangible assets	2	403	-
Current assets			
Debtors		10,249	13,632
Cash at bank and in hand		87	8
		<u>10,336</u>	<u>13,640</u>
Creditors: amounts falling due within one year		(10,576)	(7,796)
Net current (liabilities)/assets		(240)	5,844
Total assets less current liabilities		<u>163</u>	<u>5,844</u>
Provisions for liabilities		(85)	-
Net assets		<u>78</u>	<u>5,844</u>
Capital and reserves			
Called up share capital	3	1	1
Profit and loss account		77	5,843
Shareholders' funds		<u>78</u>	<u>5,844</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006

Members have not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

S Powley
 Director
 Approved by the board on Date

 20/4/2011

Triskell Coaching Limited
Notes to the Abbreviated Accounts
for the year ended 31 March 2010

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Plant and machinery 20% straight line

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse

2 Tangible fixed assets

£

Cost

Additions	605
At 31 March 2010	605

Depreciation

Charge for the year	202
At 31 March 2010	202

Net book value

At 31 March 2010	403
------------------	-----

3 Share capital

**Nominal
value**

**2010
Number**

**2010
£**

**2009
£**

Allotted, called up and fully paid Ordinary shares	£1 each	1	1	1
---	---------	---	---	---

4 Loans to directors

Description and conditions

**B/fwd
£**

**Paid
£**

**Repaid
£**

**C/fwd
£**

S Powley	2,472	5,727	-	8,199
	2,472	5,727	-	8,199